32

FOUR SPLENDID FREE PATTERNS.

MYRA'S JOURNAL

DEC., 1908.

3D

THE LEADER OF FASHION

Latest Directoire SKIRT

Smart Velveteen BLOUSE

New Directoire COAT

The School INVERNESS

Published by BEETON & CO., Ltd., 10 & 11, Fetter Lane, London, E.C. Agents: THE INTERNATIONAL NEWS CO., 83 & 85, Duane St., New York, U.S.A., and Montreal, Canada; GORDON & GOTCH, Queen St., Melbourne, George St., Sydney, Queen St., Brisbane, Adelaide & Canada: CENTRAL NEWS AGENCY, Ltd., South Africa: WM. DAWSON & SONS, Ltd., Cape Town, and Manning Chambers, Toronto.

FENNINGS'

For Children Cutting their Teeth. They Prevent Convulsions. Are Cooling and Soothing.

(Do not contain Antimony, Calomel, Opium, Morphia, or anything injurious to a tender babe.) Sold everywhere in Stamped Boxes, 1s. 1½d. and 2s. 9d., with full directions, or post free 15 and 34 stamps.

Safe Teething! **CHILDREN'S** **Easy Teething!**

READ FENNINGS' EVERY MOTHER'S BOOK,

containing Valuable Hints on Feeding, Teething, Weaning, Sleeping, &c.

Ask your Chemist or Grocer for a FREE Copy, or one will be sent POST FREE on application to Alfred Fennings, Cowes, Isle of Wight.

(Observe, FENNINGS' CHILDREN'S POWDERS alone have the Trade Mark thereon of "A Baby in a Cradle.")

POWDERS

Myra's Library of Needlework.

An important SERIES OF HANDBOOKS, plentifully illustrated, dealing with all kinds of

PLAIN AND FANCY NEEDLEWORK,

for Amateur or Professional Workers.

Published at ONE PENNY each (1½d. post free). Assorted packets of 15 at 1/6 post free.

1—Sequin and Jewel Embroidery. 2, 15, 27—Wool Crochet Work. 3, 24—Drawn Work. 4—Plain Needlework. 5, 21, 28—Smocking. 6—Cotton Knitting. 7—Oriental Embroideries. 8, 13, 25—Stocking Knitting. 9—Macrame Lace. 10—Cotton Crochet. 12—Canvas Work. 14—Simple Embroideries. 16—Filet Guipure Lace. 17—Crochet Lace. 18—Lace Braid Work. 19—Wool Knitting. 20—Ribbon and other Embroideries. 22—Dressmaking. 23—Embroidery Stitches. 26—Woollen Comforts for Soldiers and Sailors. 29—Knitted Woollen Garments for Infants. 30—Pillow Lace.

BEETON & CO., Ltd., 10 & 11, Fetter Lane, London, E.C.

A NEW AND ECONOMICAL CULINARY HANDBOOK.

... THE ...

'Ideal' Cookery Book

By MISS LILIAN CLARKE.

It contains over 200 carefully tested Recipes for ...

SAVOURIES, PASTRY, CUSTARDS, PUDDINGS, BLANC MANGES, CAKES, BONBONS, BISCUITS, and BEVERAGES.

A Reliable Guide to Home Cooking. The Best, Cheapest, and Most Practical.

PRICE 6d. Post free 7 stamps.

BEETON & CO., Ltd., 10 and 11, FETTER LANE, LONDON, E.C.

Ladies, Please Note that

NOW READY.

Designs for Fancy Dress

Edited and arranged by

Mrs. C. S. PEEL.

Price

2/-

By Post, 2s. 2d.

Contains over 120 Illustrations of Costumes for Ladies, Children, and Gentlemen.

THE BEST AND CHEAPEST BOOK OF THE KIND

"Designs for Fancy Dress" deals exhaustively with Fancy Dress of every Description. It contains not only correct and careful illustrations of various costumes of all periods, but precise and detailed instructions for making them up.

To ensure early delivery, orders for copies should now be sent to the PUBLISHERS, 10 & 11, Fetter Lane, London, E.C.

No. 7951.—Mediæval Fancy Dress.

For Description see Pages 29 to 34.

Price of Paper Pattern, 2s. 6½d., post free, of Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

Myra's Journal.

DECEMBER, 1908.

PROFUSELY ILLUSTRATED.

Winter Fashions

CONTENTS.

FOUR CUT-OUT PAPER PATTERNS.

1.—LATEST DIRECTOIRE SKIRT.
2.—NEW DIRECTOIRE COAT.
3.—SMART VELVETEEN BLOUSE.
4.—THE SCHOOL INVERNESS.

NEARLY 100 DRESS AND MILLINERY DESIGNS.

DIRECTOIRE COATS AND SKIRTS.

FANCY DRESSES FOR CHILDREN AND LADIES.

ORIGINAL WINTER GOWNS FOR INDOOR AND OUTDOOR WEAR.

DIRECTOIRE EVENING AND DANCE FROCKS.

THE NEW FURS.

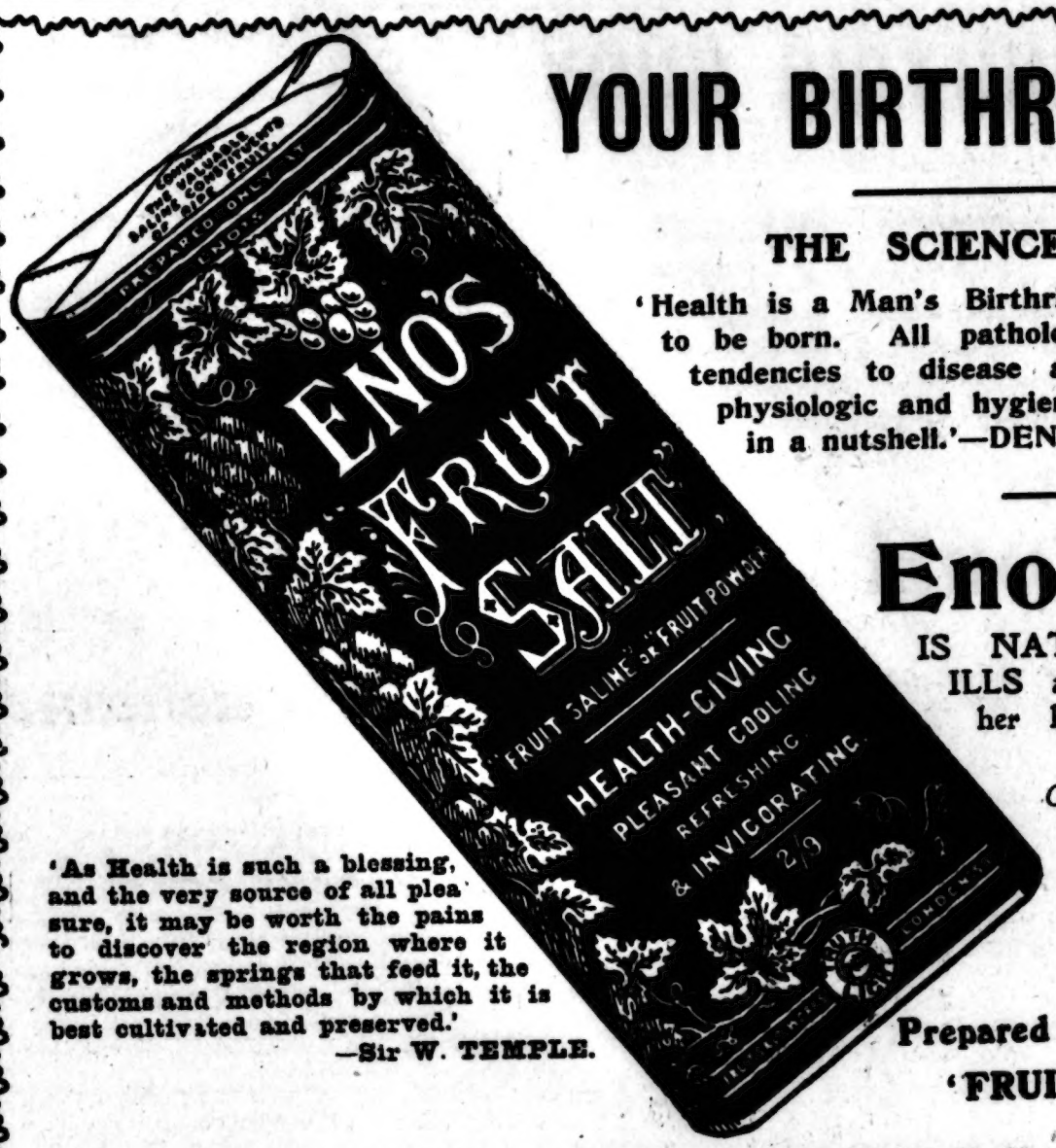
DIRECTOIRE UNDERWEAR.

	PAGE
News from Fashion Centres	5
Toy Animals for Christmas Presents, by Jennie Chappell	6
Novel Charity Entertainments, by Thekla Bowser	8
The Origin of the Christmas Box, by L. O'Shea	10
An Embroidered Chemise, by Mrs. Hamer-Jackson	12
How to Use Real Lace Without Cutting ...	14
A Christmas Supper, by Mrs. Hope	16
Christmas Books and Cards	18
Descriptions of the Free Patterns	26
Practical Dressmaking for Home Workers ...	28
Graphology Delineations	33
Health and Beauty...	38
Employment Bureau	40
Shopping by Post	42
Home-Made Christmas Presents	44
Correspondence	46

Terms of Yearly Subscription, including postage to any part of the World, 5s.

ENTERED AS SECOND CLASS MAIL MATTER AT THE NEW YORK, N.Y., POST OFFICE.

REGISTERED FOR TRANSMISSION BY CANADIAN MAGAZINE POST.



YOUR BIRTHRIGHT IS HEALTH

THE SCIENCE IN A NUTSHELL.

'Health is a Man's Birthright. It is as natural to be well as to be born. All pathological conditions, all diseases, and all tendencies to disease are the result of the transgression of physiologic and hygienic law. This is the science of health in a nutshell.'—DENSMORE.

Eno's Fruit Salt

IS NATURE'S ANTIDOTE FOR HUMAN ILLS arising from the neglect or violation of her laws.

CAUTION.—Examine the capsule, and see that it is marked ENO'S 'FRUIT SALT.' Without it you have the sincerest form of flattery—IMITATION.

'As Health is such a blessing, and the very source of all pleasure, it may be worth the pains to discover the region where it grows, the springs that feed it, the customs and methods by which it is best cultivated and preserved.'
—Sir W. TEMPLE.

Prepared only by J. C. ENO, Limited,
'FRUIT SALT' WORKS, LONDON, S.E.

JAPPO

Trial Bottle 6d.
post free 7d.

The best One-Liquid Preparation in the Market.

RESTORES

Absolutely non-injurious. Can be obtained in 12 different shades.

GREY HAIR

to its original colour. Send P.O. 7d. with Shade of Hair.

THE TEINTURE SYNDICATE, LTD.,
285, Regent Street, W.
Larger Sizes at 2/2 and 3/9 post free.

DESIGNS FOR FANCY DRESS.

Edited and Arranged by Mrs. C. S. PEEL.

Contains over 120 Illustrations.

Price 2s. **Post free, 2s. 2d.**

Beeton & Co., Ltd., 10 & 11, Fetter Lane, E.C.

"A new broom sweeps clean" but—
not half so clean as a
Bissell
CARPET SWEEPER
Prices from 10/6 upwards
SOLD EVERYWHERE
Insist on a genuine BISSELL—There are others—Imitations—but insist on a BISSELL.

When ordering Articles Advertised Please mention "Myra's Journal."

TOO FAT

The Zobeide Tissue Absorbers will thin you. Price 2/6. The Zobeide Beauty Belt for the speedy reduction of Hips and Abdomen. No Pressure. No Dieting. Price 25/6 and 31/6. —Mrs. Maine, 10, St. Mildred's Road, Lee, London (late 41, Conduit Street, W.).

The Cheyne SKIRT GAUGE

The First—The Cheapest—and The Best.

For correctly measuring and marking the distance of skirts off the ground. Uneven skirts are an impossibility when used.

6 inches 2/11
9 inches 3/11

Postage 4d. extra.

CHEYNE SKIRT GAUGE CO.,
7, Wellington Place, Belfast.

PERI-LUSTA

For All Classes of Art and Fancy Needlework.

EQUAL TO SILK AT THE PRICE OF COTTON.

AWARDED THE GRAND PRIX—FRANCO-BRITISH EXHIBITION.

Ask your Berlin Wool Dealer or Fancy Draper for an Entry Form for our

FANCY WORK COMPETITION

If he has not got them we will send post free. Closing Date, Jan. 20th, 1909.

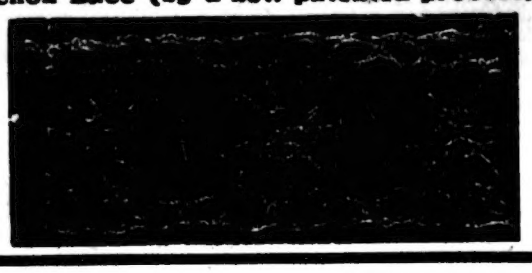
NO ENTRY FEE. **£115** **102 CASH PRIZES.**

Our **NEW SHADE CARD** of BOILING DYE COLOURS can be had post free for 7d. stamps.

'PERI-LUSTA,' 19, Ludgate Hill, London, E.C.

"BB" TORCHONS

Are an actual reproduction of Real Torchon Lace (by a new patented process)



REGD. MARK.

exactly as made by Handworkers on the cushion. All genuine "BB" Torchons bear the above Regd. Mark embossed on every card. To be obtained in a variety of shapes and widths.

NEWS FROM FASHION CENTRES.

FROM

VIENNA, PARIS, &c.

THE matter of dance frocks is the question of the hour. Of course they must be of Directoire type, and many anxious queries are coming in as to the length of the skirt. The correct slender Directoire dress is long and trailing, but a trailing dress is unsuited for dancing. For girls and youthful married women, the best couturières of Paris and Vienna are cutting the skirt short enough to clear the ground (see Nos. 7984 and 7985). Older dancers have the skirt just trailing the floor, with a little 4-9-inch trail at the back (see No. 7971). It is not advisable to cut a *long* trailing skirt short, as the needful folds of material at the feet need modifying; but the skirt cut with the short trail (No. 7971) can be safely shortened even to trottoir length or can be lengthened into a train. Our beautiful 4-gore Free Pattern Directoire skirt is cut with this idea—the correct folds for medium length are given and the skirt can be shortened or lengthened with perfect safety.

They really are exceedingly pretty, the Directoire dance frocks. Of course the little embroidered satin shoe should match the dress. Double-width satin is the favourite material, and most are daintily embroidered. The question of embroidery is a difficult one when the pin-money is imited, but, really, all good shops now show a lovely stock of quite cheap passementeries which are prepared to look like embroidery when sewn on tbe material, and which are made easily *detachable*—in separate devices, easily cut asunder—so that the needful corner or centre medallions can swiftly be built up. The net of the lovely tea-gown, No. 7972, can be embroidered this way.

For the present not many short coats are seen, except in velvet or fur The prevailing type, of course, is the Directoire, with Bonaparte collar and revers (see the Free Coat Pattern). Many of these coats are beautifully embroidered with the fine braid which is often called by dressmakers "soutache," to distinguish it from the broader military braids. The soutache is no wider than a narrow cord.

The Directoire sash is a feature of day and evening gowns, and it is certainly very pretty, whether in soft satin ribbon or in velvet. The ends are tied loosely about the body, above or at the knee. Some gowns have the knot of the sash very low, but this is not becoming or convenient. No. 7955 shows a very good arrangement of the sash. The ends can fall on the right or left, the left arrangement being on the whole preferred. The ends can either be free, edged with heavy fringe, or they can be drawn up and tipped with a tassel.

No. 7951A.—A PRETTY CARACUL COAT.
(Excellent model for velvet.)
For Description see Pages 29 *to* 34.
Price of Paper Pattern, 6½*d.*, *post free, of* MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

The fur stoles and boas are very handsome this winter, showing a profusion of tails. In cheap furs the tails are artificial—manufactured from the fur; but in good furs only those pelts are used in which the animal's real tail can be employed. Every furry beast—all those which supply the caraculs for instance—has neither a bushy ornamental tail, like the sable or squirrel, nor a contrasting delicate point of a tail like the ermine. The stoles all have very long front ends. The size of these furs and the profusion of the tails make them very expensive. The muffs are also tipped with tails in a row—providing a sort of fringe which shows out against the coat or dress. These muffs are decidedly large, and are very *flat*.

The monster hat has not been cordially welcomed by the Englishwoman of means and taste. Somehow, though they are so much taller and slimmer, the over-large hat suits the Englishwoman far less than her French sister. They are very expensive, these large hats, and not a few are apt to be decidedly vulgar. These points are against them. Then there is the enormous inconvenience entailed on the wearer and her neighbours alike. The broad brim pushes roughly into every face, the outrageous plume sticks into every eye.

Some very dainty little toques are being fashioned, especially for matinées at theatres and afternoon concerts. One is illustrated on page 19. The smart plume here is rather large, but smaller quills could easily be substituted. Several charming little hats are coming into vogue. They are suited to the smaller coiffures, which the best people are taking to. The Directoire dresses have brought in the pseudo-Greek styles (see the coiffure illustrated and described in our October number), which is very modest in size. An up-to-date Greek coiffure will be noted on the figure No. 7971 in this number (page 20). This very charming arrangement has the pointed Greek knot at the back of the head.

The Directoire under-dress is an indispensable article. It is a semi-fitting petticoat—cache-corset and petticoat in one, and must be of very soft material, so as not to push out the clinging folds of the dress. These under-dresses are often very elaborate. A very beautiful one was made up to the pattern out of stripes cut alternately in shaped mull muslin and lace insertion. At the feet was a soft, lace-edged frill. Many under-skirts for Directoire gowns have frills—shaped or cross-cut—but they must be very soft indeed.

TWO HOME-MADE CHRISTMAS TOYS.

By JENNIE CHAPPELL.

IT adds to the value of a Christmas gift that it should be home-made. Little children do not realize this but, assuredly, their love of soft, woolly animals—with no hard angles to bruise chubby flesh—is not diminished because "Mother" or "Auntie" has manufactured the thing of joy. Toy animals can well be made at home, and anyone could make the pretty puppy or kitten, illustrated on this page, if at all deft in shaping things, by the aid of our very clear and explanatory diagrams.

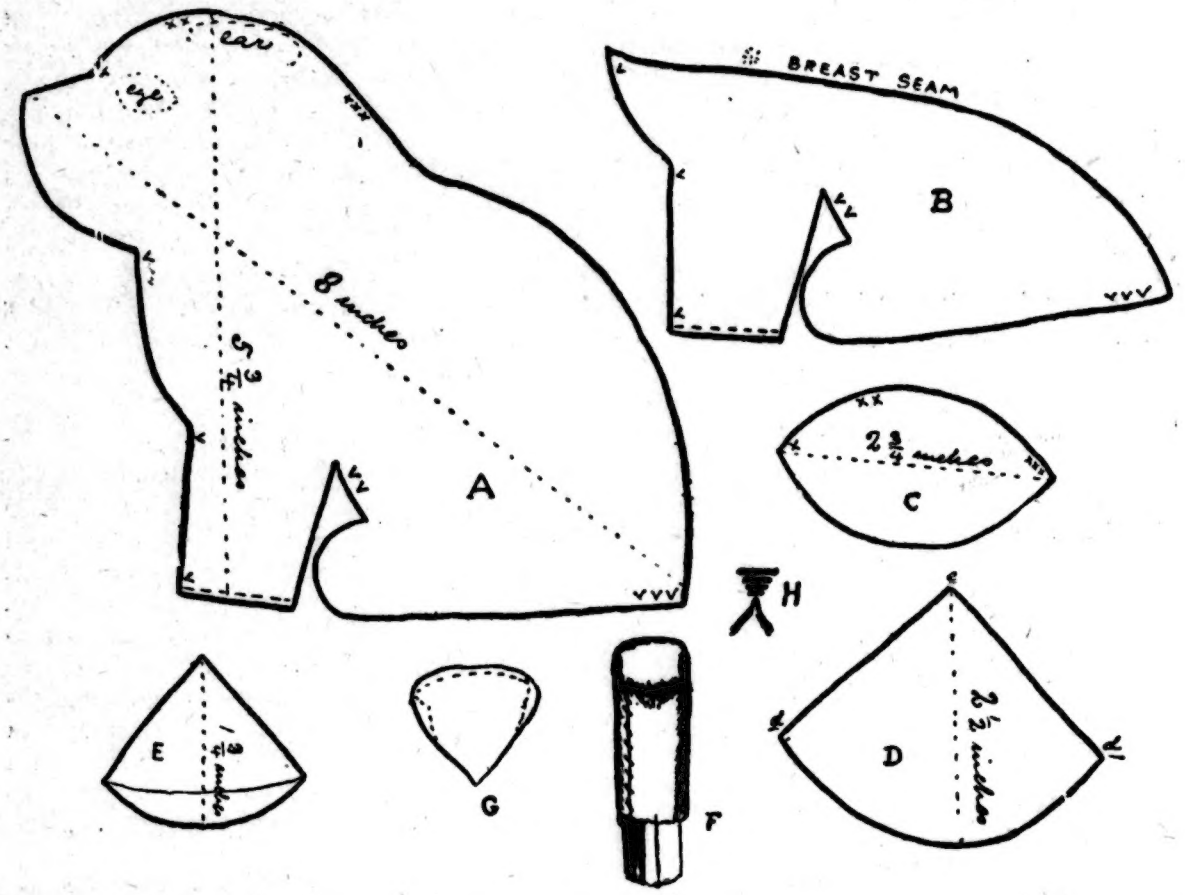


Diagram of Puppy.

Our terrier puppy, shown in the illustration on Page 7 is made of swan's down calico, and is stuffed with wadding.

The upper half of his body, pattern A (see diagram), is matched by the under half, B, and both must be cut in duplicate. C is the top of his head. Having cut out all the parts, it will be well to get this head top fixed in position first (x to x, xx to xx, and xxx to xxx) on both halves of the head. Then put the v's of the chest and legs together, and sew those seams, leaving the bottom of the front leg open at the dotted line. Next, very closely and neatly stitch up the back, from xxx to vvv. Lastly, the nose and breast seam as far as * must be joined up. The model is now ready to be turned and stuffed.

The wadding must be put in by small pieces at a time, and packed as tightly as possible, beginning with the nose. The back feet are merely stuffed, but the front ones need somewhat elaborate making.

Each foot requires a piece of stick, 2 inches long and nearly as thick as one's little finger. This is wrapped and sewn up in a piece of material about 2 inches square, the raw edges turned in; but the covering must only come half-way up the stick, and be firmly secured there by passing the cotton two or three times over the end of the stick. The superfluous inch is turned over and hemmed down at the other end of the stick, as in fig. F, in which the stitches on the under side of the foot are shown conspicuously large. This being done, the wad thus formed is caught back by a stitch or two at right angles with the stick, as at fig. F on the diagram for the kitten, which shows the foot ready for insertion in the leg-covering, the toes being represented by three stitches over the end of the wad.

Push this foot-piece up the leg-covering, which should be well stuffed at the upper part, until the edge of the latter comes round just above the paw, with enough to turn in. Hem this down all round the paw, pushing any superfluity to the back, and taking it up in a pleat there, as may be necessary. The leg may need a pinch of wadding to fill it out before being quite closed up.

The ear is made in two halves, the inner one being the smaller, as indicated in the pattern by the thin line. It is sewn up on the wrong side and turned. Fig. G. indicates its shape on the head, the extra part of the upper side hemmed down and turned in, and the corners just turned under.

The tail, D, has its two sides, *d* and *d*, rolled towards the middle till they meet, and are sewn up, the tip, *e*, being turned in and kept as pointed as possible. The root end is then turned in and sewn in its place, *open*, in a circular form.

The eyes are black beads, the nose and mouth are formed with stitches of black carpet thread, as shown at H.

The ear and spots are produced when all else is finished with penny brown dye.

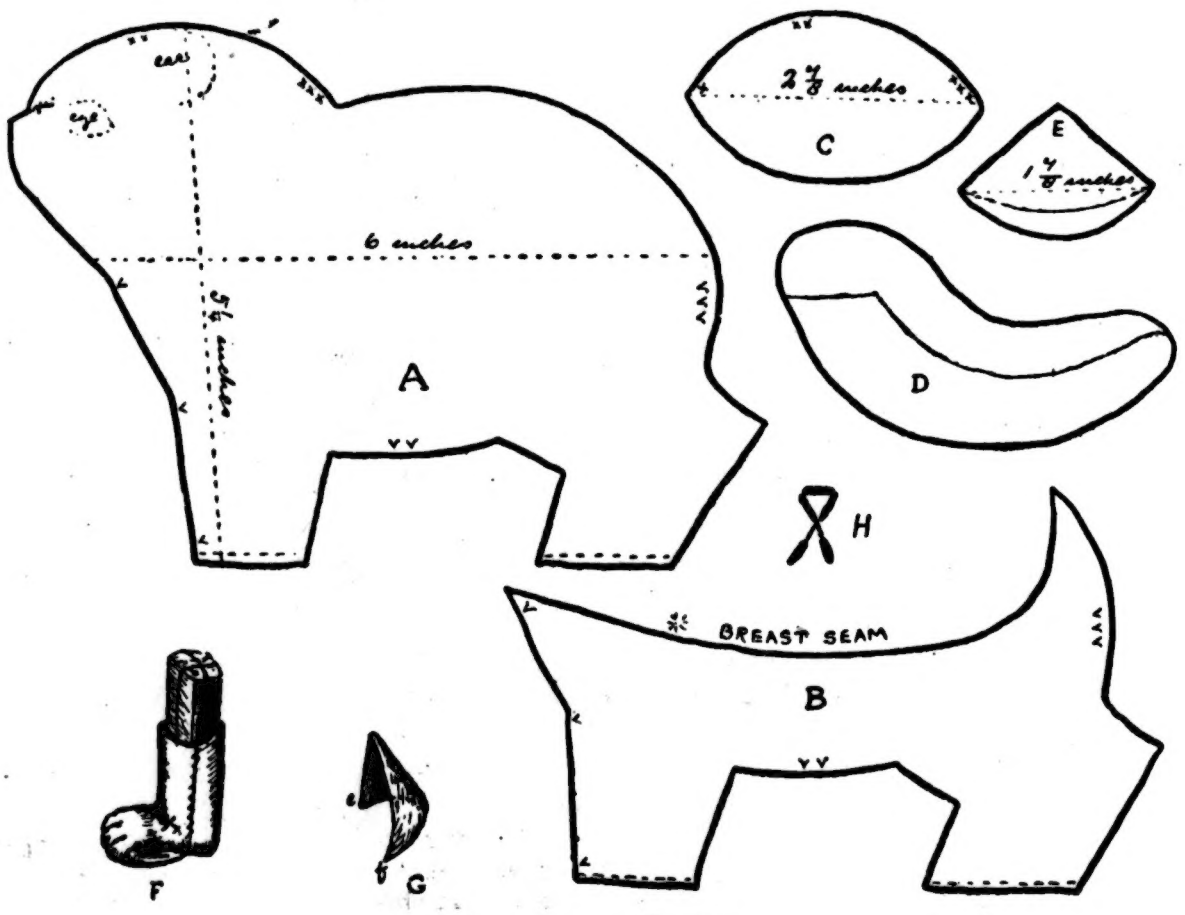


Diagram of Kitten.

"I shall in future take 'Myra's Journal' in preference to any other."—Miss O. H.

The kitten is made of drab velveteen on the same principle as the puppy, but her nose, being very small, needs great care. Always stitch *from* the nose, so as to be sure and get that right, and let any possible ill-fittings come where they will not be so conspicuous. All pussy's feet are made as described for the puppy. The sharp joint of the back leg needs special stuffing, and the lower part of that leg will probably need a pleat underneath, neatly graduated up to this joint.

The ear is made just like the puppy's ear, but set on quite differently. Fig. G (see kitten diagram) shows its position on the side of the head. The upper corner, *e*, should be fixed a little within the side seam of the top of the head, and the lower one, *f*, half an inch below it. The eyes are green or blue sequins, the nose and mouth coarse black thread (see H); do not fill the top of the nose with stitches (as in the case of the dog). The whiskers are bunches—about six threads each—of fine white cotton.

The cat's tail, D, is made in two pieces, the under being the narrower (see thin line in pattern) to get the seam as much as possible out of sight. It is stitched up wrong side out, turned, well stuffed, and, the root end being left unclosed, the material is hemmed in a circular form in the position required, an additional pinch of wadding being added before the final stitches are set, to preserve its appearance of continuity with the kitten's back.

The markings are made in common ink with the *back* of a nib. The great thing is to copy nature, if possible, and make both sides correspond. The stiffness left by the ink when dry should be removed by a brisk brushing.

A TABBY KITTEN.

A TERRIER PUPPY.

Music Reviews.

Messrs. Cassell and Co., Ludgate Hill, London, E.C., have issued operatic selections in a very attractive and convenient form at the low price of 6d. Each comprises a fantasia for the pianoforte on the favourite airs; also certain favourite numbers from the same opera arranged for voice and pianoforte accompaniment. Cassell's operatic selections at 6d. are deservedly having a very large sale. The overture, arranged for the pianoforte, commences each sixpenny book of selections.

Ladies and gentlemen, not very advanced in music, will also greatly appreciate Cassell's popular editions of famous songs, with descriptive matter under the heading of "Music-Lesson." For instance, Braga's famous serenade is arranged for the pianoforte—it makes a quite easy but very effective little piece. The original song, of course, has a violin obbligato which is more important than the vocal part. "Sweet September," a graceful and attractive Valse Lente, by E. Zakobowski, will be appreciated at Christmas parties. It is quite easy.

Messrs. Cassell's music editions are specially prepared for adult beginners, who have not enjoyed a musical training. Their popular edition of well-known songs shows also the voice part in the tonic Sol-Fa notation for those (chiefly gentlemen) who are unacquainted with the ordinary musical notation. A list of these songs will be found on each song. The list includes such favourites as "Nazareth," "Ask Not" (Maude-Valerie White), "Come into the Garden, Maud," etc.

For self-teaching, an excellent pianoforte tutor is "The Castle," price 6d., published by E. Donajowski, 26, Castle Street, Berners Street, London, W.

Replies to Readers

"ANXIOUS."—Your getting stout so unexpectedly and rapidly calls for prompt measures. You can do nothing better than adopt the Antipon treatment, which will reduce you to your normal weight lastingly, and correct the weakness and lassitude of which you complain.

"12ST. 6LB."—Your normal weight in relation to your height (5ft. 7in.) should be 10st 10lb. The necessary reduction is neither difficult nor discomforting to achieve if you consistently follow a course of Antipon. The treatment is as simple and pleasant as it is permanently beneficial.

MARGOT.—Do not do yourself serious harm by drugging and starving in order to keep down your weight. Antipon alone will take off the superfluous flesh, and at the same time remove the exasperating tendency to put on flesh to excess. Try a bottle or two of this splendid preparation.

AMELIA.—The difficult breathing you experience is a serious symptom. You must reduce your weight considerably by the real tonic fat-eliminating process—namely, the Antipon treatment. It will improve you in every way—in health, strength, and figure. Chemists sell Antipon at 2s. 6d. and 4s. 6d. a bottle.

M. T. A.—Yes, you may take as much nourishment as you like. It will not interfere with the fat-reducing effect of Antipon, which, indeed, is an excellent tonic and digestive.

THE HIGH-WAISTED BODICE.

The extremely graceful gowns inspired by the Directoire and Empire fashions, with the high-waisted bodice, require an irreproachable figure to set them off beautifully. The *corsetière*, with all her skill, is powerless to do justice to her fair *pratiques* who are afflicted with corpulency; and partial starvation, especially when allied to drugging fat-reducing remedies, means loss of health and strength as well as deterioration of personal charms. It is therefore not surprising to learn that the famous Antipon treatment for the permanent cure of obesity is in greater vogue than ever. The reason is, of course, that Antipon not only restores correct waist measurement and general symmetrical proportions, but has the extraordinary — the unique — power of entirely suppressing the tendency to put on flesh to an unnatural degree. Besides this, Antipon is a sure means of restoring muscular development and firmness of limb. It is an admirable tonic, stimulating appetite and revivifying the digestive system. The subject therefore enjoys plenty of nourishing, muscle-forming food, with obvious benefit to strength and beauty; the whole body is remodelled on lines of graceful symmetry. Antipon makes a pleasing reduction of weight, even within the first twenty-four hours, and the subsequent daily decrease is equally gratifying. On completing the easy and pleasant Antipon course, the most elegant lady will have no need to dread the most exacting decrees of Fashion. Antipon is a pleasant liquid, containing no mineral or other objectionable constituents, and may be taken at any hour.

Antipon is sold in bottles, price 2s. 6d. and 4s. 6d., by Chemists, Stores, &c., or in the event of difficulty, may be had (on remitting amount), carriage paid, privately packed, direct from the Antipon Company, 13, Olmar Street, London, S.E.

No. 7952.—A Directoire Coat and "Sheath" Skirt.
For Description see Pages 27 to 34.
Price of Paper Pattern, Coat, or Skirt, each 6½d., post free, of Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

THREE
Novel Charity Entertainments for Christmas Tide.

By THEKLA BOWSER.

THE pressing need for charity this winter should brighten our wits and quicken our sympathies in thinking of and carrying out some new methods by which to extract money from those who do not "give for giving's sake," but want a "quid pro quo" for their money.

The old Charity Concert and the humdrum "Sale of Work" are doubtful means of successfully raising funds for any object, be it ever so worthy, and it is the duty of those who cannot afford to give money, but can and will give time and labour, to employ new methods to coax the money out of the pockets of the rich and transfer it to those of the suffering poor.

"A Bag and Cushion Tea" appeals to many people simply because they do not know what it is. If you have a certain charity at heart and you want to do something for it, give a tea in your own drawing-room, or, maybe, borrow the larger house of a friend. Issue invitations to all your friends in this wise:—

Mrs. M.....
Begs the pleasure of
Mrs. .....'s company
to a "Bag and Cushion Tea,"
given in aid of the ..... Charity.

Please bring some
pence with you.

The hint contained in that foot-note will prevent your friends from being frightened that they may be asked to give heavy sums, and whilst you *ask* for pence, you will probably get a good amount of silver, and, possibly, gold, if you have tactful helpers at the "Bag" and "Cushion" tables.

Before issuing your invitations, however, you must ask your more intimate friends each to make either a bag or a cushion for your charity. Explain that there will be four prizes given—two for the most useful and two for the prettiest bags and cushions. They may be any kind—linen bags, hand-bags, work-bags, travelling bags; pin-cushions, sofa-cushions, garden-cushions, hatpin-cushions—so that they can spend as much or as little time and money on them as they choose.

When all these bags and cushions come in (and you must arrange to have them in a few days before the "tea" is to take place) you must attach to each a small bag, made of any oddments, and a card bearing the full name of the sender. This card must be sealed in an envelope on the outside of which is the price asked for the article. Now arrange all the bags on one table and all the cushions on the other, in your drawing room, setting them out on a clothes-horse as a background to the table, if you have many.

Have tea served in the dining room, and then, as the guests wander into the drawing room the "helpers" at the tables explain to them the object of the charity and how they can help it.

"You see, all these bags and cushions have been made by friends. Well, there are four prizes to be awarded by the general vote of those present to-day, and this is how it will be managed: We are going to ask each friend to look critically at our bags and then to vote for two of them—for the prettiest and for the most useful. Her vote will be recorded by her placing a coin of some kind in the little bag attached to the article she most admires. She may only give one vote to each bag (that is, one coin, but it may be of any value), or she may vote for as many articles as she likes. Then at the end of the day the *number of coins* in each little bag will be counted, and the prizes given to those gaining the greatest number."

"I will vote for this and this and this bag," responds the lady, "but I should like to buy this one. May I?"

"Delighted! It is 3s. 6d.," consulting the envelope and scribbling on it the name and address of the purchaser. "I cannot let you have it until the end of the day, but will send it to you if you have left by then?"

"And who made it?" asks the lady.

"Ah, that I do not know. Mrs. M. sealed up the names of the makers in these envelopes, so that voters should be unbiassed, so far as possible."

The guest then passes on to the cushion table, where she will again record her votes—either in pence or in sovereigns as she chooses.

One great advantage of the Charity Entertainment is that people can give just whatever they like without feeling that they are being criticized. No one need know what they drop into the bag, so that they can give only fourpence if they are so inclined — though few people would do that.

It is surprising what a goodly sum can be collected in these little bags, and when it is put to the money taken from purchasers it will be found that a "bag and cushion" tea is not only a delightful social function, but a very profitable one for the charity. The bags and cushions that are unsold at the end of the day, when the prizes have been awarded and given to their happy recipients, may either be raffled, or returned to their original owners.

For an evening charity entertainment in a hall a novelty which will attract a crowded audience is "Folk-lore Tales in Costume." Short, interesting, and quaint folk-lore stories must be chosen and learned. Many of Grimm's Fairy Stories are really folk-lore, and would do excellently for this purpose, if shortened. Appropriate costume should be worn by each story-teller, and between each story a song, typical of the country about which the story is, may be given, and will make a a pleasant break in the proceedings.

There are many queer Jamaican stories, called "Anancy Tales," which are related by the niggers; and these would be very

No. 7938.—The Directoire Pelisse.

For Description see pages 29 to 31.

Price of Paper Patterns, Pelisse, 9½d.; Skirt, 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 7954.—A Fur-lined Motor Coat.
For Description see Pages 29 to 34.
Price of Paper Pattern, 1s. 0½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

effective if told with the nigger twang and intonation by a boy with a blackened face and hands, and dressed in nigger costume. This idea is capable of enormous expansion, as the story might even be acted in some cases by a number of children, if a clever adult would write out their parts and stage-manage them.

The last suggestion for a charity entertainment is to arrange an "Amateur Jungle." I did this myself some years ago, and made a great success of it. I hired a small hall, and arranged with a firm to supply some fifty cages to hold the animals. These were set up in the morning, and the show opened at three o'clock in the afternoon. The pet animals of all my friends and acquaintances were pressed into the service, and these arrived about one o'clock, and were duly installed in their cages, many of the owners bringing satin cushions for them to lie upon, and ribbons to match with which to deck the cage. A number was attached to each cage, and as each visitor entered the hall he or she received a voting card, which were collected later, when they had been filled in. Each exhibitor was charged a shilling for "showing" a pet animal, and the visitors paid 6d. each as "gate" money.

Several prizes were provided, and these were distributed at the end of the afternoon to those whom the scrutinisers declared to be winners of the greatest number of votes. After all expenses are paid there should be a nice little surplus left to go to the charity. The animals can be put into "classes" or not, as the organiser chooses, but the simplest plan is to allow each visitor only one vote. Great efforts should be made to obtain as large a variety of animals as possible. I was lucky, as I happened to know a gentleman who kept many tame snakes. Lastly, one word of advice. See that your cages are perfectly safe and securely fastened, otherwise you might have happen what was prophesied for my show, but, happily, was not fulfilled—that forty animals would go in and only twenty come out, the birds being inside the cats and the mice inside the snakes!

The Origin of the Christmas Box.

By LYDIA O'SHEA.

IT has been cynically but aptly remarked that, as everyone knows, all our familiar customs, from the observance of St. Valentine's Day to the use of Christmas-puddings and mince-pies, are really old pagan customs re-christened. This is particularly true in the case of the Christmas-Box. This tax has, fortunately, been somewhat abated during the last few years, but less than a decade ago it had grown to the proportions of a national nuisance. The origin of this gift-giving may undoubtedly be traced to the old Romans, who at the time of their great winter feast, the Saturnalia, were wont to distribute

presents to friends and inferiors with lavish hands. The fathers of the early church, however, sought to separate their disciples as much as possible from all their former pagan associations, and so denounced the custom as savouring too much of a heathen institution. But seeing that their exhortations were not sufficiently powerful to effect this, they wisely determined to let the practice be continued, but under a new name, and in connection with the new faith. Hence arose the name "'Christ'-mass"-Box, which is really a contraction of Christ's-mass-box. The word "mass" being derived from the Latin "mitto," "to send" (gifts, oblations, &c.). Later the priests originated the practice of having masses said for almost everything. For instance, when a ship started on her voyage a box was placed in her, into which the crew and their relatives put something on condition that the priests said masses for their safe return, invoking the name of the particular saint to whose protecting care the vessel had been assigned, such box only to be touched by the priests on its return.

Another suggestion, which sounds more feasible, is that the people, still bearing in mind the exceeding joviality, not to say occasional liberty, that had prevailed in the Saturnalian festivals, hit upon the idea that now they had embraced the new strict faith, some sacrifice was necessary as a kind of proprietary or appeasing offering if they wished to "enjoy" themselves at this season.

They therefore paid money freely into the priests' boxes, who in turn said masses to the saints requesting forgiveness for the indiscretions of their flock at this joyful period! Following on this came the custom of allowing the servants to ask for *box-money*, that they might also pay the priests for the same purpose. "No penny, no paternoster," was their familiar proverb.

One point, however, is quite clear, namely, that the "Christmas Box," whether in Pagan or Christian times, was the concrete expression of good-will and kindliness, and therefore a practice essentially in keeping with the "season of good-will." When ultimately the custom became a universal one, a day was set apart for the giving of these presents, and the day following Christmas Day was selected, as it was not unnaturally presumed that hearts would then be more genial and ready to disburse freely. Thus December 26 has ever since been called "Boxing Day," although in Scotland these gifts or *Handsels*, as they are called "over the border," are not usually collected till the New Year, a date that is really more approximate to the old Saturnalia than our present Christmas Day (new style). Gay, in his "Trivia," alludes to the Christmas Box in the following lines:—

"Some boys are rich by birth beyond all wants,
Belov'd by uncles and kind, good, old aunts.
When Time comes round a Christmas Box they bear,
And one day makes them rich for all the year."

No. 7955.—DIRECTOIRE VISITING GOWN OF VELVET AND BROCADE.

For Description see Pages 29 to 34.

Price of Paper Pattern, Skirt, 1s. 0½d.; *Blouse*, 6½d., *post free, of* MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

AN EMBROIDERED CHEMISE.

EMBROIDERED IN LINDHORST'S BALKANA YARN.

By MRS. HAMER JACKSON.

IT is not always easy to be original, much less to combine novelty of design together with a practical model which when made up will form a really uncommon and delightful garment. Such is the case, however, where the making of the pretty chemise illustrated on this page is concerned.

The round yoke idea on a chemise is quite a novelty, especially tapering gracefully as it does on the shoulders, making a natural shape wide enough to be comfortable and yet not so broad as to become ungraceful. The making of the chemise itself belongs to another department, and I should not like to explain the details of the making which (with diagram) is dealt with on page 28.

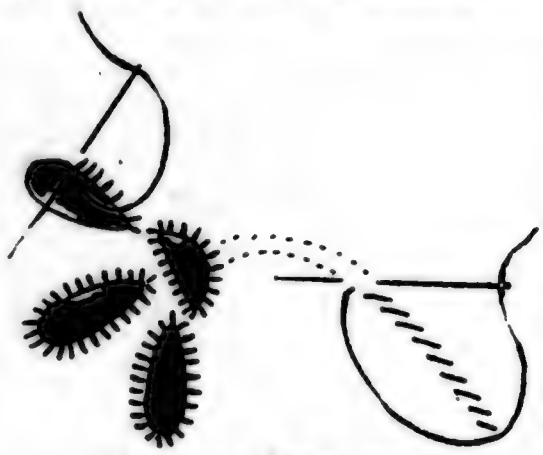
The best material for working the embroidery is Lindhorst's washable (in *boiling* water) P.L. Balkana Yarn.

Taking it for granted that you have selected a washing silk or a good quality of nainsook (and the work is well worth a good material) I will only mention a word about the transfer. If you want the work when completed to look nice, as may be the case if you are working this design for a Christmas present, be sure not to use a too hot iron when trsnsferring the design. If you do the blue line will eventually be wider than the delicate stems of the design are intended to be, and the tendency will be to make them broader and consequently heavier-looking in order to cover the tracing. If you use a moderately cool iron you will find the design reproduce exactly as it is shown on the transfer, and you will then be able to work it as delicately as you can.

The embroidery can be carried out entirely in satin and stem stitch—this will commend itself to the many who prefer embroidery on underwear to be *not* open-work. A second, a newer idea, however, is to copy the following directions.

You will notice that part of our model is done in cut work or broderie anglaise and partly in fine stemstitch. To do the work regularly and well you should tack the material on glazed linen or architect's cloth. This is a wonderful help in working round the cut edges of the open work.

Start by outlining the edge of every intended hole with running stitches, then with a pair of fine-pointed scissors cut the enclosed material near to the running stitch. Next take a needle and some fine P.L. Balkana yarn (glossy like silk), and work from left to right, edging the eyelet with overcasting stitches, close together, and covering the running stitch which outlines the pattern. Neatness and regularity are essential to this class of work.



Detail of Embroidery.

The prettiness of this work is greatly enhanced by working French embroidery or satin stitch in combination. For instance, while some of the flowers are done in open work style as above described, the leaves would look exceedingly well done in the raised work which is the characteristic of the French embroidery.

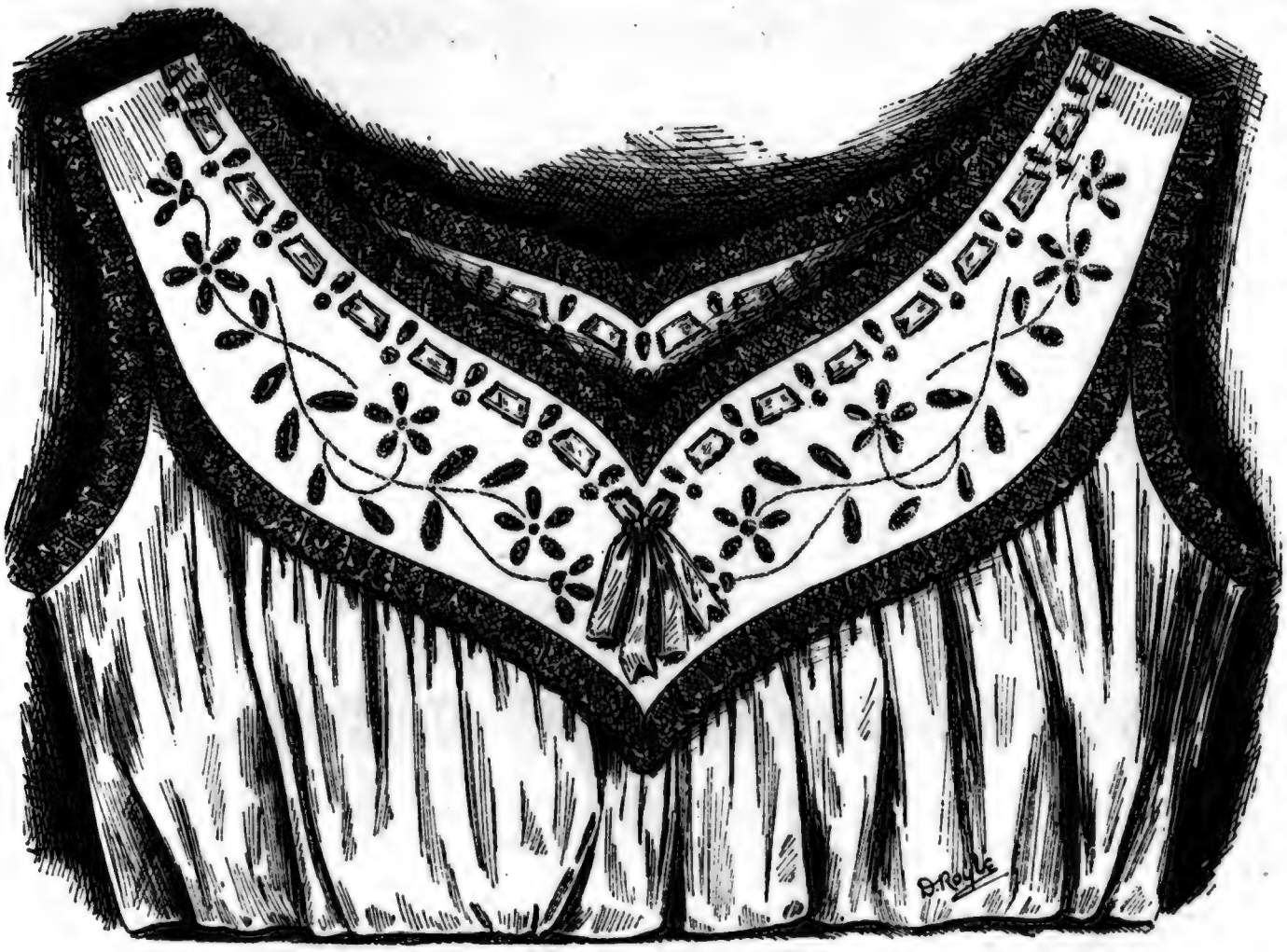
To do this really nicely, you want to outline the details of the design with running stitch, just as is done for the cut work, the outlining being done *inside* the line of design. Now pad each subject *within* the outline with stitches closely put one against the other in darning style, the over and over stitch being more raised, but much less smooth in effect. This padding should now be covered over with flat, straight stitches, evenly placed side by side, quite close together, and extending from one side to the other of the leaf. It is to be noted that, in general, in fact, as a rule, the French embroidery stitch runs in the same direction as the narrow dimension of the subject, in other words across from side to side, and the stitches used for padding must be taken in an opposite direction. Lindhorst's Balkana Yarn should be used also for this padding.

If you wish to indicate the rib of a leaf, or the two sides of the petal of a flower, you must pad each half of the leaf separately, leaving a space between the two halves. These halves have to be worked separately as well, and the line you have left in the middle of the leaf will indicate the main rib, the ordinary stalks being worked in stem stitch.

The stalks are outlined in running stitch just the same as the other work, then covered by small stitches lying close together in a slanting direction (stem stitch).

If you think that working the whole of the leaf design in French embroidery stitch is too heavy looking, you can substitute the heavy work of half of each leaf by just outlining this half in stem stitch and filling the space in fine back stitches in every direction. This is what is called "point de sable," and which gives to French embroidery work its so effective and elaborate appearance.

All fancy shops keep Lindhorst's Embroidery Yarns. But on receiving a postcard, Mr. Peter Lindhorst, Department 8, 21, Newgate Street, E.C., will send the address of his nearest retail agent.



No. 7956.—An Embroidered Chemise. Worked in Lindhorst's Balkana Yarn.

Price of Paper Pattern, 6½d. Full size Transfer of Embroidery Sprays, 4½d., post free, of Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

No. 7957 No. 7958 No. 7959 No. 7960

No. 7961 No. 7962 No. 7963

CHILDREN'S FANCY DRESSES FOR CHRISTMAS ENTERTAINMENTS.

For Descriptions see Pages 29 to 34.

Price of Paper Patterns, each 1*s.* 0½*d., post free, from* MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

No. 7964.—How to Arrange a Lace Scarf.
For Description see Page 16.

Price of Paper Pattern of Princess Dress, 1s. 6½d., *post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

HOW TO USE REAL LACE WITHOUT CUTTING.

For Illustrations, see pages 14 *and* 15.

IN early and mid-Victorian days every lady over sixteen years of age wore a shawl, and nobody wears these shawls now. This fact does not matter in the case of ordinary shawls, which have had their day, and have disappeared. But many shawls were very valuable—like the best cashmere varieties, and, above all, like the real lace shawls. These were handed on from mother to daughter and granddaughter, and the question is, how shall we use them without cutting?

A valuable lace shawl has the value spoilt if the dainty fabric is cut. But there is one use for them without spoiling them, and that is by draping them into trains, Court dresses, bridal dresses, Directoire evening dresses, all can have the lace trains.

No. 7965.—How to Arrange a Lace Tie.
(Front view; for back view see page 15.*)*
For description see this page.

Our illustration, No. 7965, shows a bridal dress—a lovely draped Directoire princess dress—of white charmeuse satin, with satin court train. The feature, however, of this gown is the lace train, slung from straps of silver passementerie, which is a lace shawl. One shorter edge, 1 yard long, forms part of left side, corners tipped with tassels. One longer end—2 yards—forms the draped top and falls a little left and right, the corners tipped with tassels. The second short side also drapes the right of the satin gown with its coquillé folds, and the second long side sweeps across the train, the right corner (tipped with a tassel) falling much lower than the left corner on the satin train. This shawl could be detached without spoiling either the shawl or gown, the gown being quite complete without it.

A shawl, of course, can always be used as a bridal veil, but people are not fond of lace veils, which hide the face and obscure the outline of the figure more than the gossamer veil of finest and softest tulle.

A little lace shawl, ¾ yards square, can be used for that lovely little bridge coat, No. 7966. This, however, needs a little cut up the centre of one side to the centre. The cutting out of the square hole for the neck is a trifle as the value of the lace is never in the centre,

No. 7967.—A LOVELY BRIDGE COAT.

No. 7968.

No. 7966.—BRIDAL GOWN FOR THE NEW YEAR'S BRIDE.

(Showing also Back View of Lace Tie, No. 7965, Page 14.) *(See "How to Use Old Lace," Pages 14 and 16.)*

Price of Paper Patterns, Princess Dress, 1s. 6½d.; Train, 2s. 0½d.; Blouse, 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

and a lace mender, if required, can replace that part at a trifling cost. The neck hole is not exactly in the centre of of the shawl; its corners smartly tipped with tassels are allowed to fall lower in front than at the back. The cut edges up the back and round the neck can be edged with a lace braid on a tiny pearl passementerie. This shawl is mounted on a very charming blouse of white silk muslin, with the newest form of the long, "skin-tight," rucked sleeve which is cut wide enough to form a doubled frill beyond the rucking.

A short time ago every woman wore a lace tie twisted twice round her neck (in lieu of collar) and tied in front. So much were these worn that a large number of real lace ties were bought. Who wears these now? Well, nobody in their old form. But they are being utilised (without cutting) for the charming neck bands (see Nos. 7655 and 7668) which encircle the throat for full evening dress instead of the heavy, incongruous bands of velvet which used to be worn.

The lace band is charming: it is light, it is transparent, it is softly veiling. How to arrange the tie in the new style is well shown in our little illustrations (back and front views). The lace is ruffled in front on a jewelled slide. Each end is collected in two loops and an end which hooks together at the back, where the draped lace band is kept in position by the fine silk-cased whalebones.

No. 7965 shows how to use a long lace scarf. The centre is draped in a point at the back. The two long ends are caught with big rosettes on the bust. The gown on which it is draped is a beautiful Princess robe of white satin, decorated with fringe.

A Christmas Supper

Dishes marked with an asterisk may be omitted if necessary.

MENU.

Clear Soup in Cups.
Lobster Mayonnaise.
* Eggs-in-Aspic.
* Chaud-froid of Chicken.
Boned Turkey.
Boiled Ham. * Game Pie.
Trifle.
Mince Pies. Méringues and Cream.
Fruit Salad in Orange Cups.
* Rum Jelly. Pineapple Jelly.
Ginger Cream. * Charlotte Russe.
Bonbons. Crackers.
Champagne or Claret Cup. Whiskey.
Aërated Waters. Milk.

"Christmas comes but once a year,
But when it comes, it brings good cheer,"

and few are the folk who do not try to put into practice the views of the rhymester who perpetrated this time-honoured couplet, either by bidding their family and friends to Christmas dinner, or by extending their hospitality further, and giving a party, at which a Christmas supper makes its appearance.

All housewives secretly love a party, and all the young folk are openly devoted to it. For both, the supper is a chief consideration. The housewife must think it out, plan it, see that it is cooked and served properly, and, thereafter, probably preside at it; so her labours are no sinecure. The young folks are content to admire the table, and dispose of the viands with the zest of youth, after labours in dancing and playing games which, to them, are labours of love.

I have given above a ménu with some advantages which do not, perhaps, appeal at once to the casual critic; but the observant reader will see that it contains no item of food which may not be fully prepared, at the leisure of the cook, and finished almost up to the very point of turning out moulds and beating up soup, in the last two or three days before the party; and also that whatever remains over will work in quite amiably with the ordinary food of the family, while there are items which, for a small party in a small house, may be omitted altogether without in the least detracting from the seasonable and festive character of the repast.

The individual dishes are not at all unreasonably expensive, nor are they compounded in niggardly fashion, for at Xmas we do not want to be exactly penurious—we like to let ourselves go, and to have the best and most varied ménu which our purse will allow. At the same time, Xmas supper without a turkey and mincepies, trifle and crackers, would be a sorry festivity, so these items are not omitted, but take their traditional precedence as pièces de résistance.

It is never possible accurately to gauge appetites for either solid or liquid festivities, and all that I can do in that line is to give some approximate quantities from which each individual caterer can, to some extent, come near to realising what she had better provide for the number and degree of those attending her party.

I also give some recipes—and any which are not given or others which are not desired may be obtained in one of three ways—(*a*) from me through Myra—in which case, alas, they would be too late for Christmas, 1908, though in excellent time for Christmas, 1909; or (*b*) by those who send me 6d. in penny stamps and a stamped addressed envelope, who will receive the recipe their hearts' desire by post in a day or two; or (*c*) by those who desire several recipes at a time, and who will send me a postcard stamped and addressed to themselves, and will receive in return an address from which to receive as many recipes as they wish, either inscribed in a book or on loose sheets of paper.

QUANTITIES.

Soup in Cups.—One pint will fill 3 or 4 cups, according to size.

A Quart Mould of Jelly, cream, or other sweet or savoury, will help 10 to 12 people.

A Large Lobster will make a dish of lobster mayonnaise enough for 10 persons.

A Large Chicken will serve 10 to 12 persons if the legs are used (and there is no reason why they should not be).

A Turkey of 7 or 8lbs, boned and stuffed, will furnish helpings for 25 to 30 people.

Claret or Champagne Cup.—Usually a pint of either, per head, is the allowance; but in these days it is seldom that so much is required, and I should think a ¼ pint per head much nearer the mark, which will allow for those who do not take alcoholic beverages at all. For these syphons of aerated waters should be provided; and, since at Christmas parties quite tiny people are allowed to sit up to supper, it is well to have some milk at hand on the sideboard, and to allow ¾ of a pint for each child or older person who is likely to prefer it.

RECIPES.

Lobster Mayonnaise.—Cut the meat of a freshly boiled lobster into squares (or use tinned lobster). Wash and trim 2 large lettuces and tear them into pieces, and make a bed of these on an entrée dish, with some small salad shred. Place a layer of lobster on this, and proceed thus with alternate layers till the dish is conveniently filled. Pour over a good thick mayonnaise sauce just before serving, so that the whole is well covered. Garnish with the coral of the lobster sprinkled over, and with a little crumbled yolk of egg.

Eggs in Aspic.—To a quart of clear, well-flavoured stock in a saucepan, add 2 glasses of white wine and a tablespoonful of tarragon vinegar. Take an ounce of gelatine, dissolve it in a little stock, and stir it in; then add the whites and shells of 4 eggs, draw the saucepan back and let it simmer for 10 minutes; then strain through a jelly bag until clear. Wet the moulds to be used, and coat them with the aspic jelly; then put in a layer of slices of hard boiled-eggs and pour a little jelly over as it cools. When this has set, put in more eggs and more jelly, and continue until the mould is full. Turn out and garnish with parsley. This dish is much nicer made in ramekin cases, with half a hard-boiled egg in each and a little small salad. These turn out very prettily and simplify serving considerably.

Game Pie.—Line a game-pie mould with good stiff crust. Then lay a layer of slices of bacon at the bottom. Spread over that a layer of forcemeat (this should have the livers of any birds used scalded and pounded and mixed in, and a few truffles and savoury herbs should not be forgotten). Then lay in the joints of the birds used (this will probably depend upon the contents of Christmas hampers) and some chopped mushrooms, and continue thus till the pie is full. Season as you go with salt and pepper, added lightly, and with some some small pieces of butter put here

and there among the other ingredients; lay some slices of bacon on the top; put on the lid, ornament it with pastry leaves and other devices, brush over with beaten egg and bake in a moderate oven for about three hours for a large pie. Remove the crust before serving cold, and in its place put some chopped and whipped aspic jelly. Any birds will do to use, and several different kinds will consort together quite amicably. A little hot gravy with a small quantity of gelatine may be poured in as soon as the crust is removed, and this will become jelly as the pie gets cold, and will add much to its appearance and flavour. If made in a mould, it should be a tin mould which can be removed by taking out the staples which fasten it together at each end.

CHAMPAGNE CUP.—To 1 bottle of champagne allow 2 bottles of soda or seltzer water, a tablespoonful of brandy, and 1lb of crushed ice. Mix all these in a large glass bowl or jug, and add a tablespoonful of sifted sugar last. A sprig of borage, a slice of lemon, and a little cucumber rind are an improvement.

CLARET CUP.—1 bottle of claret, 2 glasses of sherry and half a glass of maraschino, the thin rind of a lemon, and two tablespoonfuls of sugar. Stand till the sugar is dissolved, then add a sprig of borage, balm, or verbena, and a little sliced cucumber. Just before using add a bottle of soda-water.

SOME USEFUL HINTS

Order all stores a week before the party, after having decided upon the menu definitely, and having given the cook all her orders — WRITTEN DOWN PLAINLY.

Count how many knives, spoons, forks, glasses, plates, dishes, serviettes, table-cloths, and all impedimenta, are required, and have these all ready at least one day beforehand.

For a "stand-up" supper have a long table decorated with evergreens and flowers, bright lights and coloured shades, as tastes and opportunities dictate, and on this have the dishes in the centre, with plates, spoons, and forks, &c., for serving at the sides to expedite matters.

Have glasses and beverages and bread on the sideboard, and have a reserve table, for lighter plates, knives, glasses, &c., &c. A table on which to put the used plates, &c., is also necessary.

Probably both carving and waiting will be done by the men or guests, but it is wise to have one or two servants present to carry away soiled things and to fetch anything which may have been forgotten.

Remember to have salt, bread or rolls, and water at hand. These simple things are often forgotten, to the no small discomfort of all concerned.

On the day before the party, all the sweets should be made, but the turkey may be boned, stuffed and boiled, and the chicken for the chaudfroid cooked two days before; while the soup will be none the worse for being finished three days before it is wanted. This will leave nothing but dishing and garnishing to be done on the day itself, which, in any house will be found a great relief.

LETITIA HOPE.

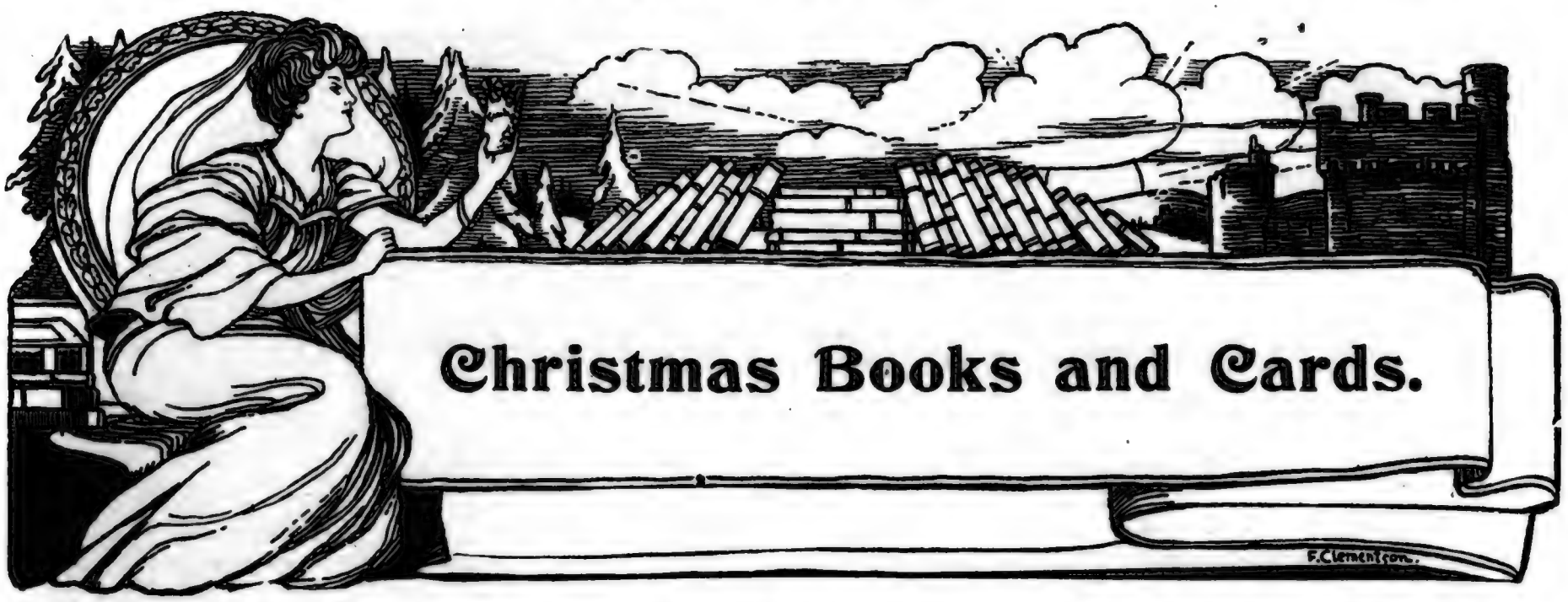
Nos. 7969 AND 7970.—TWO SMART BLOUSES.

For Descriptions see Pages 29 to 31.

Price of Coat Patterns, each 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

MILAN SOUFFLE.—4 lemons, 6 eggs, half a pint of whipped cream, 2oz of sugar, 1oz of isinglass. Take 4 lemons, rub the peel on the sugar, put to it the yolks of 6 eggs made into a custard, and the juice of the lemons. Let it stand till cold, then add nearly half a pint of whipped cream and 1oz of isinglass. The whites of the eggs to be well whipped to a strong froth, and put round it with the whipped cream when cold.

AN ECONOMICAL LEMON CURD.—Now that lemons, eggs, and butter are fairly low in price, perhaps some would like to make Lemon Curd. This recipe makes at a cost of 1s. 3½d., fully 3lb 6oz of butter at 1s., 4½d.; 4 penny eggs, 4d.; 1½lb lump sugar, 4d.; 5 lemons, 3d.—1s. 3½d. First wash lemons in cold water, dry, then grate rind, squeeze lemon juice, strain and add grated rind. Use a double saucepan, put butter in, then sugar, and juice and rind of lemons. Beat up 4 yolks of eggs, add 2 whites and mix with other ingredients in saucepan. Let it cook slowly, stirring now and then. When as thick as honey it is ready to pour into jars. Time about 15 to 20 minutes.



FROM MESSRS. RAPHAEL TUCK AND CO.

MESSRS. Raphael Tuck and Sons have surpassed themselves this year in the beauty and variety of their cards. The series of "Royal" Christmas Cards show great versatility and artistic value. These notable cards were originally each in turn produced for a crowned head or the heir to a throne. That prepared for the German Kaiser has a wrapper representing soft brown leather lettered in gold. The illustration within, beautifully printed in colours, shows Sir Francis Drake's loyal toast aboard his ship, the "Royal Hind." King Edward's is a magnificent reproduction of a picture showing King Edward III. finding the garter, and the card for the Prince of Wales shows the inauguration of the Black Prince with the insignia of the Most Noble Order of the Garter. The list includes cards which were originally specially prepared for our Queen, the late Queen Victoria, the Empress of Germany, and the Queen of Spain and Norway. Queen Victoria's card shows the cradled Prince of Peace.

An original series of cards show windows of gelatine—a wonderfully good representation of a stained glass window backed with a silver card, and a grandfather's clock with glazed face. These are new and very pretty. Many people, for small presents, will like the beautiful floral panels — raised flowers of life size of painted velvet. Many of the cards are musical, printed with favourite songs and hymns — words and music both. The raised "metal" cards are most handsome, and there is a variety of beautiful views, figures, heads, animals, &c., printed in delicate colours or black-and-white. The 18th century figures and heads are very quaint and dainty, and the floral cards are beautiful alike in design and colouring. The "Private Greeting" cards will appeal to a number of people. Chaste and elegant of design, with envelopes of correct size, these varied cards have no verse, but merely a well-worded greeting with spaces for names and addresses.

Messrs. Raphael Tuck's Calendars are simply delightful this year, ranging in price from fourpence to half a guinea or so. All are artistic, in the best taste. Among the handsome calendars I quote the beautiful "Golden Words," "Four-in-Hand," the "Shakespeare Calendar," &c., &c. A novelty in the smaller calendars is the "Slip-in"—the card illustration has a little receptacle holding the cards of the months, which can be slipped in and out as required. There are many of these, as well as of the "Tear-off" Calendars. Of the "Block" Calendars there is a wide range. I may remind my readers that the more expensive of these lovely art calendars make capital Christmas gifts. They will be found at every Christmas bazaar, at stationers', &c.

Messrs. Raphael Tuck's Christmas Toy Books are marvels of achievement. The only wonder is how these books of coloured and black and white illustrations can be sold at the price—one shilling can purchase a very handsome one. With unerring regularity appears "Father Tuck's Annual," that beautiful gift book, crammed with stories and rhymes, with coloured or black-and-white illustrations. Father Tuck's Painting Books—the case bearing a palette with sufficient colours to paint the outline pictures like the coloured models—are a joy to children of all ages.

Messrs. Tuck's Picture Postcards include a very good collection of photographs from Mr. Hall Caine's famous play of "Pete," types of beauty (English and American), and several wonderful "Oilette" series, showing beautiful views, famous towns and buildings, sea pieces, &c.

FROM MESSRS. C. W. FAULKNER.

The Christmas Cards of Messrs. C. W. Faulkner are of a very high order. This firm is famous for their black-and-white and tinted cards, which are exquisite reproductions of the beauty spots of the world, lovely female heads, &c., &c. Of their art Calendars this year, the larger ones mostly in four leaves, "Iris" is a lovely one, showing a series of beautiful heads. "Wood Nymphs" is also charming. "Royal Sports" is an attractive calendar, showing the King shooting, &c.—the episodes being very well done and reproduced. The "Watteau" Tear-off Calendar is most dainty in design and colouring.

Messrs. C. W. Faulkner have devoted a great deal of attention to their "private greeting" cards, which are highly original and in the best taste. One set—with envelopes to match—shows a folded piece of rough art note-paper, the face stamped with wreaths of ivy, and containing a suitable greeting with space for name and address. Some of these private greeting cards show beautiful black-and-white reproductions of views, &c., some are illuminated, some show first-rate specimens of colour printing and photogravure. People are daily showing more and more favour to the "Private Greeting" cards which have no verses (these cannot suit all recipients) and need less choosing. Messrs. Faulkner's "Engagement" Calendars will appeal largely to our readers. What study or boudoir should be without one?

FOR THE HAIR.

Capsuloids are unquestionably a reliable and up-to-date remedy for premature greyness and falling out of the hair. Capsuloids go to the root of the complaint, in effectually destroying the actual germs that select the scalp as a feeding-ground and place for propagating their species. Capsuloids, which are taken internally (and are not an outward preparation), soon cause the germs to decrease and finally die off altogether, so that the cells forming the roots of the hair once more become healthy and firm. Capsuloids form a splendid tonic, and are extremely beneficial to the system. They cost 2s. 3d. a box, and can be had from all chemists.

A valuable booklet on the hair will be sent post free to any reader mentioning Myra's Journal by the Capsuloid Co., Ltd., 47, Holborn Viaduct, London, E.C.

NEW WINTER MILLINERY.

SHOWING TWO OF THE NEW FELT HATS AND THE NEW MATINÉE TOQUE OF CLOTH AND FUR.

Personal Appearance.

HOW TO MAKE IT MORE ATTRACTIVE.

By Mistress Anne Page.

THE CURE OF INDIGESTION.

THE results of the ailment we simply call indigestion are often so disastrous to the personal appearance, that it is wise to do all we can in the way of prevention now, rather than wait for the red nose, the flushing face, the sensations of sinking and giddiness, and the many other symptoms of this most distressing complaint, from which so many women workers suffer, before we begin to take any trouble in the matter.

The chief means of prevention lie in paying the greatest attention to the general health. It is a wise thing, both in preventing and in curing indigestion, to take, the first thing every morning during the fall of the year, two teaspoonfuls of May-appleine (a preparation from the salts of various fruits known to be beneficial to all the organs of digestion, scientifically made by Mr. M. F. Thompson, Homœopathic Chemist, 17, Gordon Street, Glasgow, and sent by him for 1s. 9d., 2s. 3d., and 3s. a bottle post free) in half a tumbler of water. This "Nature-cure," as it is often called, keeps the blood pure and the liver in active condition; it prevents constipation and disorders of the stomach that lead to indigestion.

Physical culture exercises done daily, preferably before the bath in the morning, are recommended by medical men for the prevention as well as the cure of indigestion, and the first of these that should be done, the blood-oxidiser, was fully described in the October number of Myra's Journal. After this has been practised for two or three minutes, the body should be bent forwards, backwards, and to left and right, sideways, ten to twenty times each way. Next the legs should be extended, one after the other, in front, and bent to a right-angle at the knee, six times each. Next, the student of good health should lie flat on her back on the bath-mat, clasp her fingers at the back of her neck, and then try to sit up while keeping the hands firmly locked, and the heels well down on the mat. This is to be repeated from six to twelve times.

It is also found a good thing, especially in the curative treatment, to massage the abdomen before getting out of bed in the mornings, or to do this in the bath, which is even better, because the hands then can be well lathered with a creamy soap. The sufferer should lie as flat on her back as possible, place her thumbs under her ribs sideways, and with the extended fingers tap, stroke, and knead the abdominal walls, and then, removing the thumbs from the first position, press both open hands at once hard on the abdomen and lift them up rapidly several times.

There is no more common ailment from which those who are getting towards middle-age suffer than this of indigestion, and some doctors have gone so far as to say that nearly every other complaint is due to it. It is frequently difficult to cure.

(To be continued.)

No. 7971.—A Directoire Dance Frock.

For Description see Pages 29 to 34.

Price of Paper Pattern, 1s. 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 7972 No. 7973

BEAUTIFUL DIRECTOIRE TEA GOWNS.

For Descriptions see Pages 29 to 34.

Price of Paper Patterns, each 2s. 0½d.. *post free, from* MADAME MYRA. 10 *and* 11, *Fetter Lane, E.C.*

No. 7974 No. 7975 No. 7976

THREE ELEGANT DIRECTOIRE TAILOR GOWNS.

For Descriptions see Pages 29 to 34.

Price of Paper Patterns, Coats, each 9½d.; Skirts, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 7977 No. 7978 No. 7979

No. 7980

CHARMING BLOUSES FOR THE CHRISTMAS VISITING OUTFIT.

For Description see Pages 29 to 34.

Price of Paper Patterns, each 6½d.; Full-size Transfers for the two Sprays of Ribbon Embroidery (No. 797?), price 3½d., post free of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

No. 7981 No. 7982 No 7983

DIRECTOIRE EVENING GOWNS AND SMART EVENING WRAP, D

For Descrip

Price of Paper Patterns, Gowns, each 1*s.* 6½*d.*; *Skirts or Wrap, each*

No. 7984 No. 7985 No. 7986

DIRECTOIRE DANCE FROCKS FOR GIRLS AND YOUNG MARRIED LADIES.

criptions see pages 29 to 34.

ch 1s. 0½d.; Blouses, each 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

DESCRIPTIONS OF THE FREE PATTERNS.

[Note.—Our Free Patterns, presented with each number, are always cut *stock size* for ladies: Skirts, 40in., front length (except for trottoir, when length is only 38in.); waist measurement (skirts, coats, blouses, &c.), 24in. Children's patterns are cut the recognised stock size for the ages quoted in the description. *No* turnings are given.]

THE LATEST DIRECTOIRE SKIRT.

THIS lovely model has the correct short waist and the central front seam. As cut, it is just on the ground, a little longer at the back, but it is easily shortened into walking length (for morning wear out of doors), and equally easily lengthened to a train—as illustrated with our beautiful Directoire coat pattern. The length we give is also very effective with Directoire coats.

The skirt looks lovely (as illustrated) in Lewis's "Wonderful" Velveteen. I suggest one of the new purple tints, of which there is such a beautiful selection in "Wonderful" Velveteen this season: lovely shades, which suit all complexions.

The pattern of the skirt is in three pieces—one back, one side, one front. The breadths are beautifully shaped, to mould the figure almost to the knees, without being too tight. The diagram shows the pattern pieces laid on 9 yards 24-inch material, which is single, as it is unwise to cut velvets and velveteens in the double. See that the pile feels rough if smoothed *downwards*. The fabric is opened out; the duplicate back, side and front are marked out on the single material. Each back and side being too wide for the material, added corners have to be seamed on up the selvedges at a b, c d. In seaming these corners, see that the pile is not *reversed*, or the effect is disastrous (the diagram should be carefully studied).

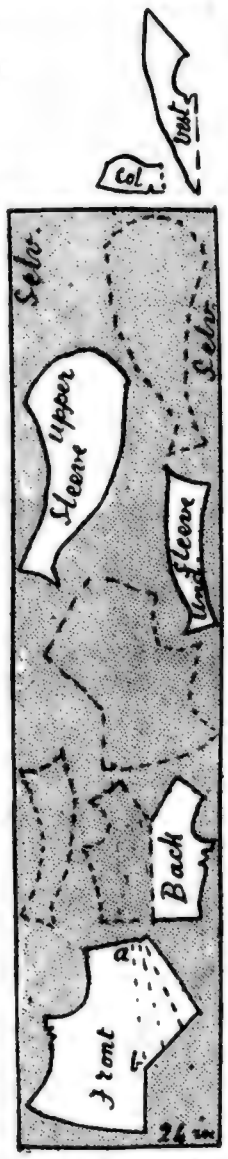


Diagram of Free Blouse Pattern.

Tack the gores together according to the notches, leaving the opening in the back seam. The skirt "sets" better if lined to below the corselet part. The turnings of the opening should be carefully felled down (take care not to pass the stitches through to the pile) and closed as far as the lining with Newey's Imperial Spring Hooks and "Neweye" bars, below with a few patent hooks and worked loops over a fly lap seamed to the left opening. The top is finished with a piping of the velveteen. The fit should be very smooth, but not tight enough to wrinkle.

Turn up the lower edge over a shaped band of soft muslin, and fell the hem invisibly (the French hem) at the back. Cover the hem with a pleating of silk matching the velveteen. Wear over a very neat fitting soft silk foundation skirt or the Directoire underdress, No. 7988.

If ladies require a skirt of the ordinary type, they can cut away the Directoire corselet part to the dotted waist line.

In fitting, take care that the corselet part is not pinched down to the real waist line, as that would destroy the novelty.

A feature of this lovely skirt is the beautiful folds from the knee, which should hang soft and clinging to the figure.

For patterns of the "Wonderful" Velveteen (2s. the yard), send to Lewis's, Market St., Manchester.

SMART VELVETEEN BLOUSE.

This has been modelled to go with our Free Pattern skirt. It reaches the waist. If ladies wish to wear this beautiful blouse with an ordinary skirt, a shaped basque of lining could be added. Thick figures might find it advisable to cut away the velveteen of the blouse beneath the corselet part of the skirt, felling a band of sarsenet (to match the velveteen) over the raw edge of the material to the lining. It is advisable to line the blouse with batiste or thin lining silk.

The pattern is in six pieces: four for velveteen (one front, half the back, the upper and under of one sleeve), two for lace or tucked silk muslin (half the one-piece vest, half the new collar). The beautiful coquillé revers—a feature of the blouse—is cut with the front pattern. Ladies can cut this revers in two ways; either cut it with the front and face it with silk, or cut it apart (from the line a b, see diagram), and show the velveteen upmost, lining it with silk. Either way is very pretty. It could also be cut with the blouse and faced with velveteen.

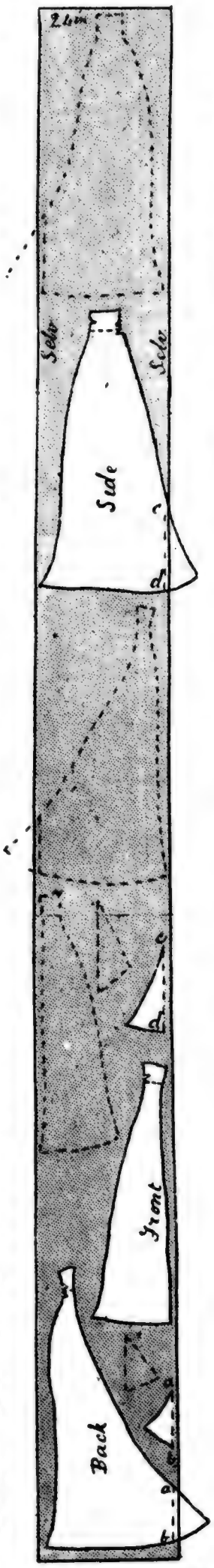


Diagram of Free Skirt Pattern.

The diagram shows the four pieces of the pattern laid on 3½ yards 24-inch Wonderful Velveteen, which is opened out, the missing half of back, the duplicate front and sleeve marked out on the material. Dotted lines show how the coquillé pleats come—they are very easy to arrange.

Tack together fronts and back, according to the notches, and try on. Stitch the seams and line. The fronts should be strengthened with an interlining of linenette to hold the buttonholes and smart buttons. Metal buttons could be used, or a silk passementerie kind, matching the velveteen. Enamelled buttons look well. Smaller buttons to match should be got for the sleeves.

The facing of the revers must be neatly slipstitched. The coquillé should fall naturally when the minute pleats at the neck are arranged. Edge the open neck with a collar of passementerie tipped with fringe, felling the velveteen smoothly over the lining.

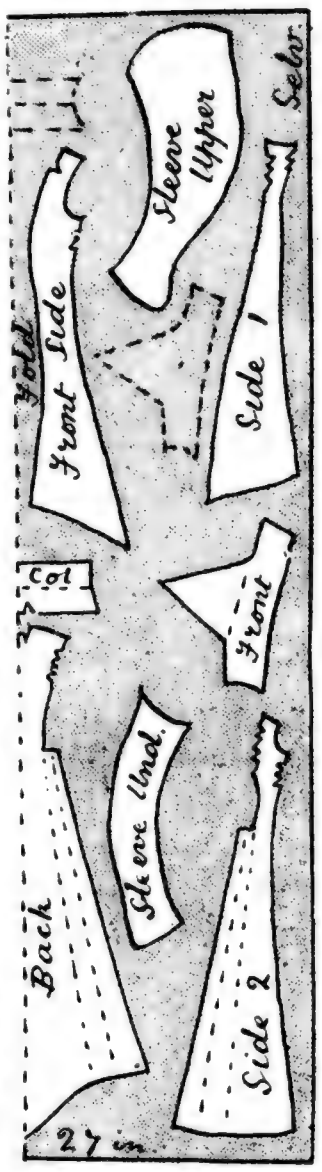


Diagram of Free Coat Pattern.

The slim fitted sleeve should be seamed up (both seams) after trying on and taking in if required. The wrist part, which should be faced with velveteen or silk (like the coquillé facing) over an interlining of muslin, is wide enough to slip over the wrist. But two little loops of fine cord are sewn on beneath buttons to loop over two more buttons, and thus tighten the wrist when the sleeve is in place. A frill of the vest material edges the "bell" of the sleeve, and can run up a little of the outer seam.

The vest should be white or cream lace, or of tucked white or cream silk muslin, or

soft satin. The material should be tucked to the flat pattern. Vest and collar close with hooks and worked loops at back. The collar is the new high one, raised at the ears, where it is firmly supported with fine cased whalebone. A little frill, like that on the sleeve, should edge the top of the collar, forming a frame for the face. A daintly little velvet or satin ribbon tie should be worn. The vest—in one piece—looks well made up to flat pattern (cut complete pattern in stiff paper) with rows of tucked muslin and lace insertion.

This blouse looks lovely for theatre wear in lace, the revers, sleeves, and neck edged with lace insertion, the sleeve tucked or rucked to flat pattern.

THE NEW DIRECTOIRE COAT.

This is the coat of the moment. It is a beautifully modelled example of the prevalent style, and the flow from the high waist at the back is particularly good. The inverted box-pleats at the back are most smart. In one of the new cloths it looks very elegant with our Directoire skirt pattern—just as it is or lengthened at the back. It has the fashionable Buonaparte collar, the revers of which is cut with the collar.

The pattern is in eight pieces: half the back, two sides, side of front, one short front (cut with revers), the upper and under of one flat coat sleeve, half the Buonaparte collar. The inverted pleat—formed partly by the back, partly by side No. 2 over the quadruple notch seam—is shown by the dotted lines. Cut very neat turnings at the quadruple and single notch seams as these are lapped.

The diagram shows the pattern pieces laid on 3½ yards 52-inch cloth, which is folded in half (selvedges meeting), back

Nos. 1 and 2.—LATEST DIRECTOIRE SKIRT AND SMART BLOUSE IN VELVETEEN.
(This skirt looks excellent quite short.)

No. 4.—THE SCHOOL INVERNESS.

No. 3.—NEW DIRECTOIRE COAT (SHOWING THE SKIRT LENGTHENED).

Our Four Free Patterns.

(For Descriptions see Pages 26 to 28.)

centres of back and collar laid along the fold so that each is cut in one piece, the other portions being cut in duplicate. Facings for front and collar are marked out on the material.

Tack together back and sides No. 2 (lapped seam to waist). Form the two inverted box-pleats over the ordinary seam in skirt part. Tack at triple notches sides No. 1 to sides No. 2. Tack the fronts to sides of front at single notch seam (lapped). Tack the double notch seams. Try on. In

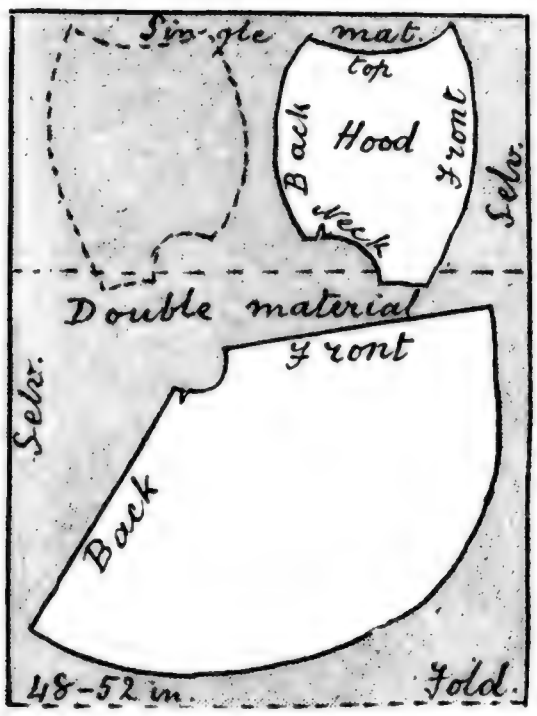


DIAGRAM OF INVERNESS PATTERN.

fitting, take care not to pinch down waist too low—the skirts should flow away from the figure to a slight degree.

Braid the facings of fronts (revers part) and collar. Interline collar and fronts with thin canvas, and seam on the facings (very small neat seams) on the wrong side. Reverse the facings into place, and stitch down the seamed edge. Press this, the lapped seams, and the back pleats very carefully, with a hot iron and a damped (white) wool cloth. Stitch down the edge all round. Line with satin, cut on coat pattern, but seamed apart, the edges slipstitched to stitched edges and front facings. Seam collar to the neck. Fell facing over the seam. Press down collar revers carefully. Collar closes with two hooks and eyes, the tails inserted between collar and facing. The coat closes with buttonholes and handsome braid buttons. A design in braid hides the commencement of the back pleats.

The sleeve should be pinned up and tried on. It fits neatly into the shoulder and tapers out very smartly at the wrist, where it is open, decorated with braid loops and smaller buttons, to show a muslin or lace sleeve frill. A jabot of the same material should decorate the fronts, arranged on a folded cravat. The sleeve is lined like the coat, the lining slipstitched over the turned wrist. The sleeve is pinned in place on the wearer. The seam is stitched, the armhole lining being felled over the seam.

THE SCHOOL INVERNESS.

This is a pattern to be noted. French schoolboys have always worn it—the protective, not too flowing long cape, with its hood big enough to draw over the school cap; and, at last, French school girls have taken to it. This is less important, however, to English mothers than the action of our big public schools for high-class girls (like

BACK VIEW OF FREE COAT PATTERN.

Wycombe Abbey) where the school inverness is insisted on. The cape covers the girl's dress, and the hood is drawn over her school hat or cap. Girls who wear this "public school" inverness carry no umbrella. It is a most protective, sensible garment, and will shortly be used by every High School girl.

Our pattern is cut for a girl of seven or eight, but as the hood does not differ much for bigger girls, the cape can easily be lengthened and the neck widened a little. The inverness should be of protective Irish or Scotch frieze, tweed, or reversible cloth. It is not lined, the fronts and hood front being faced with strips of the material. The lower edge simply has a stitched hem. The cloak closes with a hook and eye at neck, and with buttons and buttonholes.

The hood is so shaped that it can be drawn only partly over the hat, or can be pulled forward right over the front brim.

The pattern is in two pieces—half the cape, half the hood. The diagram shows the pattern pieces laid on 2½ yards 48-52-inch cloth, which is opened out and is double beneath the cape pattern, so that it is cut in duplicate. The second half of the hood is marked out on the single material.

The hood looks best with a lapped seam at back and top of head. It will be noticed that the revers of the hood forms a sort of collar at front of neck. This revers at the peaked top can be turned back or pulled over the hat. The neck of hood joins neck of cape at the single notch. Slits, protected with stitched straps, are cut for the arms to emerge if necessary.

For the frieze or tweed send to Robinson and Cleaver, 40R, Donegall Place, Belfast.

PRACTICAL DRESSMAKING FOR HOME WORKERS.

AN EMBROIDERED EVENING CHEMISE

The embroidery on the yoke of this smart model is dealt with by Mrs. Hamer-Jackson on page 12. It is a very new style to wear with Directoire dresses, and it shows the new idea of decorating the back as well as the front. Nainsook is the material used—or good quality silk, 42 inches wide.

Wide washing silk is an excellent material, especially if embroidered in the beautiful (P.L.) Balkana Embroidery Yarn.

There is no opening, the yoke, so as not to spoil it, being seamed at back and slipped over the head.

The pattern is in three pieces: half the front, half the back, half the yoke. The diagram shows the pattern pieces laid on 3¼ yards of 42-inch material, which is folded over (selvedges meeting), front centres of yoke and front and back centre of back patterns laid along fold—so that each is cut in one entire piece. The chemise

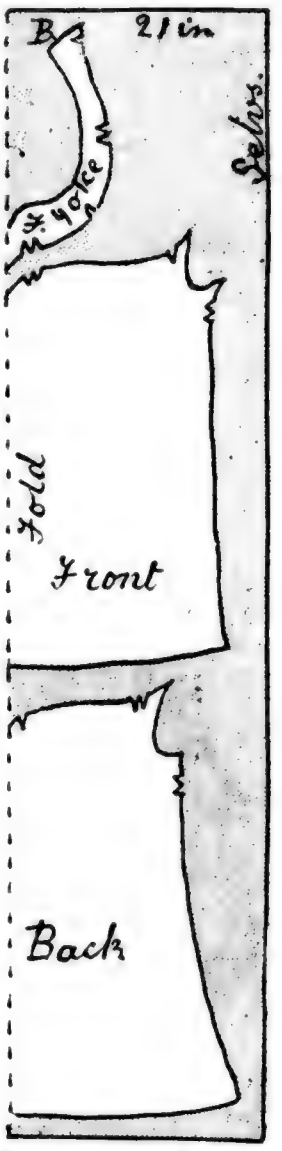


DIAGRAM OF CHEMISE PATTERN.

"The dress you have suggested is just exactly what I wanted."—L. O'S.

No. 7987.—DIRECTOIRE COAT OF SEAL, PLUSH, OR VELOURS DU NORD.
For Deecription see pages 29 to 34.
Price of Paper Patterns, Coat, 1s. 0½d.; Skirt, 6½d., post free, of MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

reaches the knee, and can be hem-stitched, or can be lengthened with a lace-trimmed flounce. For the hem-stitching, make the holes with a large needle.

The yoke is not lined. The back seam is sewn, and the back and front embroidered. Valenciennes lace edges the top and lower edges, whipped to the yoke. Slots are cut on the upper edge and worked, to be drawn up with satin ribbon. The back and front of chemise are seamed together (run-and-fell seams), the top is whipped and gathered into the yoke, the valenciennes lace covering the junction. If preferred the yoke can be lined, the lining being finely felled over the gathers. The armholes are finished like yoke top with valenciennes. The embroidery between the slots can be omitted—it is not given in the transfer.

Descriptions of the Illustrations.

A Mediæval Fancy Dress.

No. 7951, **Page 3.** With a little trouble this lovely gown can be adapted from one of the new sheath Princess gowns, which have served for bridal or evening dresses. The "sheath" princess gown of pale green satin is raised in front on a mediæval girdle of embroidery or brocade to show a petticoat of green and pink brocade. The gown is edged with pink velvet at foot and neck. The sleeve is open over a tight under sleeve of brocade. If this is to be made for ordinary wear, the long "dagged" end of the over sleeve should be added for the fancy purpose. If cut expressly for a fancy dress, the "dags" are cut in one with the sleeve. Line green sleeve with pink. White veil. 44-inch satin, 9 yards; 22-inch brocade, 6 yards. (Top of petticoat could be of lining silk.)

Pretty Caracul Coat.

No. 7951a, **Page 5.** Excellent model also for velvet or seal plush. Two fronts, four sides, a back, a flat two-piece coat sleeve. Reefer collar, faced like revers with velvet. Edge of collar and sleeve is braided. 42-inch Velours du Nord, 3 yards. Face fronts with the material. Line with satin, cut on coat pattern but seamed apart, the edges slipstitched to coat edges (turned over a band of lino) and front facings. Close with metal buttons and braid loops.

A Directoire Coat and Sheath Skirt.

No. 7952, **Page 8.** Seven-gore Directoire sheath skirt, rather high waisted, especially at back. The rather broad tablier laps on the left fastened with big buttons. Smart double-breasted Directoire coat, the short double-breasted fronts added. Collar is cut in one with coat, and is finished with an inside tucked band of lace, with lace frill and jabot. Back forms two fairly long tails, headed with two of the large buttons. Face short fronts with the cloth. Two-piece sleeve with cloth cuff. Line coat with satin, cut on coat pattern, but seamed apart. 52-inch cloth, 9 yards.

The Directoire Pelisse.

No. 7953, **Page 9.** Beautiful model. Seven-gore Directoire skirt of drap souple, high-waisted, hemmed invisibly, worn over a very soft foundation. Pelisse has a kimona back and two crossed fronts, cut in one with the long sleeve. Basque, open on the left and drawn up to form coquillés, is added under the broad belt. The back of basque forms a long handkerchief point. Looks lovely in Empire green, edged with sable or beaver. Line with satin. Double pélérine, edged with fur. Belt and sleeves are edged with fur. Large metal clasp to belt. A large sable boa covers the open neck which shows, very smartly, the top of a rich blouse. 52-inch drap souple, 10 yards.

A Fur-Lined Tailor Motor Coat.

No. 7954, **Page 10.** Elegant model—a back, four sides, two double-breasted fronts. Fronts are shaped by a smart lapped seam from shoulder to pocket. Back seams are also lapped. Reefer collar and revers are faced with cloth.

No. 7988 No. 7989 No. 7990

No. 7991 No. 7992

DIRECTOIRE UNDERWEAR, A LOUNGE GOWN, AND LACE BRIDGE COAT.

For Descriptions see Pages 29 to 31.

Price of Paper Patterns Gown, 2s. 0½d.; Directoire Under-dress, 1s. 0½d.; the other Mode's, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

BE YOUR OWN BEAUTY SPECIALIST

ONCE you know how, you will find this occupation both delightful and useful. London fairly teems with "Beauty Doctors," whose qualifications are frequently less availing than your own will be after you have read "Beauty in the Making." This is the title of a book, rich in the interesting secrets of the great cult. It is a queen's treasure of invaluable hints and precious suggestions. It contains the ripe fruit of the life-work of that attention-compelling Viennese Complexion Specialiste, Madame Helena Rubinstein. Translated from the Russian, and adapted for circulation in England, "Beauty in the Making" establishes the right and title of the authoress to being known as an authority in her profession. While pointing the royal road to Beauty—beauty unfailing and irresistible, because entirely natural—this book tells the story also of that wonder-worker Valaze. Valaze is a beautifier of the complexion—its restorer and preserver and its keeper. It is a skin food which revitalises the tissues and gives a smooth, flawless skin. Its use insures against wrinkles, skin blemishes, and ruin of complexion by sun, winds or cold. It keeps the skin beautiful, perfect, enviable.

Unaided by massage or rubbing, and only by mere contact with the skin, Valaze sinks down, down into the deeper layers of the skin, and stimulates, exhilarates, feeds, and miraculously beautifies it. The miracle is Valaze. Hailing from the weird fastnesses of the Carpathian Mountains, where grows the snow-white flower which is the basis of Valaze, the skin-beautifying qualities of this speciality are equalled by nothing else known in the domain of Complexion Correctives. In the matter of removing freckles, tan, and sunburn, Valaze, by universal agreement, deserves to be termed a specific The inventor of Valaze is the Russian Specialist, Dr. Lykuski, and Madame Rubinstein has sole control of this indispensable Skin Food and Beautifier.

Valaze is supplied in strong porcelain jars, at 4s. 6d., 8s. 6d., and 21s. a jar, and all orders, inquiries, and applications for appointments should be addressed to Dept. M.J., Maison de Beauté Valaze, 24, Grafton-street, London, W. That is the address of Madame Rubinstein's central establishment, where she practises her famous complexion treatments, which include the permanent removal of the deepest lines and wrinkles by her exclusive method of "Valaze Impregnation," the overcoming of undue redness of nose (for which she employs three distinct methods), of double chin, and enlarged pores. Her system comprises the most perfect methods for the cultivation, preservation and restoration of facial beauty in accordance with the teaching and practice of foremost Viennese, Russian and other Continental authorities.

The following are the prices of some other specialities supplied by Mlle. Rubinstein: Novena Poudre, a "fat" powder for dry and normal skins. This powder is the only preparation of its kind known, which is a skin-food as well, 3s.; Valaze Herbal Powder, for greasy skins, 3s.; Valaze Complexion Soap, made of rare herbs and almonds, pure, wholesome, economical, lasts for several months, 2s. 6d. and 4s. 6d. a cake. Dr. Lykuski's Valaze Blackhead and Open Pore Cure banishes every trace of these disfigurements, closes unduly open pores, and refines the skin's texture, 3s. 6d. a jar. Valaze Liquidine dispels undue redness of nose and face, and prevents blackheads and pimples by acting directly on the pores and freeing them of waste matter, grease, and dirt, which clog them, so that the breathing of the skin remains unimpeded and circulation is improved. Valaze Liquidine prevents also the skin being shiny and over-moist, 10s. 6d. a bottle. Valaze Lip Lustre, for dull, blanched lips. Biting and wetting will not displace the colouring it imparts, 3s. 6d. and 2s. Valaze Snow Lotion (a Viennese Liquid Powder) is a preparation of rare distinction, which refreshes, cools, and whitens the skin, 10s. 6d., 7s. and 4s. a bottle. Novena Sunproof Creme has proved itself indispensable as a preparation which prevents—as Valaze removes—all sun discoloration of the skin, as freckles, tan, and sunburn, by its peculiar "sun-expelling" properties, 6s. and 3s. a jar. Novena Cerate is a most effective and natural skin cleanser. Continued use of Novena Cerate in the nursery will ensure perfect skin health during childhood, 4s. 6d., 2s. 6d., and 1s. 3d. a jar. Valaze Water Softening Pastilles improve hard water to such an extent that it becomes superior to rain water. They soften the water and increase its cleansing power. Price, 5s.; sample tube, 1s. A copy of "Beauty in the Making" will be sent free on application, mentioning "Myra's Journal."

Flat two-piece sleeve, closing with buttons and buttonholes. Sleeve is lined with domet and striped silk. Coat is lined with squirrel lock. Collar has added facing of fur. Pearl buttons. Smart pocket flaps. 52-inch cloth, 6 yards.

Directoire Visiting Gown of Velvet and Brocade.

No. 7955, **Page 11.** Beautiful model. Nine-gore corselet skirt of velvet draped on a high-waisted corselet lining closing at back. Hem invisibly from the back and decorate with a band of the brocade. Kimona blouse of the brocade, front and backs cut with the long sleeve. Sleeve is buttoned to elbow, decorated with a chiffon frill. Directoire sash and shoulder draperies of the plain silk, decorated with fringe and passementerie; Lace panel, back and front, filled in with pleated silk. Lace collar, with chiffon frill. 20-inch velvet, 12 yards; 22-inch brocade, 5 yards.

Pierrette's Dress.

No. 7957, **Page 13.** Full, very short skirt and crossed blouse of white satin. Full petticoats (two) of chiffon or muslin. Tufts of black chenille. One black and one white glove. White satin pierrette hat. For a girl of eight, 44-inch Oriental satin, 3 yards.

Chinaman's Dress.

No. 7958, **Page 13.** Cut for a boy of nine. Petticoat of blue linen. Kimona of yellow linen, faced with black. Felt slippers (red). Hat of card—a circle with a wedge cut out from brim to crown point, where the card is lapped. Cover with the yellow linen. Pig-tail is of plaited black knitting wool, attached to hat. 29-inch linen, blue, 2 yards; yellow, 3 yards.

Lady of Quality (Charles II.).

No. 7959, **Page 13.** White satin petticoat front, embroidered down seam. Flowing skirt of pale blue satin, trimmed with Irish crochet. Charles II. coat of the blue satin, with folded white satin belt and large collar edged lace. Puffed blue sleeve slashed with white satin. For a girl of twelve, 44-inch blue satin, 4½ yards; white, 1½ yards.

Red Indian Chief.

No. 7960, **Page 13.** If there is an old deer or sheep mat, use these for the trousers, and leave a long fringe of wool up the sides. If not, cut in brown canvas and put white muslin frills. Tunic of the deerskin or of a coloured blanket. A striped small blanket s hung round the body. Bow and arrow; tomahawk and knife in belt. Pattern is cut for a boy of seven.

Summer.

No. 7961, **Page 13.** A child's white or party frock could be used as the basis of this dress. If made purposely, use accordion pleated corn-coloured silk, the neck edged with wheat-ears. Bodice is tied with red, white, and blue ribbons. Posies of poppies, cornflowers, and daisies. Pattern is cut for a girl of eight (cut pleated material on flat pattern).

Robin Hood

No. 7982, **Page 13.** Pattern is cut for boy of twelve. Tunic of Lincoln green "Wonderful" velveteen. Cap of velveteen. Red stockings. Velveteen shoes lined red. Sleeves of velveteen and red silk. White shirt. 24-in velveteen, 4 yards. For the velveteen, send to Lewis's, Market Street, Manchester (2s. the yard).

Italian Peasant.

No. 7963, **Page 13.** Pattern is cut for a girl of ten. Blue stuff skirt trimmed black velveteen. White muslin apron and blouse. Bodice of velveteen, laced in front with ribbon velvet. Cap of the muslin. 48-inch cashmere, &c., 1½ yards. 24-inch velveteen, 2 yards.

(For Nos. 7964 to 7968, see pages 14 and 16.)

No. 7993 No. 7994

No. 7995

PRETTY BLOUSES FOR YOUNG GIRLS.

For description see pages 29 to 34.

Price of Paper Patterns, each 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

Blouse of Striped Silk and Silk Muslin.

No. 7969. **Page 17.** A back, a double right front and a narrow left front of the muslin, which is pleated before cutting. Lace collar and jabot, the collar, draped to flat pattern on bones, hooks at back. Ruffled unlined muslin sleeve. Over this is a kimona of the striped silk, sleeves cut with back and crossed fronts. Decorate kimona with velvet baby ribbon. Velvet belt supported on bones. Muslin frill to sleeves and collar. 45-inch muslin, 2 yards; 22-inch silk 2¾ yards.

Lovely Lace Blouse.

No. 7970, **Page 17.** Low-necked lace blouse, has the front and two backs cut with kimona sleeve. Lace is scalloped, edged with velvet ribbon. Sleeve has a panel of tucked silk inserted. Plastron is of the tucked silk (tucked to flat pattern), made up with crossed bands. Yoke of the silk with lace frills. Tight, unlined, long undersleeve of the lace. Collar of silk, tucked to flat pattern, headed with a frill. 22-inch silk, 1½ yards; 27-inch piece lace, 4 yards.

A Directoire Dance Frock.

No. 7971, **Page 20.** In pink Charmeuse or Oriental satin. Cut a high-waisted nine-piece princess lining from neck to hip, in silk, to close at back. Veil front and back with lace panels. On this foundation is draped the skirt, cut in seven gores. The bodice has crossed backs and fronts, hemmed with pink velvet ribbon. Bodice closes in front, and is finished with a girdle of twisted ribbon Graceful, pointed sleeve, tipped like girdle, with tassels. Fit and stitch the lining with care. Hem the skirt, the hem interlined with soft muslin, to prevent any tendency to "roll up," covered narrow satin frill. Wear over a Directoire underdress. 44-inch satin, 9 yards. This lovely gown looks equally well cut short, dancing length, like Nos. 7984 and 7985.

Tea Gown of Satin and Spotted Net.

No. 7972, **Page 21.** Lovely model. Seven-gore sheath skirt of the satin, veiled with a draped tunic of net, weighted by being hemmed with velvet. The right corner is embroidered. Cut a blouse lining in satin. Veil back and front panel with tucked satin (tucked to flat pattern). Unlined sleeves of the tucked satin (tucked to flat pattern). On this foundation is draped the three-piece kimona of the net, cut with sleeve. The folds are held with straps of velvet. Embroider the neck. Embroidery and velvet belt. Edge sleeves and belt with chenille fringe. 44-inch satin, 8 yards; 45-inch net, 5 yards.

Tea Gown of Louis Velveteen and Lace.

No. 7973, **Page 21.** Nine-gore corselet skirt of Louis velveteen, draped on a high-waist corselet of lining. Hem the lower edge invisibly from the back over a band of soft muslin. Lovely low-necked blouse of the lace—a front and two backs, with berthe of thick lace. Wear over a Directoire under-dress (type of No. 7988). Make of soft, white silk. Blouse closes at back with small buttons. Little sleeve of the lace, with revers of coarse lace. Rich stole, pointed at back, with long front ends, of the velveteen, lined with white silk, and covered almost to edge with a stole of the coarse lace. Turn the velveteen edge smoothly over lino before lining. Rich chenille ornaments to match velveteen at ends of stole and to fasten fronts. 24-inch Louis Velveteen, 14 yards.

Directoire Coat and Skirt of Cloth.

No. 7974, **Page 22.** Sheath, high-waisted skirt in seven gores. Long double-breasted coat, the sides cut up and decorated with buttons. Braided military collar. The added fronts close over, double-breasted, with big buttons and buttonholes. Sash of velvet passing under the fronts. Line with satin, cut on coat collar, but seamed apart. Fronts are faced with the cloth. 52-inch cloth, 9 yards.

SMALL and SAFE INVESTMENTS

IN CONTINENTAL SECURITIES.

SEND FOR PARTICULARS (1d. Postcard).

CUNLIFFE, RUSSELL & Co.,

10 and 12, Place de la Bourse, PARIS.

"I have taught myself dressmaking from your very valuable paper."—A. R. W.

Directoire Tailor Gown, Trimmed with Velvet.

No. 7975, The sheath skirt (No. 7974) is **Page 22.** finished with a very smart coat. It has the fronts (cut with velvet-faced revers above and below waist) open, filled in with a short broché waistcoat, with revers collar. The coat collar is cut with the coat pieces. Large handsome buttons. 52-inch cloth, 9 yards.

Bonaparte Costume with Velvet Coat.

No. 7976, The sheath skirt is of cloth, the **Page 22.** coat of black velours du nord. The double-breasted coat has a very effective sash of very wide silk braid. Fronts and Bonaparte collar are faced with moire. The fitted coat sleeve, swelling out at the wrist, is finished with a little muslin frill. Line coat with white satin, cut on coat pattern but shaped apart. 52-inch cloth, 6 yards; 42-inch velvet, 6 yards.

Charming Directoire Blouse.

No. 7977, To close at back. The blouse, **Page 23.** open front and back, consists of a front and two backs of silk transparent material, filled in with a yoke piece (and collar) of the material, tucked to flat pattern. Tucked sleeve of the material. Line blouse with Brussels net. Wide fichu draperies of filet net, scalloped and embroidered, edged with pearl passementerie. 44-inch muslin, &c., 2½ yards. A lace frill tops the tucked collar. Wear with Directoire skirts.

Kimona Blouse of Crepe de Chine, &c.

No. 7978, Sleeve is cut with back and two **Page 23.** fronts, and is ruffled up the shoulder and outer seam. Trim with bands of satin (or velvet) to match, decorated with cord loops and buttons. Chemisette, with collar, of silk tulle, tucked to flat pattern, closing at back, 44-inch material, 2⅓ yards.

Dainty Embroidered Blouse.

No. 7979, Tucked front and two backs of soft **Page 23.** material, silk, satin, crêpe de chine, etc., embroidered with a spray of ribbon work passing over the shoulder (to the shoulder blade). Ruffled sleeve, ruffled on a ribbon. Tucks are wheelmarked on pattern. Looks well all white. Collar draped to flat pattern on bones. Close at back with very small hooks and worked loops. 44-inch material, 4 yards.

No. 7996.—GIRL'S PARTY FROCK.
For Description see pages 29 to 31.
Price of Paper Pattern, 9½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

Lovely Lace and Silk Muslin Blouse.

No. 7980, A front and two backs, tucked **Page 23.** (tucks wheelmarked on pattern) into a shoulder strap of lace, cut with kimona armhole edged lace. Decorate with lace insertion. One-piece lace yoke and band collar. Long lace sleeve, with ruffled muslin over-sleeve. Velvet tie and belt. Mount sleeves into the yoke lining of thin silk. 44-inch muslin, 2½ yards.

A Lovely Evening Gown with Draped Corselet Skirt.

No. 7981, Cut a short-waisted corselet lining **Page 24.** to hip in white silk in nine pieces, with three-piece front, to close on left of front side. Tack, fit, bone, leaving only side and shoulder seams. On this is hung the beautiful draped corselet over-skirt, made of double-width crêpe de chine. Fronts cross, the right front gathered up to form a graceful coquillé across the left front. The edge is finished with a key pattern in fine braid or ribbon. Wear over a soft silk foundation skirt. Cut a silk bodice lining with three-piece front, to close on left of front centre. Veil front and back top with drawn-up white ninon gauze. Back and front draperies of crêpe de chine are pleated up on the shoulder beneath a passementerie *motif*. Lovely open wing sleeve of the crêpe de chine, embroidered with the key pattern, the points tipped with tassels. Tight under-sleeve of the gauze, unlined, tucked to flat pattern. 46-inch material, 10 yards.

Directoire Utility Gown of Black Satin Charmeuse.

No. 7982, Very graceful model, unlined, **Page 24.** worn over the Directoire under-dress of mull muslin, No. 7988, illustrated on page 30. Dress closes at back. Very pretty model. Five-gore Directoire skirt of the soft material, hemmed invisibly (felled from the back

GROWING CHILDREN THRIVE ON
PLASMON COCOA
and **PLASMON OATS**

The Best Breakfast and Supper Foods.

Mrs. P———, Reading, writes:
"From my baby's first birthday, Plasmon Oats, Cocoa, &c., have practically **supplied all his wants.** He is, indeed, a splendid specimen of what a child should be, and his good health and development are such a joy to us."

Plasmon Cocoa (9d. a Tin),
Plasmon Oats (6d. a Packet),
are obtainable of all Grocers, Stores, Chemists, &c.

THE LANCET says:
"Plasmon increases the food value enormously."

Write for **Free Copy** of Cookery Book to
PLASMON, LTD., 66, Farringdon St., E.C.

Stout people

Can quickly and with **absolute safety** subdue that very burdensome and dangerous disorder—Obesity, and regain a

☞ GRACEFUL FIGURE, ☜

comfort, attractiveness, and youthful appearance, by taking one or two of Dr. RITTER'S small tasteless Capsules, with meals (made from a specially purified, Concentrated Extract of Fucus-Vesiculosus and Marienbad Salts, neither relaxing nor constipating). Price **2/6** per bottle, or 5 for **10 6**, post free.

Mistress ANNE PAGE says: "The quickest and safest Fat Reducer I know."

SPECIAL.—To make the bust firm and reduce size and flaccidity, apply Dr. HORN'S "**Pasta Reducer,**" guaranteed harmless, price **5/-**, post free.

Dame DEBORAH PRIMROSE, in *Woman*, says: "I can confidently recommend this to you from personal knowledge of its efficiency and harmlessness."

Above can only be obtained from—
Dr. O. E. HORN, D.Sc., 4, Bryanston Road, Talbot Park, Bournemouth.
(Specialist for Hair and Skin disorders, from the Berlin Skin Hospital.)

Well-dressed Women Wear

well-tried material for their dresses; material that does justice to a woman's natural charm and graces.

Few costumes or toilettes give the rich, warm effect of one made of Lewis's Wonderful Velveteen; its dignity and elegance add *impressement* to the wearer, while its durability makes it preferable to a dress fashioned from any other velveteen.

For winter, Lewis's Wonderful Velveteen is unrivalled; light in weight, yet warm in wear, it can be worn with equal comfort either indoors or when visiting. It will not spot in the rain, neither will the pile wear out.

EVERY PIECE OF
LEWIS'S
WONDERFUL
VELVETEEN

whether in the lightest tints or deepest shades, is fast dyed. There is a rich variety of beautiful and fashionable colours to choose from, and ladies are invited to write for Patterns (which will be sent Post Free).

2/- a yard,

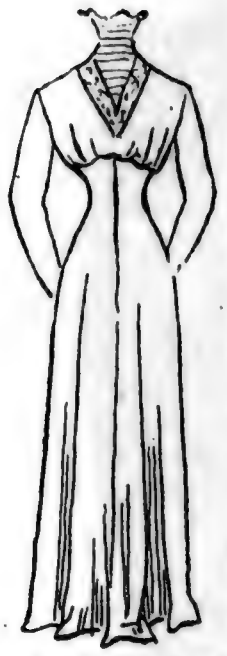
Lewis's are the Makers, and Guarantee every yard sold. If any length is found unsatisfactory, Lewis's will replace it, and will also pay for the making and trimming.

Lewis's will also send patterns of the most up-to-date novelties in Dress Materials on application. These will be found Wonderful in value, too!

Please mention Myra's Journal.

Lewis's Wonderful Velveteen can only be obtained direct from this address.

LEWIS'S In Market St., **MANCHESTER.**



BACK VIEW OF FREE SKIRT AND BLOUSE.

the French hem) over a band of unstiffened black muslin. This is draped on a princess lining to hip of white silk, veiled with front and two backs of drawn-up white silk tulle. Draperies of the black satin are arranged over each shoulder, the rosette on the left in front being tipped with long ends of ribbon. Long tight tucked sleeve of the tulle. A muslin frill edges neck and sleeve. Tuck sleeve to flat pattern. 46-inch material, 7 yards.

A Beautiful Evening Cloak.

No. 7983, **Page 24.** Of the new fuchsia red cloth. The sleeve is very original, formed of a loop of cloth, lined with satin, tipped at the back with tassels. The loops are mounted on the semi-fitting coat (with long handkerchief point at back) beneath a collar simulated with fancy black and gold braid. Line with satin to match. 52-inch cloth, 7 yards.

Young Lady's Directoire Dance Frock.

No. 7984, **Page 25.** This really beautiful model shows how to drape the Directoire sash. The softest white Oriental satin supplies the full five-gore skirt, which is weighted by tucking the hem to flat pattern. This is mounted into a short bodice lining, cut with three-piece front to close down back, the skirt closing at back in the folds. The satin sleeve, embroidered at the edge, is mounted into the armhole. Veil with the draped kimona of the satin, embroidered at neck and sleevelet. The satin sash encircles the waist and crosses at the back, beneath a knot of satin, to tie loosely in front, the ends fringed. Wear over a Directoire under-dress of mull muslin or softest silk. 44-inch satin, 7 yards.

A Directoire Dance Frock.

No. 7985, **Page 25.** Original and graceful model for silk æolienne, crêpe de chine, or any transparent material. Skirt cut in seven gores, full above, very flowing below the knees. The lower edge is hemmed with velvet and is embroidered. Rose du Barri velvet on white looks well. Wear over a very well-fitted "eel" foundation skirt, tight to the knees, very flowing below, the edge with soft, shaped flounce, made of satin. Cut a bodice lining in satin—three-piece front, four sides, two backs, to close in front on left. Tack, fit. On it mount a quilling of skirt material, forming a plastron back and front, drawn up with a runner. Over this mount the crossed fronts and backs, embroidered at neck. Directoire sash of the velvet, crossed at back, at high waist, tying low on the left. Little puff sleeve draped with the velvet ribbon which forms the knots on the sash. Double-width material, 8 yards.

"Sheath" Princess Gown of Black Louis Velveteen.

No. 7986, **Page 25.** Cut a nine-piece high-waisted princess lining from neck to hip, in thin, "skin-pink" silk, or mercerised lining, to close at back. On this foundation is draped the princess gown in nine gores. In cutting the velveteen, see that the pile feels rough if smoothed downward. When the dress is cut and fitted, lay a neck piece of black lace on the velveteen. Secure them together at the edge of lace and cut away the velveteen, showing the silk lining beneath lace. Fit, stitch and bone lining with care. Hem the skirt, the hem interlined with lino, to prevent any tendency to "roll up," felled invisibly from back. Wear over a five-gore foundation skirt of soft silk. Long, tight sleeve of lace, unlined, spliced to the little velvet top sleeve (lined) in the same fashion as the neck. Lovely and quite new model. 24-inch velveteen, 13 yards.

WORTH KNOWING.—Dr. Walcott, M.D., writes: "For irritation of the scalp, removal of scurf, and loss of hair I have used HOPGOOD'S NUTRITIVE AND SEDATIVE HAIR CREAM with unfailing success." Dr. Salter, M.D.: "I have witnessed its effects in restoring the hair to an extent truly surprising." Fifty years' success. Bottles 1s. 6d., 2s. 6d., and 3s. 6d., of all Chemists and Perfumers. Wholesale Agency, 51, Frith Street, London, W.

Directoire Coat of Seal, Plush, or Velours du Nord.

No. 7987, **Page 29.** This is a very beautiful coat, a typical model for the richer furs. It makes up very well in velvet. The back forms a deep point. The open fronts, cut with revers which are faced with the material, are filled in with a broché waistcoat (closing edge to edge with hooks and eyes) to which it is secured with rich passementerie tassels. Similar, but smaller tassels decorate the back of the high waist. Two-piece flat sleeve. Bonaparte collar, faced with the material. 42-inch velours 6 yards.

Directoire Under-Dress or Petticoat.

No. 7988, **Page 30.** These are princess cut, bodice and skirt in one, though often the high waist is slightly drawn in with a ribbon-threaded lace beading, as illustrated, to keep all taut and in place. Use the softest silk or French lawn or nainsook. Two fronts, two sides, two backs. Edge is finished with a soft cross-cut frill. Decorate with Valenciennes insertion and edging. Close with buttons and buttonholes (made in underfold of right front). This under-dress is all that is worn over the combination and long corset, except fitted pants of black satin. 36-inch nainsook, 10 yards.

A Lovely Lounge or Breakfast Gown.

No. 7989, **Page 30.** Some very soft wool (or silk-and-wool) material should be selected. The gown is of princess type, rather loose, and the backs are somewhat of Watteau type, owing to the shoulder pleats being secured beyond the shoulder blades and then left free. The right double-breasted front is beautifully draped beneath a tasselled motif, hooking to left. Trim with lace. The sleeve is slightly full, arranged into a lace-trimmed cuff, and has an added pleat at the shoulder. 48-inch material, 8 yards.

Bridge or Dinner Coat of Lace.

No. 7990, **Page 30.** Very useful for country visits, as it smartens and freshens a plain or slightly soiled evening gown. The basques form graceful tasselled points. The top is of kimona style, the neck at back open in a deep V point. Line with black or white chiffon, and edge scallops with an insertion of lace. 36-inch lace, 4 yards.

Directoire Divided Skirt.

No. 7991, **Page 30.** To be made of soft silk, satin, nainsook, &c., to wear over the combination. Top is smoothly fitted, and is cut low to hook to the corset. Tuck the divided edge to flat pattern and finish with a soft, tucked, and lace-trimmed frill. 42-inch material, 4 yards.

Directoire Cache-Corset or Under-Slip.

No. 7992, **Page 30.** Of silk, muslin, or nainsook. A back and two fronts, neatly intersected with valenciennes insertion back and front. Draw up neck, armhole, and edge with ribbon-threaded beading. Edge neck and armhole with valenciennes. 36-42-inch material, ¾ yard.

Girl's Shantung Blouse.

No. 7993, **Page 32.** It is double breasted, closing on left, and closes with buttons covered with the white shantung. The sides, back and front, are cut with shirt sleeve. There is a panel back and front, low in neck, filled in with tucked shantung. Tucked undersleeve (tucked to flat pattern). 32-inch shantung, 3 yards.

Girl's Blouse of Satin and Lace.

No. 7994, **Page 32.** Satin forms the fronts and back, with tucked front and back panels. Over this is arranged a lace fichu, decorated with satin bands. On a satin sleeve (tight) is hung the lace strapped with satin. Smart model. 22-inch satin, 4 yards.

Girl's White French Flannel Blouse.

No. 7995, **Page 32.** Front and back are tucked on shoulder (tucks wheelmarked on pattern). Fronts are double-breasted, buttoning smartly over a muslin jabot. Tucked muslin collar. Flannel shirt sleeve with deep cuff. 32-inch flannel, 3½ yards.

Girl's Party Frock.

No. 7996, **Page 33.** The under-slip is of white satin—an umbrella skirt mounted on a three-piece long-waisted bodice. Over-dress of white lace—skirt of Brussels net hung with two lace flounces, the blouse of lace with front panel of lace flounces. Dress, closing at back, is prettily draped with pink ribbon. Little lace sleeve. 22-inch satin for a girl of six, 3 yards.

MYRA'S PAPER PATTERNS.

MADAME MYRA, 10 and 11, Fetter Lane, E.C., will cut to measure the pattern of any dress or mantle illustration sent to her for 1s. 6½d. (plain skirt or bodice, or SHORT coat). Pleated or tucked styles cost according to complication; of a princess or Empire gown the pattern would cost from 2s. 6½d., post free.

MYRA'S EMBROIDERY TRANSFERS.

These excellent full-size Transfers of Embroidery designs which we publish monthly are only printed in BLUE. For dark materials, instead of "ironing off" the design on the fabric, tack the transfer in place and work OVER it, tearing away the paper when the embroidery is completed.

BACK VIEWS OF NOS. 7981 TO 7986, PAGES 24 AND 25.

"Your journal is indeed a great help to me. . . . I have to rely on a good book."—Miss D. B. (Newcastle-on-Tyne).

LINDHORST'S

£75 Cash Prizes | ART NEEDLEWORK, KNITTING & CROCHET . . COMPETITION.

Competition closes 31st MARCH, 1909. All work must be sent in by that date.

All prize pieces of work to remain the property of the workers.

(P.L.) LUSTER EMBROIDERY YARN, Fast Washing Colours.

(P.L.) BALKANA EMBROIDERY YARN Eastern Unfading Boiling Colours.

P.L. GIPSY LUSTER. The new substitute for Silk. Most of the colours are Eastern unfading Boiling dyes.

(P.L.) LUSTER PERLE. Is the most lustrous thread for Crochet and Knitting.

No other make of yarns equals the P.L. Brand for BRILLIANCY and SILKINESS. They FEEL like SILK and LOOK like SILK at a quarter the price of SILK.

P.L. HAKELYARN. This Celebrated Crochet Cotton I now make in 9 sizes, very fine to extra coarse.

(P.L.) "ODIN" FLOSS. A great boon to all who love beautiful Embroidery—in 150 delicate art shades.

The latest development of science is the production of this marvellously beautiful Embroidery material. The brightest silk looks dull when placed side by side with this new wondrous thread, owing to the extreme brilliancy of its superb lustre.

WRITE FOR FREE SAMPLE AND JUDGE FOR YOURSELF.

The result of the Competition will be published in the NEEDLECRAFT Monthly Magazine for May; in HEARTH AND HOME of April 29th; and in the GIRLS' REALM of May (1909)

Circulars containing full particulars can be had from all Art Needlework Depots and Fancy Drapers, also from

P. LINDHORST (Dept. 8), 21, NEWGATE STREET, LONDON, E.C.;

who will forward name of the nearest Depots stocking his Yarn.

Please mention "Myra's Journal."

HEALTH AND PERSONAL ATTENTION.—See Myra's Answers in "Myra's Journal."

Extract from POSTAL TOILET LIST.

[New and greatly enlarged edition, with chapters on the care of the hair and complexion, &c., and many new preparations, will be sent by return of post, on receipt of stamped address.] Also illustrated pamphlet on Face Massage and the Care of the Complexion, and Mr. Mason's New Book on the Hair, may be had gratis.

PHILIP H. MASON, Pharmaceutical Chemist, 25, BANK PLAIN, NORWICH.

IMPORTANT NOTICE.—All Articles in this List admit of Postal Transit, and will be delivered free per post in Great Britain at the prices marked, secure from observation, and carefully packed on receipt of P.O.

DEPOTS ABROAD.—India, The Agra Stores, Ltd., Agra. South Africa: Mr. F. H. Carman, c/o Mr. F. P. Hutchinson, Paarl, Cape Colony. New Zealand: Messrs. Walker and Co., Christchurch. From these Agents any of the Toilet Preparations may be obtained.

JABORANDI HAIR TONIC.—Prepared from selected South American Jaborandi Leaves, containing the valuable alkaloid Pilocarpine. Highly recommended by medical authority as a hitherto unapproachable stimulant to rapid growth of hair. Used not only to prevent the hair falling, but to stop advance of greyness and induce vigorous secretion of the natural colouring pigment. 3s. 6d. and 10s. 6d. Post free. "West Kensington.

"The bottle sent to Miss —— has had a most wonderful effect on her hair, restoring the colour where it was turning grey to a very great extent." 'Chester.

"I thought you would like to know that the growth of my hair since using your Jaborandi Tonic is simply wonderful. I have only used one bottle, and it has grown more than three inches; I could not have believed it." Mrs. ——

PETROLATE OF SULPHUR.—For nourishing the Hair, promoting its growth, and improving its colour; preventing increase of greyness, and removing that already existing. It has recently been found that a really wonderful amount of success has attended the combined use of this Petrolate at night and Jaborandi Tonic in the morning, in obliterating greyness, and this plan should be tried in every case of greyness, however severe. Price 2s. 6d. Post free. "Bognor.

"The premature greyness has decreased, and my daughter's hair is in most beautiful condition. Its brilliancy is most marked, and the fall of hair is already much less." Mrs. ——

DEPILATORY (POWDER).—Mr. Mason is continually asked by ladies for a Depilatory which will, in one application, not only remove existing superfluous hair, but also prevent its reappearance. He wishes clearly to state that it is impossible to do this. All that can be done is to remove the hair, after which an occasional subsequent application on the surface of the skin will prevent it attaining a visible growth. The above preparation will do this without injury to the skin. 2s. Post free. "Folkestone.

"Miss —— is delighted with the Depilatory, and finds it the best and altogether superior to any other. She will now never think of using anything else."

SPECIAL GOLDEN-BROWN TINCTURE.—This new and remarkably effective Stain imparts most natural tints to faded, light, and grey hair. It is very permanent and perfectly harmless, containing neither lead, bismuth, nor other metal, and will be found invaluable for meeting the long-felt want for these tints. The tint, when desirable, can be deepened by a second application. Cleanly and easy of application. Prepared in four shades—golden brown, flaxen, flaxen-gold, ruddy gold. Price 4s. 6d. Post free. "Gloucester.

"Mrs. —— is pleased to say the Tincture gives a lovely shade." "London, S.W.

"Please send another lot of the Tincture. I am so glad to have found something for my hair that does not wash off." Mrs. ——.

CREAM OF SULPHUR.—The most satisfactory preparation for the removal of Blackheads, Dry Eczema, Pimples, &c., yet introduced. Used in strict accordance with the directions sent with it, this cream gradually removes all the painful and unsightly effects of Acne, and leaves the skin smooth, soft, and healthful. 2s. 9d. Post free. "Norwich.

"Miss —— has derived the greatest benefit from the use of the Sulphur Cream, which has completely removed the unsightly blackheads and pimples."

JANSIA EMULSINE.—For preserving and improving the Complexion. A new combination of an effective Face Lotion with a soothing and healing Vegetable Emulsion, which improves the texture of the skin, and imparts a pleasing delicacy and natural bloom. It prevents and removes sunburn and redness, and protects the skin from the effects of exposure to sun, wind, and the atmosphere of crowded assemblies. Price 2s. 6d. and 4s. 6d. Post free.

JANSIA SOAP.—Unrivalled for the Complexion and richly perfumed. This Soap marks an entirely new departure, as it contains various herbal extracts and other substances which are noted for their beneficial action upon the skin. This combination possesses markedly emollient and tonic properties, and the use of this Soap largely improves and preserves the complexion. It is especially adapted for delicate and irritable skins, as it always has a delightfully soothing and refreshing effect, and leaves the skin soft and comfortable. It softens the water and converts it into a balsamic fluid, which makes the skin smooth and supple, and increases the luxury of the bath. Price 1s. 6d. per tablet, 4s. per box of three. Post free.

SKIN FOOD.—For restoring wasted tissue and removing wrinkles. It consists of a bland, fat-forming cream, carefully combined with a small proportion of a suitable astringent, corrects the deficient or faulty secretion, and thus restores the wasted tissue and increases the muscular tone. To this loss of tissue and muscular tone is due the falling away of the face and neck, loss of roundness, and formation of lines and wrinkles, but these conditions can be overcome by a steady use of the Skin Food. The use of this food also enables the skin to retain for many years the clear, smooth, velvety surface that is associated with youth. 2s. 9d. and 7s. 6d. Post free. "London.

"Your Skin Food is the best I have used, and I have tried several." Mrs. ——.

GLYCORAX.—A new and fascinating Liquid Dentifrice, scientifically adapted to preserve the enamel in a white and pearly condition. It produces a delightful sensation of cleanliness and freshness in the mouth, with a fragrant foam, thoroughly sweetening the breath, and removing all impurity. Its use will tend to stop the further progress of existing mischief in the teeth, and to conserve their sound and healthy state through life. Price 1s. 3d. and 2s. 3d. Post free. "Limerick.

"Send me by return one dozen Glycorax. I find it wonderful for preserving the teeth." Mrs. ——.

AN ENTICING NEEDLEWORK COMPETITION.

Seventy-five pounds (cash prizes) will be awarded next year in an attractive Needlework Competition, which is being held by P. Lindhorst, the proprietor of the Lindhorst's beautiful (P. L.) Embroidery Yarns. Most people have used these yarns, which are to be had in two sizes, fine and coarse, and in all the loveliest colours, chiefly unfading *boiling* colours. By *boiling*, I mean colours which will stand the *boiling* of the

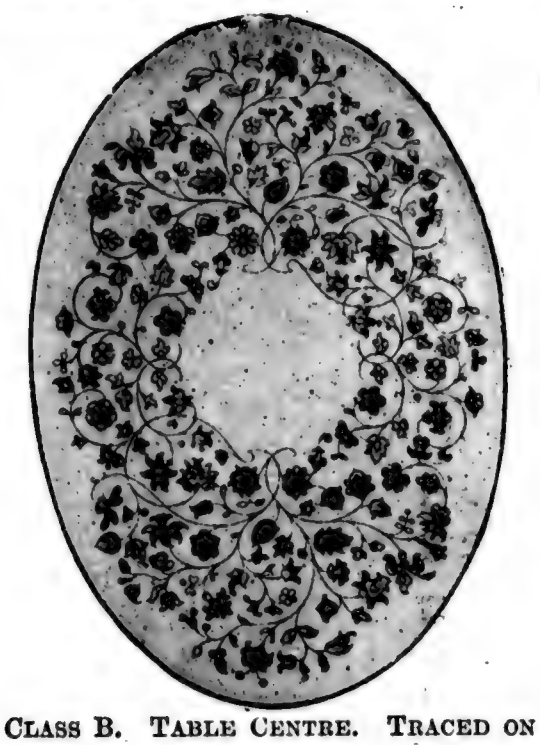
CLASS GG. CUSHION SQUARE. TRACED ON LINEN.

article worked without the embroidery yarns fading in the least. The yarns are manufactured from the finest Macco Egyptian cotton; they are as soft and glossy as silk, and retain their gloss after washing, the silky look being largely due to a new and most efficacious process of mercerising.

A list of rules for would-be competitors can be had from P. Lindhorst, Department

CLASS E. SOFA BLANKET. CREAM FRIEZE

8, 21, Newgate Street, London, E.C., who will also send the name of their nearest retail agent, if ladies find any difficulty in obtaining the (P.L.) Embroidery Yarns. All work sent in remains the property of the workers, and the work must be sent in on or before March 31, 1909. The (P.L.) yarns are of various kinds, the latest being the lovely (P.L.) "Odin" Floss, which is glossier than most embroidery silks. The (P.L.) Balkana Embroidery Yarn, dyed with Eastern dye, unfading *boiling* colours, is one of the most attractive.



CLASS B. TABLE CENTRE. TRACED ON WHITE JEAN.

On this page are shown some of P. Lindhorst's designs, set for the workers. In some classes—like the knitting and crochet—no particular design is set. All these details will be found in the Competition Rules, which should be written for without delay.

FIGURE-CHANGING.

Fashion has decreed that her votaries must be slender if they are determined to do full justice to the present style of dress; and not only slender, but *gracefully* so. Stout women are in consternation, more than ever in despair of finding a cure for that terribly persistent corpulency which seems to defy every measure adopted to curb the fatty increase. The mistake they make as a rule is in adopting useless old-fashioned remedies which drug and starve the system without destroying the growing tendency to put on too much flesh. Let such sufferers at once begin taking Antipon, the famous permanent cure for obesity. Not only will they find a marvellous improvement in their figures, Antipon eradicates the tendency to over-fatness; the cure effected is permanent. No disagreeable dietary rules need be followed. Indeed, Antipon has a valuable tonic effect on the whole digestive system, promoting a keen appetite. The first day and night's treatment will result in a reduction of between 8oz and 3lb. Antipon is palatable and quite harmless, purely vegetable in composition, it is sold in bottles, price 2s. 6d. and 4s. 6d., by all chemists, stores, &c.

GRAPHOLOGY DELINEATIONS.

All letters must be sent to "Graphologist," MYRA'S JOURNAL OFFICE, 10 & 11, *Fetter Lane, E.C.*

(1) To be delineated in these columns, *specimens of handwriting* must be received on or before the 25th of the month.

(2) Delineations will be given free if inserted in these columns. Readers desiring detailed postal replies must forward six penny stamps and a stamped addressed envelope, but in either case the coupon cut from the current number must accompany *every* letter.

(3) Letters must consist of not less than 100 words, copied matter and lined paper being inadmissible. The usual signature must always be given, but a nom de-plume is also required for printed replies.

PANSY.—This specimen reveals very great energy, both of mind and body. You are ardent and impulsive, and would be quick alike to speak and act, but withal you have much kindness of heart. You are thrifty and hopeful. You are tactful, but rather inclined to excitability, and I think it would be well to pay more attention to detail. You have taste in dress, and possess much artistic perception of beauty in colour. I think you are sometimes inclined to be jealous.

WILL-O'-THE-WISP.—This writing shows a certain despondency at times, which it would be well for you to guard against, because your character is rather wanting in force of will, and if unchecked might render you liable to moods of depression. You have individuality and acuteness of perception. There is a tendency to a little pretension, but you are of a frank and friendly nature. You are fond of an outdoor life, and have a good sense of beauty of scenery. You are ardent and warm-hearted, and constant in your affections.

THE SCARLET PIMPERNEL.—You have active perception, and are a good judge of character, and you are very ardent and impulsive. You are inclined to be indolent, although there are times when you will exert yourself. You have a great love of all beautiful things, and would surround yourself with vivid but harmonious colours. You should dress well, and be fond of music. In an emergency you would always act promptly and decisively, for you have plenty of will and force of character. Much mental cultivation is also shown.

THE SNIPPET (Argentine). — Your handwriting shows a kind and generous nature, but you have plenty of fighting courage and pluck, and would always be able to take your own part. You are very reserved with regard to your feelings. You possess much patience, and are of a very tidy nature, with a certain amount of caution. The graceful form of your capitals, and the peculiar formation of the "G," gives you a great love of all beautiful things, and some originality. The signature shows power of deduction and love of music.

GILLY.—Good powers of perception are revealed by this specimen, not so much in judgment of character as in perception of all the beauties of nature, lovely scenery and brilliant sunsets would always have a great charm for you. Your ambitions are very high, but you will need more determination and force of character to realise them. You are honourable and kind-hearted, but take offence very quickly at times. You are unaffected, and have that enviable gift of looking for the good in things and people.

NOCAB.—There is a decided tendency to depression shown by this writing. You are a great advocate for detail, and consider nothing too trifling for consideration. You always have your feelings well in hand, and have plenty of self-control. Do not let yourself become self-centred, or you will get into a groove, particularly as regards your work. You ask for a truthful character. I must say there is pretension and a certain amount of self-satisfaction shown by your writing. You are reserved, almost to secretiveness, where your own interests are concerned.

(Continued on page 45.)

"Your patterns are so excellent I do not care to use any other."—A.

The Most Delicate Child

CAN EASILY DIGEST
AND ASSIMILATE

Neave's Food

Contains all the essentials for Flesh and Bone-forming in an exceptional degree. Over 80 years' reputation.

Assists Teething and Relieves Infantile Constipation when prepared according to the directions given,

forms A COMPLETE DIET FOR THE INFANT, THE AGED, AND THE INFIRM. Health and Strength giving.

Sold in 1/- and 2/6 Tins. Also in 4d. Packets.

Write for "HINTS ABOUT BABY," by a Trained Nurse; postcard to Josiah R. Neave & Co., Fordingbridge, via Salisbury.

Navy, Creme and Black. **SERGES** Patronised by Royalty.

The Cheapest Warehouse in the World for Pure Wool Serges & Blankets.

All Guaranteed ENGLISH Manufactured (no shoddy mixtures)

Our Noted *Our Specialties are :—*
ROYAL DREADNOUGHT REAL NAVY all Wool SERGES.
" ADMIRALTY all Wool SERGES.
" ROYAL DEVON and BRITISH all Wool SERGES.
" WEST OF ENGLAND all Wool SERGES.
" WEST OF ENGLAND all Wool BLANKETS.

All SERGES made in FINE, MEDIUM, and HEAVY textures, FAST DYES, and will not SHRINK or COCKLE, and will stand ALL CLIMATES. From 1/- to 8/6 per yard.

Carriage paid. Patterns sent on approval.

BLANKETS from 7/11 per pair. *List free*

SPECIAL TERMS TO THE TRADE, CLUBS AND CHARITIES.
Buy direct at Factory prices and save Middle Profits
Manager: SOUTH DEVON SERGE & BLANKET WAREHOUSE,
Serge Specialists and Naval Contractors.
TEIGNMOUTH, DEVON, ENGLAND.

"OKTIS"

THEY DOUBLE THE LIFE OF YOUR CORSETS.

The "Oktis" has long been bringing about a Franco-British dress entente. Both the gay Parisienne and her charming British sister wear the "Oktis" Shield, and this results in the acquisition on the part of both of an elegant waist and permanence in the shapeliness of their corsets. It is the only Corset Shield that contains Rustless Zairoid stiffeners, and the makers absolutely guarantee freedom from rust.

SOLD BY ALL DRAPERS.

SHIELDS

The "R.S." Patent Reducing
CORSET,
10/6
With Extra Strong Elastic Belt.
Reduces Corpulency. Improves the figure. Prevents Abdominal Weakness. Affords Binding Support.
BLACK (Brocade), WHITE, OR DOVE,
Real **10/6** *Whalebone.*
Black Italian (lined White). **13/6.**
Sizes stocked, 19 to 36 inches.
Over 30-inch waist, 4d. per inch extra.
We fit any figure.
Should the Corsets not fit, we exchange, and make a pair with **any** alterations required 1/6 extra. Sent post free on receipt of waist size and P.O. Colonial Orders, 1/6 extra.
Illustrated Booklet Post Free.
R. SCALES & CO.,
Corset Manufacturers,
NEWARK-ON-TRENT, ENGLAND.
Thousands of Testimonials.

The Original SCOTCH WHITE WINCEY. Also in colours, checks, and stripes. The ideal fabric for Babies and Children's Dresses, Blouses, etc. Cosy and warm.

FOR BABY.
Washes Perfectly, Retaining its Colour.

11½d. to 4/6 per yard.
Everlasting Wear.
Positively unshrinkable. 19in.-72in. wide.
Patterns post free.
JAS. SPENCE & CO., **GLASGOW** (late Dundee).

"Beehive" Costume Cloth

"BEEHIVE" is the Best Value possible in Costume Cloths. Made of reliable material in an extensive range of new fashionable colours—Black and Seventeen Shades.

This cloth is guaranteed not to spot. In appearance, durability, and phenomenal price it presents unequalled value. Fifty inches wide, 1/9 per yard.

May we submit patterns for your inspection? They will only cost you the price of a postcard, and you need not return them. All orders are sent carriage paid.

ILLINGWORTH, NEWBOULT & CO.
(Dept. M.), BRADFORD, YORKS.
Special terms to the Trade.

Good Fit!

Every Dressmaker

(Home or professional) ensures perfect fitting garments with unrivalled ease and economy by using a

CLARK'S DRESS STAND.

The body is padded for pinning to, and, being your exact size, a perfect fit is at once assured.

Complete Stand, without arms **18/-**
Complete Stand *(as sketch)* **33/-**

Stands made to any measurement without extra charge.

A Dainty Booklet, containing photos and guide for measurement, sent FREE. Write to-day and mention "Myra's Journal." SPECIAL Discount to "Myra's" Readers.

JOHN CLARK & CO., *3, Tottenham Street, Tottenham Court Road,* **LONDON, W.**

A few doors from Scala Theatre. (Close to Fire Station.)

Health and Beauty.

By MISTRESS ANNE PAGE

All Letters to be addressed to Mistress Anne Page, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

Kara.—Mrs. Adair, 92, New Bond Street, W., is considered one of the best beauty-culturists in the world, and if you will put yourself in her hands she will make your face look quite young again, your neck round and white, and your hands ever so pretty. She will also remove that mole from your cheek, and this you are very wise to think of having done since it has developed such a long, strong, and dark hair from its centre. A mole just where yours is denotes ingenuity which will lead to wealth, and that you will enjoy long life with good health, and be greatly loved.

Pegotty.—I am so pleased to hear from you after these years of silence, but very sorry to learn that you have been such a sufferer meanwhile. I suppose as you write from the same address that the greatest burden still remains for you to endure, but as you say nothing about it perhaps time has effected the much-needed improvement? And now to answer your questions: (1) To prevent those recurring attacks of influenza take a course of Mason's Vema Pills (2s. 9d. from Mr. Mason, 25, Bank Plain, Norwich) at intervals, and you will find yourself much stronger in every way. These pills have a most beautifying effect on the complexion, and hair, too, by improving the quality of the blood. (2) To take, so as to prevent the tendency to obesity, I recommend the above Mr. Mason's Extract of Sea-Wrack Pills (also 2s. 9d. per box), of the good results of which I have had quite excellent reports from correspondents of mine who have used them. (3) Of exercises that will arrest the stoutness on hips and abdomen you can have none better than those contained in Chapter XI. of the book called "Beauty of Figure," written and illustrated by Deborah Primrose, published by Wm. Heinemann, London, and to be obtained through any bookseller for 2s. 6d. (4) To rub into your abdomen, since the size of this worries you, get "External Zobeide Reducing Paste, Strong," post free, 3s., from Mrs. Maine, 10, St. Mildred's Road, Lee, London, S.E. You will find this excellent in result, and non-irritating to the skin. (5) The Body Stovette, which is sold by Mme. Alice Cross, Dept. M—J, 184-186, Regent Street, London, W., will be an invaluable friend to you when you get those terrible chills; these sound to me as if you are living in a malarial district. I hope you will have better and happier news to send in your next letter.

Elaine.—On your return indoors after being out in sun or wind pour a tablespoonful of Beetham's Lait Larola (sold for a shilling per bottle by all chemists) into a saucer, dip the corner of a soft towel in this, and with it cleanse both face and hands. Let it remain on the skin for a minute or two, then wipe with the dry end of the towel, and you will feel and look fresh and clean. If you do this every day you need not fear sunburn nor freckles, and your complexion and hands will get into perfect condition again.

Widow-Woman.—I am indeed grieved to hear you have been left so badly off that at your age you have to look round you for some way of earning a living, and I would advise you to write to the Mutual Aid Department of Woman, 10 and 11, Fetter Lane, London, E.C., and to tell the lady who conducts this how you are placed, and what work you can do well and quickly. She will do her best to get you employment, I know. To hide the streaks of grey in your hair you should dye them with Jappo, a splendid one-liquid stain that is sent for 2s. 2d., post free, by The Teinture Syndicate, 285, Regent Street, London, W. It is quite easy to apply it successfully, and I advise you to send for the mid-brown tint of it.

Quintanella.—Pieces of Russia leather, lumps of camphor, a good sprinkling of pepper, patchouli, musk, or Keating's insect powder, any of which you can obtain in a chemist's shop, will keep away moths from your clothes, if after applying either of them you wrap the things up in fresh newspapers and then in brown paper, so carefully that the destructive insects, &c., cannot work their way in.

Daiseye.—I am so glad to hear that you are beginning to appreciate the value to your health and beauty of a daily bath, and I would advise you to get the Health and Beauty Number of that smart little paper called Woman, which was issued on September 30, and to read an article by Deborah Primrose on "Baths of Luxury." In that you will see a description of a home shower-bath that is one of the finest things in the world for improving the complexion. You should now get Dr. Harlan's Beauty-Massage Brush (4s. 6d. from M—Highwater Laboratory Company, 1-118, Exchange Buildings, Southwark, London, E.C.), and when in your bath treat face, neck, arms, and shoulders with this. You will be delighted and astonished at the beauty that will result in a few weeks' time. See also answer to "Bee," in our November issue.

Diane.—To cure your skin of blackheads bathe it at night with hot water, and after quickly drying it rub into it some of the Cream of Sulphur (2s. 9d., from Mr. Mason, 25, Bank Plain, Norwich), which is so excellent a specific for clearing all obstructions from the pores.

Elinor.—(1) It is most important for a delicate girl to breathe through her nose, for there are minute hairs in the nostrils which warm and filter the air before it passes into the lungs, and so risk of many dangers is minimised. You can read more on this subject, and learn exactly how to breathe properly, in a book called "Beauty of Figure," which you can obtain for 2s. 9d., post free, from Mr. Mason, 25, Bank Plain, Norwich. (2) To fill up the hollows in your neck and cheeks, wash in warm water every night, and lather liberally with Wright's Coal Tar Soap (4d. at any chemist's), and then rub some of the above Mr. Mason's Crême Suprême for Tissue Building and Wrinkle Preventing (2s. 9d. from the same address) lightly into the skin, tapping and stroking it over the general surface, but rubbing it into the hollows with rotary movements of your finger tips. Drink new milk freely, and have a glass of this warm the last thing before you go to sleep; eat eggs boiled or poached, but never fried and never hard; and take a course of Dr. Horn's Carnoform, the Flesh Maker, which is sent for 2s. 9d. a tin by Dr. O. E. Horn, D.Sc., 4, Bryanston Road, Bournemouth. If you will carry out the above treatment steadily for a few months you will recover your good looks and your strength.

Anne.—This is the way to whiten that part of your arms, above the elbows, which is so red and "chicken-fleshed": Wash them night and morning in hot water, and rub them upwards towards the shoulders with a rubber sponge or Dr. Harlan's Bath and Flesh Massage Brush, with a good lather of soap on it. The brush, which cleanses the pores and improves the circulation, costs 3s. 6d., post free, from the M-Highwater Laboratory Company, 1-118, Southwark Street, London, E.C., and you will find it invaluable in many ways. After you have done this for five minutes dry the arms, and then bathe them with Beetham's Larola, which all chemists sell in shilling bottles, and which is so whitening to the skin of the neck, arms, and hands. Work this well in, but always rub upwards, because this is in the direction of the circulation.

Christian Socialist.—(1) Corns and callosities all over the feet are usually produced by intermittent pressure, so ill-fitting stockings and shoes must be carefully guarded against, for if they are too large the stockings get into puckers, and the feet get more friction from slipping about in those shoes than is conducive to their well-being. Equally the tight shoe exerts undue pressure that thickens the skin on prominent parts of the toes, heels, and tread of the feet. Obviously this is a cause to be prevented. Until the corns are removed, and the skin of the feet is normal again, bathe nightly with hot water in which a large lump of soda has been dissolved; then place on all the corny parts suitable pieces of Thompson's Original Corn Plaster (1s. 2d. for a liberal supply from Mr. M. F. Thompson, Homœopathic Chemist, 17, Gordon Street, Glasgow), which is as thin as silk, and will take up no appreciable room in your shoes. You will be able to pick out or rub off the corns painlessly in about four days, and then you should bathe your feet night and morning with alum and water, or with water in which a liberal proportion of Sanitas Fluid has been mixed. After soaking the feet well in this and drying them, they should be dusted with a good antiseptic powder, and you will find Sanitas Toilet Powder very good for the purpose. (2) The tendency to warts can be entirely removed from the system by taking a course of Compound Effervescing Carlsbad Vichy Powder, which is sold for 1s. 10d. a bottle by Mr. Mason, 25, Bank Plain, Norwich. Probably this is the nearest specific you can get.

Christian Socialist (Second Answer).—You can make the hair on your forehead grow much thicker by the regular use of Petrolate of Sulphur, supplied for 2s. 6d. by the above Mr. Mason. You should wave your hair at night in those soft and harmless Ruban Ondulateurs, which are sold in complete sets for 4s. by Tarlita, 77, New Bond Street, London, W., and then push the hair forward with a Zaza Comb (to be obtained from same hairdresser), which is so curved that it raises the hair and gives it a full and soft effect such as you never get with a pad. For evening wear, if you thread a ribbon through the hair (Tarlita supplies the proper hair-ribbon needle) after you have dressed it, it will increase the apparent size of your coiffure, and give it a most artistic and becomingly soft effect. I am indeed sorry to hear you hurt your ankle so seriously.

Grey Rabbit.—If you give your little one Fennings' Children's Powders (all chemists supply these), she will get over her teething without any bother or danger. Ask the chemist to give you a free copy of "Fennings' Every Mother's Book" (or send direct for it to the author, Mr. Alfred Fennings, Cowes, Isle of Wight), and you will find a lot of helpful advice in it for your guidance in the nursery.

"I am delighted with your journal and shall take it regularly. —H. P.

AMAZING EXPERIENCE OF AN IMPORTANT CIVIL SERVANT OF THE BRITISH GOVERNMENT

HIS EYELASHES AND EVERY HAIR FELL FROM HIS HEAD IN FIVE WEEKS
SIX YEARS' CONSTANT & USELESS RUBBING WITH EXTERNAL PREPARATIONS
SIX WEEKS' TAKING CAPSULOIDS STARTED HAIR GROWING
HAS NOW EXCELLENT HEAD OF HAIR THROUGH CONTINUING WITH CAPSULOIDS

Mr. LININGTON
in August, 1900, after which he lost every hair in 5 weeks.

Mr. LININGTON
from 1900 to 1906, while using external preparations.

Mr. LININGTON
in 1902, AFTER TAKING CAPSULOIDS.

St. Heliers, Caterham Valley, Surrey.

GENTLEMEN,—Capsuloids have produced such amazing results in my case that I will be pleased if the facts are made known for the benefit of the public. In August, 1900, I noticed my hair coming out rapidly. I was anxious, because I had a magnificent head of hair. In five weeks I had lost every hair from my head, as well as my eyelashes. My doctor said he knew of nothing that would stop the hair falling or make it grow again. I used one advertised so-called "hair-grower" or "hair food" after another from 1900 until May, 1906, but not one of them had the slightest effect.

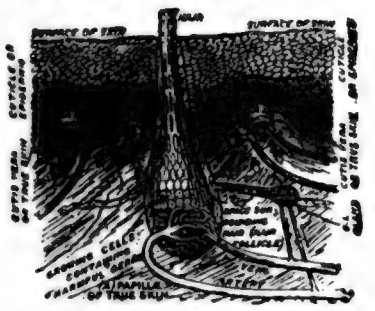
In May, 1906, I read a Capsuloid advertisement, and I said, **"That sounds reasonable."** I commenced taking Capsuloids, and in six weeks hair was showing just above the surface of the scalp. Unfortunately my position compelled me to wear a wig. This no doubt delayed the growth of hair, but I am thankful to say that I have been able to throw away the wig, and you can see from my photograph that I have a good head of long black hair, and have a thick growth of short hair all over my scalp, which will, when it grows long, I believe, give me quite as fine a head of hair as I had in 1900.

My friends and associates saw me using the external preparations from 1900 to 1903, and afterwards taking the Capsuloids. There are at least a dozen persons who can vouch for the truthfulness of every word of this statement. I have not for years felt so well and strong as since taking Capsuloids.—I am, yours faithfully, HENRY E. LININGTON.

SPECIAL NOTE.

It is absolutely impossible for CAPSULOIDS to cause the small fine hairs on a lady's face to become long or coarse, because the size of each hair depends upon the size of its root and the blood that feeds it. The tiny little roots on a lady's face or limbs can no more be made to grow coarse hairs than the root of a rose tree can be made to grow a huge tree.

CAPSULOIDS are never harmful to any part of the body. Hundreds tell us of their clear skins and exquisite complexions, and how well they feel when writing that their hair troubles have been cured.



LOOK AT THIS DIAGRAM of a growing hair greatly magnified, showing that it grows entirely from its root, which is nourished only by the blood. You see, the root contains those harmful germs which multiply and soften the root, rob the hair of its colour, make the hair fall out, and finally destroy the root altogether. When Capsuloids are taken they are dissolved in the stomach, and pass into the blood. They supply the wonderful life-giving influence to the red corpuscles which destroy the germs, nourish the roots, and cause healthy, vigorous growth of the hair, and the only remedy that will do this is

CAPSULOIDS.

From all Chemists or from ourselves, price 2s. 3d. per box. SPECIAL SAMPLE given when this Coupon is enclosed and Three Boxes are ordered direct from us. Larger Sample with Six. Send for valuable FREE HAIR BOOKLET, which gives FULL EXPLANATIONS. **Call and have your HAIR EXAMINED FREE between 10 to 2 and 3 to 5 p.m.**

COUPON.
MYRA'S JOURNAL,
Dec., 1903.

THE CAPSULOID CO., Ltd., 47, Holborn Viaduct, London, E.C.

Quickly cures Corns, Bunions, and Swollen Joints.

No Pain. Sure Cure.

A LARGE SHEET, Post Free, 1/2

Health, Strength and Beauty

GAINED BY TAKING

NERVETONINE,

The Great Brain, Nerve, and Muscle Builder.

A sure cure for all Nerve Complaints, Neuralgia, Rheumatism, Sciatica, Debility, Weakness, etc.

Bottles, 1/9, 2/9 to 4/6 Post Free.

From M. F. THOMPSON,
Homœopathic Chemist,
17, GORDON ST., GLASGOW.

A Lovely Gift.
Thompson's Ecotch Mountain Heather Perfume (In Tartan Cases),
POST FREE 2/-, 3/9, 5/9, and 10/9

YOU cannot have a good, clear complexion if your blood is impure. **Blotches, Spots, Pimples, Blackheads,** and **Sores** of all kinds can be removed by taking

CLARKE'S BLOOD MIXTURE

The World-Famed Blood Purifier.

This famous medicine will also cure all Skin and Blood Diseases, such as **Eczema, Scrofula, Scurvy, Ulcerated Sores,** &c. Thousands of unsolicited testimonials have been received from all parts.

As it is pleasant to the taste, and warranted free from anything injurious to the most delicate constitution of either sex, from infancy to old age, the Proprietors solicit sufferers to give it a trial to test its value. Clarke's Blood Mixture is sold by all Chemists throughout the world. Price 2s. 9d. and 11s. per bottle.

Beware of Worthless Imitations or Substitutes.

2/- INSURES YOUR COMPLEXION

Dr. HARLAN'S
BEAUTY-CUP MASSAGE
For the Face, Neck, Arms and Body.

"No woman who owns one of these wonderful little Cups need have any fear of wrinkles or blackheads."

Hundreds of unsolicited testimonials.

The simplicity of this scientific system of self-applied massage, and the speed with which it clears the complexion, are almost beyond belief. A single soothing application of the little Beauty-Cup produces remarkable results. Blackheads in many cases are banished in sixty seconds. It pumps impurities out of the blood by atmospheric pressure, rounds out the cheeks, arms and neck, and plumps the waste places in the body with wonderful rapidity. Acts directly on the circulation and feeds fresh pure blood to the tissues, making the flesh firm and fair, and the skin soft and satiny. **Dr. Harlan's Beauty-Cup** sent by mail in plain wrapper—with our Beauty Book—to any address for 2/1 P.O. (abroad 2/6 M.O.)

Address, **K-HIGHWATER LABORATORY Co.,**
1—11a Exchange Building, Southwark, London.

THE "TENSFELDT" PROCESS.

Electrolysis

HOME TREATMENT.

SUPERFLUOUS HAIR.

Everything that **grows** in Nature depends upon a **root for its growth,** and until that root is destroyed the growth will continue.

When ladies realise this thoroughly, they will know how **useless** all liquids, pastes, &c., are for removing hair **for ever.**

The "Tensfeldt Apparatus" is Electrolysis **simplified,** and with it you can, in the **privacy of your own home,** kill the roots, without leaving the slightest mark or disfigurement.

I will forward a copy of my booklet No. 20, in plain wrapper, giving full particulars of this treatment, to all sufferers from this dread scourge of Superfluous Hair. **It is free to you** for the mere trouble of asking for it.

PERMANENT CURE GUARANTEED.

All Letters Strictly Confidential.

Madame TENSFELDT,

HAIR and SKIN Specialist,

40, Shandwick Place, EDINBURGH.

No. 7997.—The New Rain Cloak.

It is a loose, seamless sacque, with inverness sleeves added under the shoulder strap. 52-inch material, 5 yards.

Price of Paper Pattern, 1s. 0½d., *post free, of* Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

Employment Bureau.

FREE REGISTER.

SPECIAL NOTICE.—Will correspondents please read the rules carefully regarding notices for re-insertion in the Register, and letters to be forwarded? Inattention causes delay and trouble.

NOTICE.—The printed notice *must be cut* out of the Register for re-insertion each month.

LETTERS TO BE FORWARDED.—These must be fully prepaid, and must bear the Register number at the top left-hand corner. No letter will be forwarded unless it is accompanied by the writer's name and address—not for publication, but as a guarantee of good faith.

ALL LETTERS must be sent to Miss Winifred Jones, Employment Bureau, 10 and 11, Fetter Lane, E.C. If to be answered by post, six penny stamps must be enclosed, and a stamped, addressed envelope.

TO BE ANSWERED in these columns in the next number, letters must reach the office on or before the 25th of the month.

NOTICE.—May I once again point out to my correspondents that letters intended for this Bureau should be addressed to me personally, and that unless this is done some delay must inevitably occur.

No. 660—Coats and skirts by experienced dressmaker, from 10s. 6d. Tea and ball gowns. Blouses, &c. Alterations. Renovations. Satisfaction guaranteed. Testimonials. (Wolverhampton.)

No. 594.—Competent practical milliner. Blouses, underwear, cross-stitch marking, &c. (S.E.)

No. 381.—Costumes complete or ladies' materials. Blouses. Highly recommended. Moderate charges. (Tonbridge.)

No. 616.—Coats and skirts. Day and evening gowns. Blouses. Underskirts. Renovations &c. Costumes from 10s. 6d. (St. John's Wood.)

No. 577.—Dressmaking at home or ladies' houses. Remodelling. Moderate charges. (W.)

No. 670.—Skilled worker. Filet lace. broderie Anglaise, finest embroidery. Swiss style, for layettes, trousseaux, &c. Appliqué work. Orders desired. Blouses embroidered.

No. 654.—A vacancy occurs in a high-class private dressmaking business for a young lady who wishes to be taught the trade thoroughly. No premium. Live out. (Bayswater.)

No. 626.—The "Snowflake" Cold Cream. Absolutely pure. No animal fat. Very light, not sticky. Delicious after shaving. Suits the most delicate skin. In jars, 1s. (six for 5s.); ½lb jar, 2s. (six for 10s., post free).

No. 593.—Thoroughly experienced dressmaker. Ladies' and children's things. Tailoring. Evening gowns. Good references. (Shepherd's Bush.) Terms moderate.

No. 528.—Fancy embroidery. Bazaars and brides' parcels. Ladies' materials worked up cheaply. Lovely opera bags, 4s. 6d.

No. 659.—Knitting, socks, stockings, golf stockings, motor scarves, ties, ties in club colours, fancy waistcoats, worked or crochet. children's vests, petticoats, baby's boots and jackets.

No. 672.—Dressmaker seeks a partnership. Accustomed to high-class trade. Hampstead preferred. Furniture of her own. Personal interview desired.

No. 673.—Viyella nightdresses, blouses, and children's frocks embroidered to order.

No. 674.—Dressmaker, experienced. Ladies' houses or at home. References. Renovations. (Tunbridge Wells.)

No. 675.—Smart, up-to-date dressmaking and tailoring at very moderate charges. (Fulham.)

No. 676.—Blouses embroidered, smocking. Plain dressmaking. Renovations. Millinery. Ladies' houses or at home. (N.)

No. 677.—Dolls of all kinds beautifully dressed to order. Sample doll sent if desired. Suitable Christmas presents.

No. 678.—Blouses from 3s. 6d. Dresses, coats, skirts, &c., from 14s. 6d. (W.)

No. 679.—Situation as assistant skirt hand in homely place wanted, or light situation.

"I think your Free Patterns this month are just lovely—far superior to any other journal."—Mrs. F. E. W.

Four and a half years' experience. (Wolverhampton.)

No. 680.—Dressmaker. Coats and skirts. Ladies' and children's underwear. Children's dresses, speciality. (Brighton.)

No. 681.—Good dressmaker. Cutter, fitter. Blouses, skirts, costumes, dressing gowns. At home or ladies' houses. (N.)

No. 682.—Day dresses from 10s. 6d. Coats and skirts from 10s. 6d. Blouses from 2s. 6d. Renovations at ladies' houses if desired. (Wandsworth Common.)

No. 683.—Good dressmaker wants to enter a business. Would go for a month or so on trial. Cannot assist financially. (E. Putney.)

No. 684.—Post wanted in a business house in the show room, to undertake the alterations in coats and blouses.

ANSWERS TO CORRESPONDENTS.

All letters must be addressed to Miss Winifred Jones, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

IN DIFFICULTIES (Mrs. McK.).—No, in this case I think you are wrong. Your daughter has evidently a real talent for Art, and I think it most unwise of you to try and persuade her to take up another calling. I think from what you tell me that she would be wise if she devoted herself to Press and fashion-drawing. If she has genuine, undoubted talent, she will be able to get to the top of the tree, though, of course, it takes time, and means very hard work. One woman fashion artist I know of has a good fixed salary from a paper, and works for the trade as well. She started at quite a low salary in a wholesale house, drawing designs for models, &c., and then gradually worked up to something better. Do not let your daughter despise the day of small things. At the same time, the girl who has a sort of instinct for what will be worn can do extremely well in these houses, but in these cases it is not the drawing which is of paramount importance, it is the ideas that really matter. Most retail firms have a costume designer, who works on the premises, and gets from £1 upwards weekly. Occasionally these posts are very pleasant ones, and mean many possibilities for the gaining of new ideas, &c. Papers pay differently. With some it is piece work, with others it is a salary. In the former case your income depends largely on what you can do in a day. Let your daughter take round samples of her work, and try her luck. It is always difficult to make a beginning, but I think with her undoubted ability she must eventually do well.

LETTER FORWARDED (M. G.).—I sent on your letter to my correspondent at Bath, and I should like to know if you came to any arrangement.

WANTS EMPLOYMENT (A. L. M.).—I sympathise with you most sincerely, but, honestly, I do not think anyone would contemplate taking a partner who confessedly is only willing to stay a short time. Still, you can see. The other way would be to go as assistant at a dressmaker's, or to try to obtain daily visiting dressmaking. Let me know what you do and how you get on. I will put a notice in for you.

DRESSMAKING, RENOVATIONS, &c. (L. N.).—I have put you on my Register, and trust I may be able to get you work.

KNITTING, &c. (M. M.).—It is against our rules, but I will do it for you this once. I hope the orders may give satisfaction both sides. You are lucky to have got them, I think.

BLOUSES, DRESSES, &c. (S. N.).—Certainly, I will do what I can for you, and you can try for the amount you want per day. Some dressmakers do ask that, I know, but I do not think they get as much work as others who ask less. Let me know if you do come up to London. If so, I advise you to settle in some getatable part, close to the Tubes, &c. If you pay a little more for rent, you save it in time and fares.

DRESSMAKER (M. H. V., Hove).—Certainly I will put you on my Register.

GOOD DRESSMAKER (E. G.).—Certainly, I will put you on my Register, but surely you are an old correspondent, and were on it some years ago?

FINE UNDERWEAR, EMBROIDERY, &c. (D. M. P.).—I will put you on my Register, and very possibly you may get orders. At the same time, I think you would be wise if you followed the course of action I advised. You evidently want very high-class, expensive work, and the channels I suggested are the most likely. If you want your notice re-inserted you must cut it out and send it to me.

DRESSMAKER WANTED (E. B.).—I sent you several names and addresses, and should be glad to know whom you employ and your opinion of her work.

NOTICE RECEIVED (M. W.).—I hope the winter may expedite the sale of your cream, which is certainly excellent.

No. 616.—Notice received.

DRESSMAKING (J. J. C.).—I certainly sent you two letters, and I have just given your name to a correspondent, so I trust you may soon get work. If you have any testimonials, you might send them to me to see.

NOTICE RE-INSERTED (Mrs. Y., Wolverhampton).—I will do as you wish, and trust you may be successful in getting orders.

FANCY WORK, &c. (B. G.).—Your opera bags sound very pretty, and as Christmas is approaching they would make charming presents. I hope you may get a prize in the competition. If you will send a letter to the Work Society in a blank, stamped envelope, I will forward it.

DRESSMAKER FOR ALTERATIONS (C. L. A.).—I sent you various names and addresses, and trust some one of them suited you. I should be much obliged if you would kindly let me know, as it is a great assistance to me in recommending others.

DRESSMAKING PARTNERSHIP WANTED (Nella).—For a private reply six penny stamps and a stamped envelope must be enclosed. I will do my best for you, and if you send me the stamps for a reply I can give you the addresses of several dressmakers who are now wanting partners.

(Continued on page 46.)

Why take Cold? Why not take

COLEMAN'S **WINCARNIS** INSTEAD?

THE FAMOUS WINE TONIC MAKES YOU PROOF AGAINST CHILLS.

GOLD MEDAL AWARDED FRANCO-BRITISH EXHIBITION, 1908.

CONTRACTORS TO HIS MAJESTY'S FORCES AND THE ROYAL ARMY MEDICAL CORPS.

GOOD FOR DELICATE GIRLS.—Young girls are peculiarly sensitive to damp and chilly weather. They catch cold without knowing how. They get one cold on top of another until they are bewildered. It doesn't matter whether they are indoors or out of doors, it's all the same, sneezing and shivering and using all the pocket handkerchiefs they can lay their hands on. A Wimbledon doctor said the other day that directly a cold spell of damp weather commences, up goes the call list, and nearly all the extra patients are victims of bad colds, and the majority are girls and women. The cause he states is their blood and over-sensitive nervous systems. The remedy he states is to tone up the system, but it must be a tonic that will nourish as well as stimulate. A drug tonic is not nearly so good as "Wincarnis" for the purpose of permanent benefit.

THE MEDICAL MAGAZINE, London, Sept., 1908, contains the following paragraph:—"There can be no doubt that 'Wincarnis' is a tonic restorative of singular power, and, judiciously employed, is calculated to prove of immense value, both in certain acute and chronic conditions of debility or ill-health. Wine both nourishes and stimulates. Made up with extracts of meat and malt, under the name of 'Wincarnis,' invalids and sufferers possess a remedy whose value they will readily appreciate, as it will bring them both comfort and strength, and pave the way to recovery. Examination proves that the wine employed is good and sound in quality, the extract of meat is rich in proteids, and the extract of malt is of definite nutritive value."

NURSE HODGSON says:—"Having used Coleman's 'Wincarnis' for over 10 years I can highly recommend it as a reliable tonic restorative, especially after exhausting Influenza and other complaints. For the past five months I have given 'Wincarnis' freely to my patients, simply because I find it gives far more strength than any other wine or medicine. At the present time five people are taking it at the address below."

NEVER FAILS TO STRENGTHEN.—Mrs. A. Spence, 2, Reservoir Terrace, Salford, Manchester, writes, Sept. 11th, 1908:—Dear Sirs,—"'Wincarnis' is an excellent tonic and strength-giver, and never fails to do good. Wishing it continued success."

FREE TRIAL.

Send this coupon to Coleman and Co., Ltd., Wincarnis Works, Norwich, enclose three penny stamps to pay cost of carriage and packing, and they will forward you a sample bottle gratis.

SIGN NAME.....

THIS ADDRESS.....

FORM .....

MYRA'S JOURNAL, December, 1908.

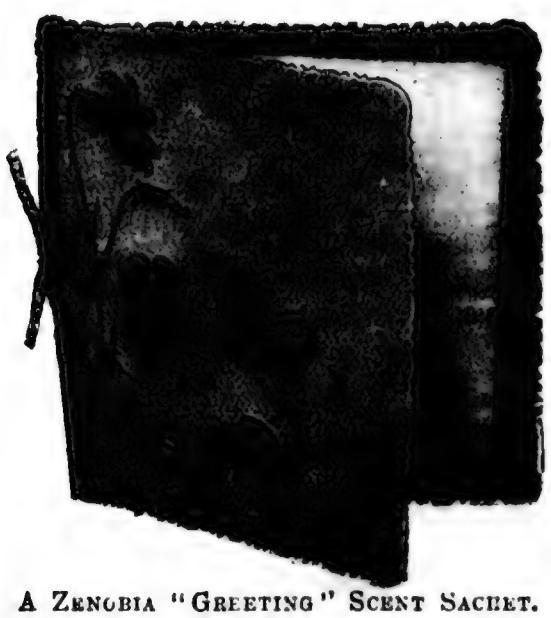
AFTER FREE TRIAL, you can buy "Wincarnis" at any wine merchants', but not at chemists' or grocers', unless they are licensed to sell wines. "Wincarnis" is sold by the glass at all the refreshment rooms of the Great Eastern and Great Northern Railway stations. "Wincarnis" is also sold medicated with Iron, celery, pepsine, or quinine.

SEND COUPON FOR SAMPLE BOTTLE FREE TO COLEMAN & CO., LTD., WINCARNIS WORKS, NORWICH, AT ONCE.

SHOPPING BY POST.

CHRISTMAS PRESENTS OF SCENT.

A present of scent appeals to the eye and to the sense of smell, and it has the great recommendation of being at the same time a luxury and also a necessity to the woman of dainty habits, who likes everything about her person and her habitation to be fresh and fragrant. The one drawback in many cases is that scents are apt to be extremely dear. Some are costly to produce, doubtless, but it is also true that many perfumers put too high a price on scents which hardly warrant the heavy cost. But there are wiser perfume manufacturers, who only charge a fair price for their fragrant essences, and with these wiser chemists in the laboratory of flowers, &c., must be included the proprietors of the "Zenobia" Perfume and Toilet Soap Works, Loughborough, Leicestershire. Purchasers of these delicious scents and soaps must, however, see that they really do get the "Zenobia" preparations, because there are many inferior imitations in the market, sold at the same prices. The name "Zenobia" ought to be on every bottle. Here is illustrated a 6s. cut glass bottle of the "Zenobia" Night Scented Stock, a delicious perfume of high class. In an ordinary scent bottle, daintily labelled and tied up, the scent can be had from 2s. 6d. The 6s. bottle, makes of course, a very handsome gift, which represents far more than its price.



A Zenobia "Greeting" Scent Sachet.

The Zenobia "Sweet Pea Blossom" Perfume is a delightful natural scent which has been much taken up by Society leaders. Her Majesty the Queen patronizes this perfume. It is sold in bottles from 2s. 6d. These scents are to be had at all chemists, perfumers, or stores, but, if there is any difficulty the address of the nearest retail agent will be sent on application to the "Zenobia" Laboratory of Perfumes, Loughborough, Leicestershire.

The Zenobia Laboratory of Perfumes makes a feature of scent sachets, which make delightful substitutes for Christmas Cards. One of these Christmas greeting sachets is here illustrated. They are to be had in cellulose, gold-embossed covers, with heliotrope, green, red, or white silk inside ribbon to match. They are exceedingly dainty and cost from 4d. each. These Christmas Greeting Sachets are a very novel and original idea which many of our readers will eagerly adopt.

Zenobia dress sachets of satin cost from 6d. each. The Zenobia felt sachets (6d. and 1s.) are specially prepared to be sewn inside the dress or mantle, and can be had scented with the ottos of any Zenobia perfume.

FURBISHING-UP OUR WINTER CLOTHES.

Since the "Sage of Chelsea" penned his "Philosophy of Clothes," the steps of science and art in ladies' dress have been rapid, the dyers' art having done much to engender and foster this artistic taste at the minimum of expense. Foremost among dyers and dry cleaners stands the firm of P. and P. Campbell, the Perth Dye Works. Their works, on the banks of the River Tay, are most extensive, and are furnished with all modern appliances. Fast dyes are used, skilled specialists are engaged in every department, and everything is under the personal and practical direction of Messrs. Campbell.

Their principal specialities for the winter are ladies' dresses in the light, soft materials worn during the past summer, which they are now dyeing the darker and warmer shades suitable for winter wear. Unless an extra lining is needed to give additional warmth, dresses can usually be dyed whole, thus saving the tedious task of unpicking and remaking. In these days of Directoire styles, however, light, soft fabrics are necessary, and will be worn throughout the winter. Extra linings are not advisable, and warm underwear is the right thing.

Silk and satin are dyed by a process which preserves the fabric unbroken and imparts a rich and brilliant finish. Velvets and velveteens are dressed and the pile raised. Black velvet and velveteens which have become rusty, as well as coloured velveteens, can be dyed all the most fashionable shades, beautifully finished, equal to new.

Gentlemen, who take advantage of Messrs. Campbell's appliances for cleaning, effect a great saving in their tailors' bills, their clothes being so refreshed when cleaned and pressed that they can be worn twice the usual time.

Skin rugs and mats can not only be cleaned and dyed, but re-shaped, lined and mounted. Furs and fur lined garments can be repaired or altered in any style desired, moths being thoroughly eradicated in the process of cleaning or dyeing.

A valuable pamphlet is Messrs. Campbell's new catalogue, which gives suggestions for colours in dyeing, and supplies prices for the different classes of articles to be cleaned or dyed. Messrs. P. and P. Campbell have central receiving offices in most of the principal towns, and agents everywhere, through whom articles may be forwarded to their extensive works at Perth, carriage free. Advantage should be taken of the Parcels Post to send urgent orders (and light things, such as feathers, gloves, and lace) direct to Perth. Care should be taken that they really *are* sent to P. and P. Campbell's, the Perth Dye Works.

"BEEHIVE" COSTUME CLOTH.

The new Directoire styles take so much material that our readers will be delighted with the "Beehive" Costume Cloth, 50 inches wide and only 1s. 9d. the yard. These cloths are wonderful value, representing twice the price at least. Good in appearance, they are durable, being of reliable quality, guaranteed not to spot with mud or rain. These cloths should be seen. Patterns will be sent, post free, on receipt of a postcard, by Messrs. Illingworth, Newboult and Co. (Department M.), Bradford, Yorks. Carriage is paid on all materials sent, and Messrs. Illingworth make very special terms to professional dressmakers and tailors.

TO CLEAN SILVER WARE.

A really valuable metal cleaner is Greene's Mineral Paste. It is quite free from any grit, and all injurious acids or mercurial salts; hence it can be as safely used on real gold and silver articles as on silver plated ware, bicycle rims, &c. It will be found, also, to be a brilliant polisher of all kinds of glass. It is very clean and easy to use, and many ladies will delight in employing it on the "silver" shelf or cabinet top which plays such an important part in many good-class English homes. Those who have not tried it should write for a free sample to Greene's Mineral Paste Co., Department M., 258, Euston Road, London, N.W.

THE "IDEAL" COOKERY BOOK.

This is a selection of some 200 well-tested recipes, by Miss Lilian Clark, for savouries, pastry, custards, all sorts of plain and delicate sweet dishes, summer and winter drinks, &c., &c. It is sold at the modest price of 6d. (by post 7d.), by the publishers, Beeton and Company, 10 and 11, Fetter Lane, E.C.

I have taken your journal for seven years, and find it very useful.—L. Bradbury, 38, Gladstone Avenue, W. G., N.

- - The Ideal Gift. - -

To be really appreciated Gifts should be both useful and acceptable. The Ideal Gift for man, woman, or child is therefore

IRISH CAMBRIC

HANDKERCHIEFS

¶ The Prices, too, are worth considering—from **1/3** to **40/-** per dozen.

OTHER SUGGESTIONS:

For Gentlemen—Our well-known makes of Collars, 4/11 & 6/11 per doz.

Ulster Fleece Travelling Rugs, 17/6 each.

ROBINSON & CLEAVER,

Manufacturers to H.M. the King, LD.,

40R, Donegall Place, BELFAST.

SAMPLES OF HANDKERCHIEFS FREE ON REQUEST.

The High-Class Washing Material

'Viyella'

(Regd.).

FOR DAY & NIGHT WEAR.

The "Viyella" label is a guarantee not only of the good qualities of the material, but also of the excellence of the make of the garment.

The famous "Two Girls" Trade Mark.

THE QUEEN says:

"Lives there a maid or matron in the land who has not benefited by the charms of Viyella?"

DOES NOT SHRINK.

To be obtained in all the Latest Colourings and Designs from the Leading Drapers.

Name of nearest, together with illustrated booklet, sent, on application, by

"VIYELLA" (M.J.), 25 and 26, NEWGATE ST., LONDON, E.C.

Viyella Hosiery Underwear and Viyella Gloves can also be obtained.

"Viyella" won TWO GRAND PRIZES at the Franco-British Exhibition, one for the *Cloth*, and one for "Viyella" *Gloves, Hosiery, and Garments.*

A TAILOR-MADE DRESS SKIRT 4/11

TO MEASURE.

Beautiful Tyrella, Vicuna, and Serge; **Unspottable** and **Unshrinkable.**
Black and Navy **4/11**

NOTE.—These are **not stock lines.** All made to customer's own measure. Send front length, waist, hips (7 inches below waist). Postage 6d. Perfect fit guaranteed or money returned in full.

OXFORD FASHION HOUSE (Dept. M.J.),
185, Oxford Street, London, W.

FOR MORE THAN TWENTY YEARS
DR. DAVIS'S FAMOUS PILLS
have been universally admitted to be a boon. They are the best-known remedy for Anæmia, Giddiness, Fulness and Swellings after meals, Loss of Appetite, Hysteria, Palpitation of the Heart, Debility, Depression, Weakness. Boxes, 9½d., 1/1½, 2/9, 4/6, and 11/-. To be obtained from Chemists and Patent Medicine Vendors everywhere, or direct from the Proprietor, 309, Portobello Road, Notting Hill, W.

NOSES & EARS.

Noses.—The only patent Nose machines in the world. Improve ugly noses of all kinds. Scientific yet simple. Can be worn during sleep. Send stamped envelope for full particulars.

Red Noses.—My long-established medically approved Treatment absolutely Cures Red Noses. **3/9** post free. Foreign, **1/6** extra.

Ugly Ears.—My patent Rubber Ear Cups remedy ugly outstanding ears. Hundreds of successful cases. **7/6** post free. Foreign **1/6** ex.

M. LEES RAY, 10E Central Chambers, Liverpool.

ASTROLOGY.

True Horoscope of Character and Business. Marriage Partner Described. Send Birth-date, **6d.** in stamps, and addressed envelope, to—

MDME. ETELLMA,
64T, Basinghall Street, London.

Your Future, Changes, &c., given free with above Horoscope. Strictly Private. Immediate Replies.

CUTLERY

Manufacturers' catalogue free. A complete selection of Sheffield Cutlery and Plate, and goods for Presents—a valuable guide to the Sheffield Cutlery industries, which connects the buyer with the Factory. Our Great Speciality: **The 'Enterprise' Parcel, 81** pieces genuine Sheffield Table Cutlery for **25/-** Ask for Catalogue **M** You save enormously.
J. G. GRAVES, Ltd., SHEFFIELD

ARE YOU BEAUTIFUL?
It is BEAUTY of FORM that COMMANDS ADMIRATION.
I will give you positive proof that any lady lacking in proper development of the figure can in a very short time obtain a well-rounded, fully-developed figure, without the slightest inconvenience or use of appliance, apparatus, or dangerous drugs.
The Temple Nerve and Flesh Food (a vitalising agent and flesh builder) not only enlarges the bust and figure by a natural hygienic method, but it builds up and rejuvenates the entire system, removes wrinkles, crowsfeet, lines, pimples, blackheads, and all other blemishes of the skin. It tones up the digestive organs and nerves, clears the complexion, and gives it a full, rich tone, which can only be possessed by a woman in the pink of perfect health.
A HANDSOME BOOK FREE
together with a free trial treatment, will be sent to any lady who writes to-day enclosing stamp for postage. Don't fail to write to-day. Beauty and perfect health are waiting for you. They are yours for asking. Send no money, write to me personally.
Madame H. T. Temple, The Temple Association (Dept. 143), 8, Blenheim Street, Bond Street, London, W.

Home-Made Christmas Presents.

WORKED IN PERI-LUSTA THREADS.

HOW often do we hear that money is slack this year! It is a fact, unfortunately, owing to various causes—political and social—and most families are feeling the pinch. To many poor families the pinch means starvation; to the better placed it means dispensing with luxuries and pleasures—often small, but none the less appreciated.

The luxury of present-giving is being cut down this Christmas, especially among girls and women, who are feeling the pinch of decreasing work or falling dividends. Yet it is hard to relinquish the pleasure of handing round the seasonable gifts we have been accustomed to give and receive. Happily, however, most women are clever with their needles, and they can give their dainty handiwork, arranged into as useful and acceptable a form as possible.

For near relatives and close friends articles of dress are to be commended. A beautifully-made blouse, like No. 7,980, would cost some two guineas if bought ready-made. The materials (of good quality) could be got for a few shillings. To the children the home-made toys (pages 6 and 7) would give more pleasure than a guinea doll. To our lady friends we can give dainty sachets and work-bags, and a host of pretty and useful articles for the wardrobe or table.

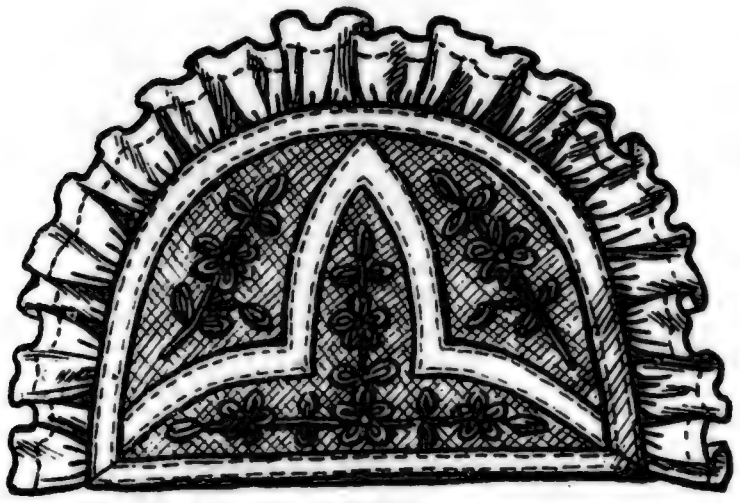


Fig. 1.—Tea Cosy.

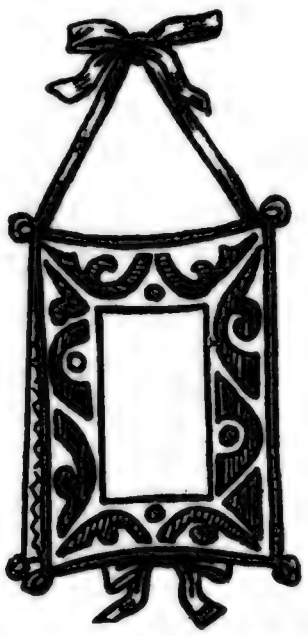


Fig. 8.—Embroidered Needlebook.

Five useful (and pretty) home-made Christmas presents are illustrated on this page. Fig. 5 is a very pretty white satin sachet, embroidered with shamrock worked in shaded green Peri-Lusta, edged with twisted green and white cord. An oblong sachet to match could be made for gloves, a square one for veils and ties, &c. The shamrock is a simple, quickly worked pattern, easy to mark out on the material.

Figs. 2 and 4 show the one a pretty brush-bag, the other a work-bag. This work-bag is a very good one. Though stiffened, it is washable. Art linen is the material employed, quickly worked in a conventional lily pattern in natural colourings of Peri Lusta washable jewel thread. The top is drawn up with a ribbon runner. An oval piece of card keeps the lower part stiff like the bottom of a box, and a 5-inch strip of card stiffens the sides. The card can be drawn out when the bag is to be washed.

The brush-bag, Fig. 2, is of pale green linen, or some washable material, worked in an Oriental design in shaded reds, part of which is red silk braid which decorates the edges and forms the runner.

Fig. 3 is a very nice design for a needle-book of pale grey cloth, bound with dark crimson satin ribbon. This Oriental design is worked in coarse Peri Lusta jewel thread of the deep crimson shade.

The tea-cosy, Fig. 1, is a pretty, original model of yellow satin, covered with cream filet net, which is worked with forget-me-nots in baby ribbon (natural colouring). Straps of the satin ornament the net between the flower sprays, and a frill of satin is arranged all along the central seam. The cosy, of course, is wadded, and is lined with yellow silk.

Fig. 5.—Embroidered Sachet.

The new shade card of "Boiling Dye" colours, just out, is a beautiful specimen of what can be accomplished in modern merserised methods, and every lady should procure it. It will be sent post free for seven penny stamps by "Peri-Lusta," 19, Ludgate Hill, London, E.C.

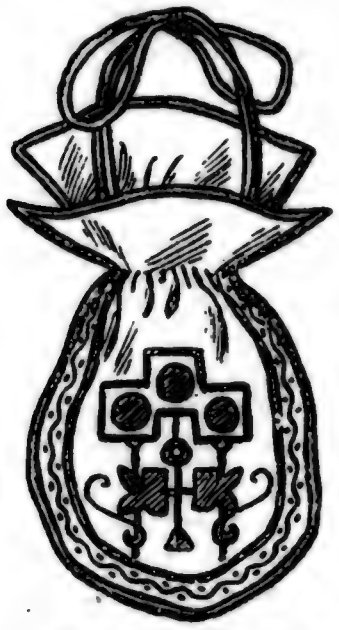


Fig. 2.—Brush Bag.

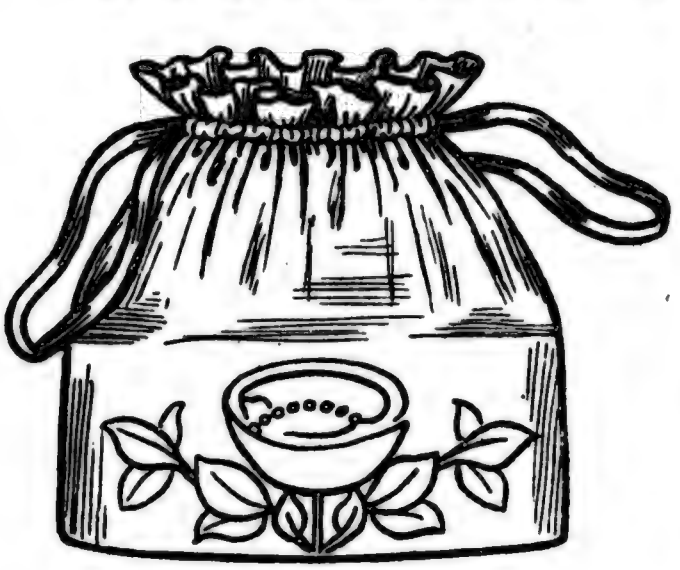


Fig. 4.—Embroidered Linen Workbag.

WINTER SPORTS IN AUSTRIAN TYROL.

There are many places in the Tyrol where the winter sports are all that one can wish. Innsbruck is a good centre. It is 2,000 feet above sea level, dry, cold, and sunny: winter sets in about the beginning of December, and the mean temperature for the three winter months is below freezing point. The Innsbruck Skating Club provides good opportunities for skating, the lake at Amras also is excellent for skating, sleigh races, tobogganing (especially on the run from Salzburg to Hall, about four miles, done in about sixteen minutes), ski-ing, &c. Innsbruck is only four hours from Munich and six hours from Salzburg. It is possible to obtain accommodation *en pension* for 8 to 9 kronen, at one of the following: Carl Kayser's Pension Hôtel; Pension Thompson, 27, Falkstrasse; or pension Edelweiss, Mühlau. There is a Catholic church; and the English church is in the Bürgerstrasse. Kitzbühel is perhaps even better situated for the winter sports, as it is 3,000 feet above sea level, and easily reached from Innsbruck.

"Of all the ladies' papers that are published Myra is undoubtedly the very best."—M. H.

GRAPHOLOGY DELINEATIONS.

(*Continued from p. 36.*)

CHATELAINE.—This writing shows a self-reliant nature and power to hold your own. You are ardent and impulsive, but yet have the talent of "finesse." Your will is strong, sometimes inclining to irritability. The colour-sense is well developed, and you would greatly admire colour whether it were in gorgeous nature or a beautiful gown. You have omitted to follow the rule of giving your proper signature in addition to nom-de-plume.

VISTALLO. — The sense of honour is so strongly revealed by this specimen that the writer would never go back on a given word, and would try her utmost to fulfil even the tiniest promise. There is much delicacy of perception, sensitiveness, and refinement. I judge you to have much feeling for music and dancing, and would be much interested in literature dealing with romance and the affections. You are warm hearted and unaffected.

M. B. T. (Ellesmere).—You have omitted a pseudonym, but I hope you will recognise this. This writing shows a kindly nature, but you would never be extravagant. The will is decidedly strong as a rule, but there are times when your impulse would carry you away, and you would let the emotional part of your nature somewhat run away with you. Generally cautious, but you are apt to be a little variable sometimes; you should guard against this tendency, or you will become indecisive. You are very tactful.

THE CUDDY ROLL.—Strangely enough the very things you speak of about recognition of character in this column occurred last month, and I shall be interested to know if your friend is able to find yours as readily.

This writing shows much intuition and kindness. You have the happy gift of looking on the bright side of life, and will always find a silver lining for your clouds. You are very much lacking in will power and force of character, which inclines to make you too easily influenced by others. Try and cultivate rigid self-reliance, so you will gain strength of purpose and the resolution required for capacity for effort.

KATE.—The simple form of your capital letters show your appreciation of all beautiful forms and love of colour. Your ideals and ambitions are very high. By nature you are very impulsive, although you would never let your feelings run away with your judgment. Your mind works very rapidly and quickly, and in writing you find it difficult for your pen to keep pace with your thoughts. Try and take life more slowly, for your mind is working at too high a pressure, which, unless curbed, may cause you a nervous breakdown. Your writing shows great excitability.

LILAC (C. I.).—Intense love of colour is shown by your writing, and you are very artistic. You are very ambitious and very ardent and impulsive, but you are also too prone to self-examination and self-criticism. You have plenty of fighting courage and pluck, which will always stand you in good stead. You are very sensitive, and extremely intuitive. Graphology only tells character. Events can only be foretold by palmistry or astrology.

NORMANDIE (C. I.).—Thank you for your kind and friendly letter. I quite agree with you about your remarks about the present-day fashions. Your handwriting reveals a very kind and sympathetic nature, but you are rather wanting in will power. I think it is because you do not like to assert yourself for fear of hurting others' feelings. You are essentially suited to home life, and would make an excellent wife. You have the gift of good expression of your thoughts, and a happy and contented mind. You are painstaking, and take a great interest in your work.

WINKLE.—No coupon was enclosed. Will you kindly send coupon, and the delineation will then be inserted.

A WELL-WISHER.—There is a considerable amount of personal vanity shown by your writing; but you are kind and generous to those you like. You are extremely energetic, and your temper is quick at times. You are very imaginative, and greatly enjoy any romantic little episode. You are reserved, and do not give your confidence easily. The signature shows simplicity of tastes and a refined mind. Your request concerning evening dresses has been forwarded on to Madame Myra, and I am sure you will find you have not been forgotten.

ANNIE T.—This writing shows a kind and friendly disposition. The clearness of it gives a simple and unaffected nature, and the rather wide margin shows love of order and harmony. You are very patient and painstaking, and would always be thoroughly conscientious in all your work. You like friends and social life, and are constant in your affections. You are cheerful and hopeful, and look on the bright side of life.

MEPHY.—Intense appreciation of colour is shown by your handwriting. You are very self-reliant, and it would be a long time before you took anyone into your confidence. The clearness of the writing reveals a lucid mind; the somewhat cramped look to some of your letters shows you to be rather too self-contained, and I think at times this is apt to make you a trifle selfish, more from want of thought than want of heart. You have many good and kind qualities, but you do not like to let them come to the surface, because you keep your emotions under too tight a control. You are fond of animals, flowers, and all beautiful things, and are very tidy and precise. The will is strong, and the tastes thoroughly refined. I am very pleased to hear the other delineation was so accurate. Our big Persian cat is called "Czar."

WHITE HEATHER.—Your remarks on writing being the result of tuition recalls Dr. Maudsley's interesting phrase, "That Nature is stronger than Art, heredity than acquisition," and so that, however much one's handwriting is changed, it will almost invariably reveal its original characteristics. You are painfully lacking in attention to detail. Notice the almost universal omission of the "i" dot. You are kindhearted and tactful, but could always take your own part in life, and are apt to speak a little sharply at times. You are very reserved, and would not easily make a confidante. Your ideals are high, and, as a rule, you are fairly patient, but you are a little lacking in decision at times. MYRA'S JOURNAL is published on the 12th of the month.

FOLLOW THE DRUM.—I am very glad to hear the other delineations were so satisfactory. Your handwriting shows much force of character and intuition. You are very ardent and impulsive, with very high ideals and ambitions, yet you can also be cautious at times. Your will is tenacious on points of interest, and at times the temper is apt to be a little quick. A high sense of honour and considerable finesse are revealed. Travel and change have a great charm for you. You are rather careless over detail, and there is a tendency to variability. A lover of music and harmony. You are outspoken and candid, but have a very kind heart.

FANECIA.—I am not surprised that your writing reveals nothing to you personally, for it takes years of careful study and continual practice to obtain any degree of success in this science. Your writing reveals a certain amount of self-satisfaction of temperament, and you can be decided to obstinacy, but you have high principles, which you would never swerve from at any cost. You are careful and thrifty, and dislike waste of any kind. You are precise, and would wisely count the cost of any undertaking before you entered thereon. I judge that you would be fond of reading, and also that, as far as possible, you like to "prove all things," and accept a little on hearsay.

OLD SOL
(Late of Pendle Forest),
ASTROLOGER.
Marriage, Business, Changes, Description of Friends, Lucky Days, &c.
AS A TEST, send a 1/- P.O. and birth-time, and, if you mention MYRA'S, two years' events will be added **FREE.** You will be delighted.
155, HIGH ST., KENSINGTON, LONDON W.
PROCTORIA, Clairvoyante, Palmiste, consults daily at **same address.** Fee, 2/6.

DESIGNS FOR
POKER WORK
by the well-known Artist
GEORGE C. HAITE.
13 Beautiful Designs.
Sent Post Free for Five Shillings.
PUBLISHER, 10 & 11, Fetter Lane, London, E.C.

Your Bust
CAN BE DEVELOPED by the new and wonderful DIANO method. It rounds the figure, improves the neck, fills out all sunken parts. Perfectly safe and harmless. Beautifully illustrated booklet sent free to all.
Every woman who through sickness, worry, or any other cause lacks the natural development of Bust can easily regain a perfect figure by a new and remarkable treatment that quickly enlarges the bust to full proportion. It is a home treatment that any lady can easily use in her private apartments, and is guaranteed to give the desired result without the slightest inconvenience. By sending your name and address to Lady Manager, N. M., Espanola Medicine Co. (Dept. 190), 205, Regent Street, London, W., you will receive FREE full description of this remarkable method, which will enable you to attain perfect bust development at home at very slight expense. The description is posted to you in a perfectly plain and sealed envelope, and you should have no hesitancy in writing. You will be delighted to learn how easily and surely the bust can be developed, and it will pay you to write to-day. Don't neglect to do so.

A HEALTHY COMPLEXION
Can only be secured by a healthy state of body.
Indigestion, Anæmia, Liver Troubles cause ugly blotches and pimples.
WHELPTON'S VEGETABLE PURIFYING PILLS
Stimulate the digestive organs, rouse the liver, purify the blood, and give renewed vigour, bringing the colour of health and a clear complexion.
See that you get WHELPTON'S, and do not accept anything **"just as good."**
8256

SUPERFLUOUS HAIR.

"DEPILLOS" (Registered).
MARVELLOUS SUCCESS.
We have an absolute and permanent cure, entirely free from anything hurtful or injurious to the most delicate skin, never failing to entirely eradicate the strongest growth, destroying the roots so completely that the annoyance WILL NEVER RE-APPEAR; and to prove the correctness of the above statement, we will send, absolutely FREE, securely packed and free from observation, with MEDICAL CERTIFICATE and testimonials, a sample to all who enclose two penny stamps. Address—

Manageress, **TAYLOR & CO.**
(Dept. 26), **149, FLEET STREET, LONDON, E.C.**

Correspondence.

RULES.

1. To be answered on this page in the next number, letters must reach us not later than the 1st of the month.

2. Queries (except on "Dress" and "Health and Personal Attention") must be accompanied by sixpence and a stamped addressed envelope. No notice will be taken if sent without, if to be answered by post.

3. In urgent cases, or if crowded out, all "Dress" answers will be sent by post, for which no charge will be made. No postal reply can be ensured unless a stamped and addressed envelope be enclosed.

4. Queries to be answered by post must be limited to three.

5. It is absolutely necessary that every letter should contain real name and full address. The space for correspondence is so limited that a large number of answers have to be sent by post. This is especially the case with "Dress," which requires prompt and often private replies. Only questions of general interest are answered in this page. Whether letters are to be answered by post or in these columns, the Correspondence Coupon, cut from the current number, must be enclosed.

DRESS AND HAIR-DRESSING.

Letters to be addressed to Madame Myra, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

ALLEGRA.—(1) I think a knitted golf jacket will make a capital Christmas present. You will find a very nice model, of Norfolk type, illustrated with full directions for knitting in the September number. (2) All your linings must be quite soft. The great feature of the Directoire dress is its soft, clinging folds. The skirt ought not to be lined at all. Have an under-dress like No. 7988, made of soft washing silk and Valenciennes lace.

MRS. C. H.—(1) Yes. The key pattern is the favourite embroidery. We have a key pattern transfer—in the form of brételles and collar for an embroidered blouse. You could easily adapt it to the gown No. 7981. We could not let you have the key pattern only, as that would destroy the complete transfer. The price is 8½d., post free. You could carry out the key pattern in gold braid, fancy silk braid, or baby ribbon (satin or velvet). That design also looks very effective in chain stitch. (2) The long, tight, transparent evening sleeve is very fashionable, but you need not have it unless you like. You could have a little flat sleeve (like top of No. 7986, or No. 7984), a very modest little puff (like No. 7985), a graceful tasselled sleeve (like Nos. 7981 or 7971), or the beautiful draped sleeve, like the over-sleeve of blouse No. 7960.

(Owing to pressure of space most of the Dress Answers have been crowded out, and have been sent by post.)

EMPLOYMENTS FOR LADIES.

Letters to be addressed to Miss Winifred Jones, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

Continued from Page 41.

FINE UNDERWEAR (M. D.).—I admired the specimen of your work that you sent me greatly. You have not sent me your notice for re-insertion. Have you tried any of the outfitters and work societies I mentioned?

DRESSMAKER (A. H.).—I have just come across your first letter, and find that it *is* dressmaking you want, but at the same time you ask for a post in the show room. I advise you to stick to your dressmaking business, as you have promise of work.

LETTER FORWARDED (M. C., Clapham).—I forwarded your letter to No. 542. I should be glad to know if you were able to employ my correspondent, who has given satisfaction to former correspondents.

DRESSMAKING PUPIL WANTED (Mme. L.).—Notice received.

BLOUSES, &c. (Mrs. D.).—I remember your writing to me a long time ago, and I will gladly put you on my Register again. With regard to your daughter's notice for the other part of the paper, you must write to the Editor direct

CHANGE OF ADDRESS AND NOTICE RECEIVED (A. M.).

ASSISTANT SKIRT HAND (H. C.).—I will put you on my Register, and trust that I may be able to get you what you want. I cannot undertake to forward letters to any other department.

BLOUSES, &c. (A. H.).—I will gladly put you on my Register, but I am not sure if you want to make blouses only, or dresses as well. Please let me know which it is.

LETTER FORWARDED (M.W. H., Canterbury).—I forwarded your letter; hope something came of it.

MUSICAL SCHOLARSHIPS (R. N., Chester).—Nearly all the big musical institutions in this country give scholarships and if you really have a remarkably good voice you would, with proper training—probably stand a good chance of getting one. At the same time I must warn you that the standard is now enormously high, and is daily getting higher. I was talking on this subject to an expert the other day, and he was most emphatic on the point. At the Royal Academy of Music, Tenterden Street, Hanover Square, W., there are fifty-six scholarships and exhibitions, obtainable by competition, and held, as a rule, for three years. There are also twenty-nine memorial prizes competed for annually. The ordinary tuition fees are £11 11s. At the Royal College of Music, Prince Consort Road, South Kensington, S.W., there are fifty-four open scholarships, providing free musical education, and in special cases grants towards maintenance are added. You could live at Alexandra House, Kensington Gore. At the Guildhall School of Music students are not eligible for scholarships or exhibitions unless they have been three terms at the school. (Address, Victoria Embankment, E.C.) There is also the London College of Music, Great Marlborough Street, W., and Trinity College, Mandeville Place, Manchester Square, W. The only thing to do is to try for a scholarship, and see what success results, and how your voice compares with others. You want to be tremendously strong, as there is no more physically exhausting profession.

ADDRESSES SENT (M. M.).—Thanks for letting me know the result of your communication with the work societies.

A CHESS CLUB (Violet F.).—Certainly there is a club at 30A, Sackville Street, Piccadilly, W. The subscription for you—a country member—would be fifteen shillings and the entrance fee, 10s. 6d. The club meets for practice on Mondays, Thursdays, and Saturdays, from 3 to 10.30. Matches are arranged, and club competitions for the various cups given. I think it is just what you want. The hon. secretary will send you full particulars. Do not apologise; I am very glad to be of use to you.

DRESSMAKER (Mrs. H., Tonbridge).—I am very sorry to hear of your illness—such a horrid complaint—but I hope you are better now. You will have to be careful for some time to come. You really ought to go away for a change, as I think you must have been working too hard. You may be quite sure I will remember you if I have any inquiries.

EMBROIDERED BLOUSES, &c. (K. P.).—I am putting you on my Register. If you care to send the stamps for a private reply I will send you the addresses of various societies that may be of use to you. In your case I think you would be wiser to take work at home. Have you tried any of the West End firms for your embroidery? If not, why not send specimens or call on a few? Messrs. Debenham and Freebody, Wigmore Street, W.; Marshall and Snelgrove, Oxford Street, W.; Woollands, Knightsbridge; Dickens and Jones, Regent Street; all seem likely. Just now everything embroidered is so fashionable.

RENOVATIONS, &c. (E. S.).—I received your notice safely. I gave your name recently to a lady, so perhaps she will give you work. Thank you for your courteous letter and expressions of gratitude.

DOLL DRESSING (E. H.).—I used to have one or two workers who dressed dolls on my Register. I am sending you an address which may be of use to you. Have you ever exhibited at the "Truth" Doll Show, held at the Albert Hall in December (I think it is)? That is of use sometimes. Then, again, as all the big shops now have Christmas bazaars, any novelty in dressed dolls—not too expensive—might be acceptable. Try the firms mentioned to K. P. above. I am putting you on my Register, and I advise you to insert a notice in our "Free Bargains" column.

VIYELLA EMBROIDERIES (D. M. P.).—I will give you a separate notice, though I do not think that it really matters. Let me know if the plan I suggested to you turns out successful.

MATERNITY HOSPITALS (J. R.).—I have sent you by post the addresses and particulars you asked for. Let me know if I can help you further.

DRESSMAKING AND TAILORING (M. L.).—I will do my best for you, and I feel sure if your work is good and your charges reasonable it will not be long before you succeed in getting a good connection together. Your experience should stand you in good stead, but the main thing is to satisfy your early customers, as then you are building a sound foundation to your business.

HOW TO BECOME A MATRON (F. K.).—If you are a good organiser, capable, very strong, patient, and a good disciplinarian, you would be suitable for this work, which is by no means easy. Only too many women who have run their own homes with some measure of success imagine they are quite qualified for a matron's post. I notice that you particularly specify that you do not want to enter a hospital, prison, or asylum. There remains, therefore, only charitable institutions and schools. I strongly advise you to enter some technical institution—there is a good one quite near you—and obtain certificates of efficiency for the various branches of household work. The possession of those certificates gives you an assured position. Posts can, when competent, be obtained through the Young Women's Christian Association registry office, 26, George Street, Hanover Square, W., and through the Central Bureau for Women Workers, 9, Southampton Street, Holborn, W.C. The little paper issued by this society, entitled "Women's Work," often contains such notices. Papers such as the "Church Times," "Guardian," "The Christian," &c., are also a good medium for such advertisements. At the same time the competition for these posts is keen, so once again I urge you to qualify yourself thoroughly.

COUPONS.

Correspondents seeking advice on "Dress," "Health and Beauty," "Employments," &c., must enclose in their letters one or more (according to queries) of the following coupons cut from the current number:—

EMPLOYMENTS.
DECEMBER, 1908.

DRESS AND HAIRDRESSING.
DECEMBER, 1908.

HEALTH AND BEAUTY.
DECEMBER, 1908.

GRAPHOLOGY.
DECEMBER, 1908.

ETIQUETTE.
DECEMBER, 1908.

COOKERY & HOUSE MANAGEMENT.
DECEMBER, 1908.

"Being a dressmaker, I find your Journal most useful to me, and feel I do not like to be without it."—F. M.

On November 26th will be published

The Christmas Number of . . . . . "HEARTH & HOME"

PRICE ONE SHILLING,

which for general attractiveness, will be found one of the best Christmas Numbers ever issued.

In addition to many illustrations and to a strikingly effective cover, the issue will be of exceptional value, for two splendid Photogravures Presentation Plates will be given with it as supplements. Both are the work of that distinctively able artist, Sir JOHN EVERETT MILLAIS, Bart., who succeeded Lord Leighton as President of the Royal Academy of Art, but long before he held that official position, had been recognised as a great artist, full of human sympathies.

"THE BOYHOOD OF RALEIGH."

"The Boyhood of Raleigh" is a picturesque rendering of the great adventurer's youth, full of dreams of the new worlds then opening to the hardy pioneer, eager to visit lands which he was destined to add to the British Empire.

The second Photogravure, "The Martyr of Solway," deals with the wild times when the Covenanters were in power, and illustrates the signal influence of faith in resisting all inducements to abandon a cherished belief. This picture, which is reproduced by permission of the Liverpool Corporation, occupies a prominent place in the Walker Art Gallery in that city, and is well known to connoisseurs. It has an especial interest in the splendidly spirited painting of the face and head; and like "The Boyhood of Raleigh," it is admirably adapted for framing.

Printed in two colours the Cover includes a fine reproduction of Thomas Gainsborough's characteristic portrait of Mrs. Siddons, hung in the National Gallery, and deservedly esteemed one of the painter's best works.

BEETON & CO, Ltd., 10 & 11, Fetter Lane, London, E.C.

[P.T.O.

On November 26th will be Published

The Christmas Number of . . . . . "HEARTH & HOME"

PRICE ONE SHILLING,

The contents of the issue will include several Short Stories (illustrated in black and white) by KATHERINE TYNAN, TOM GALLON, "JOHN STRANGE WINTER," and G. B. BURGIN.

Mrs. TALBOT COKE and Mrs. C. S. PEEL will contribute Special Articles.

"THE MARTYR OF SOLWAY."

Mrs. CREIGHTON (well known as a social worker, and widow of the Bishop of London) writes on "The Greatest Event in the World's History," and in another vein Mrs. ROSALINE NEISH gives an interesting disquisition on "Marriage," and the "Story of the Misletoe" will be told. "Parties I have known, by a person of consequence," is written and illustrated by HILDA COWHAM, whose amusing sketches are aided by her insight into child life.

As usual, purchasers of this issue will be entitled to enter free of charge for the customary competitions for which valuable prizes will be offered, and in every respect the 1908 Christmas Number of "Hearth & Home" will justify its claim to be worthy of the highest reputation its predecessors have enjoyed.

BEETON & CO., Ltd., 10 & 11, Fetter Lane, London, E.C.

[P.T.O.

OUR FREE BARGAIN COLUMNS.

Advertisements must reach the office of "Myra's Journal," 10, Fetter Lane, London, before the 1st of each month.

RULES.

1. *A PRIVATE ADVERTISEMENT OF TWELVE WORDS IS INSERTED FREE OF CHARGE. 3d. will be charged for every extra six words or portion of six words.*

2. *It is indispensable that the FREE BARGAIN COUPON should be cut from this paper and enclosed with each advertisement.*

3. *No responsibility is taken by us with regard to any sales or exchanges arranged, or to any remittances forwarded, nor can we interfere in any differences that may arise between parties to a bargain.*

4. *Payment of carriage for articles on sale or approval must be arranged between themselves by the parties.*

5. THE REPLY TO A NUMBERED ADVERTISEMENT MUST BE CONTAINED IN A BLANK STAMPED ENVELOPE, WHICH MUST BE FASTENED, AND HAVE THE DISTINGUISHING NUMBER OF THE ADVERTISEMENT CLEARLY WRITTEN UPON THE TOP RIGHT HAND.

This reply (or any number of them) must be enclosed in another stamped envelope, directed to the Editor, Free Bargain Columns, MYRA'S JOURNAL, *10 and 11, Fetter Lane, E.C., who will add the right name and address, and post it, and thus bring buyer and seller into communication.*

Advertisements must reach the office of this paper before the 1st of the month preceding date of issue.

Free Bargains Coupon.

Myra's Journal, December, 1908.

DRESS AND MILLINERY.

Lovely plum-coloured CLOTH DRESS, lined silk, nearly new; 22, 43; 45s.—C. W., 55, Upper Gloucester Place, London, N.W.

COLONIAL READERS —MILLINERY· BLOUSES, BOUGHT AND FORWARDED· References.—57, Sydenham Road, Sydenham.

MILLINERY, BLOUSES, SKIRTS, made or renovated; stylish; moderate.—26, Homecroft Road, Sydenham.

MILLINERY LESSONS; personal instruction; moderate terms; prospectus free.—W., 57, Upper Gloucester Place, Dorset Square, W.

MILLINERY.—Fur hats made from old furs.—Miss A. Blanch, 299, King's Road, Chelsea.

ROYAL NAVY SERGE, direct from Portsmouth, as supplied to the Royal Navy; most satisfactory for ladies costumes and hard wear; navy, cream, and black only, 1s. 6½d., 1s. 11½d. yard; patterns free.—Smith, Warehouseman, 128A, Albert Road, Portsmouth.

SKIRTS, Navy or Black, to measure, 5s. 6d.—Pinchback, 53, Guildford Road, Greenwich.

Mrs. Stainfield, 80, Wells Street, Camberwell, buys CAST-OFF CLOTHING of all descriptions.

LADIES SEVEN-GORE SKIRTS, navy or black, any size, 6s. 6d., postage 6d.—Gooch, 71, Hewitt Avenue, Wood Green.

OPERA CLOAKS, PARTY DRESSES, worn few times.—Violet, 71, Oakfield Road, Anerley.

NEEDLEWORK, DRESSMAKERS, &c.

Madame White. ARTISTIC BLOUSES, DAY and EVENING GOWNS, renovations, good fit.—299, King's Road, Chelsea S.W.

DRESSMAKER, daily, or home. Experienced. Renovations.—36, Ambler Road, Finsbury Park.

ART NEEDLEWORK. Private lessons given (10s. 6d. a term, 1s. 6d. single lessons). Ladies' work commenced for example, or completed. Moderate charges.—Miss Shields, 11, St. Marks Crescent, Regent's Park, N.W.

Nora Davison, DRESSES FOR FANCY DRESS BALLS. Special designs at moderate charges. 182, Marylebone Road, N.W.

DRESSMAKER, daily. Town, country, ladies' houses. Cut, fit, renovations.—Miss Woolcott, 109, Queen Street Buildings, Edgware Road, W.

DRESSMAKER, Daily or at home.—Miss Vinter, 13, Osborne Villas, Hove.

Millicent Wright, 45, Artesian Road, Westbourne Grove, W., LADIES' MATERIALS. Terms moderate.

ART NEEDLEWORK TAUGHT, 10s. 6d. quarter, 1s. 6d. lesson.—25, Mysore Road, Lavender Hill, Clapham.

Madame Léonie, PARISIENNE DRESSMAKER, 120, Talbot Road, Bayswater. Ladies' materials. Charges moderate.

DRESSMAKER, daily: dresses, blouses, mantles, renovations.—Bates, 57, Ranelagh Road, South Belgravia, S.W.

Joan Comerford, DRESSMAKER. Perfect fit; terms moderate.—220, Dalling Road, Shepherd's Bush.

DRESSMAKER. Daily or at home.—Miss Liman, 2, Evangelist Road, Kentish Town.

Smart unlined BLOUSES made from 3s. 6d.; SHIRT BLOUSES, 2s. 6d.; UNLINED SKIRTS, 3s. 6d. M3738

DRESSMAKER, terms 2s. daily.—Jessie Andrews, 42, Alma Square, St. John's Wood.

Mrs. Reed, COSTUMIER, Stanton, 1a, Calverly Road, Eastbourne.—Ladies' materials, renovations, moderate.

SKIRTS AND BLOUSES for sale.—Fillicette, 18, Barrowhill Road, St. John's Wood.

DRESSMAKER, Daily, or at home. Experienced. — Miss Connery, 14, Kay Road, Stockwell, S.W.

Mrs. Harlow, GOOD DRESSMAKER; ladies' houses –232, Ashmore Road, Maida Hill, W.

HOME DRESSCUTTING AND MAKING TAUGHT; experienced teacher; practical dressmaker. Tailors' or Guerre system.—D., 120, Seymour Road, Harringay.

CERTIFICATED TEACHER OF DRESSMAKING. Guerre system.—F., 69, Rhyl Street, N.W.

BLOUSES. — Ladies' materials; perfect fit and finish; exceptional testimonials for promptness and reasonable charges.—Madame Course, Rushden.

JEWELLERY.

Handsome gold-mounted AMETHYST NECKLACE, £6 10s., cost over double; other articles equally cheap.—Williams, 69 Ringmer Avenue Fulham.

ANTIQUES, BOOKS, MUSIC, FOREIGN STAMPS, PHOTOGRAPHY, &c.

COOKERY BOOKS.—Six Recipes, approved by Letitia Hope, in M.S. Book with detachable, washable, embroidered linen cover. Work recommended by Blanche Fitzmaurice. Price 5s. Linen Envelopes for stray recipes, 3s.; Special Recipes, 1s. extra. "Mrs. Glasse," c/o Miss Sterling, 14, Bartholomew Road, Kentish Town, London, N.W. Cash with order.

MUSIC neatly and strongly bound in limp covers, 9d. to 1s. M3731

EXCHANGE POSTCARDS. Exterior English churches only wanted.—Brooks, 6, Norwich Street, Cambridge.

MISCELLANEOUS.

Cièste. — Experienced READER BY PHOTO; 6d. envelope.—2, Legg Street, Chelmsford, Essex.

COACHING (personal correspondence) given in fashion journalism, article writing, business correspondence, composition. M3737

LADIES' COMBINGS mounted into tails, 1s. per oz.; puffs, frames, fringes, &c.—Miss Rose, 2, Blackburn Road, Hampstead.

TWO TAILS OF GOLDEN BROWN HAIR; 20 inches. 7s. 6d. pair. M3739

HOME-MADE CAKES—iced or plain. Marzipan sweets; peppermint creams. Particulars sent. M3740

TRANSFORMATION (mid. brown), quite new. Cost £3 10s., price £1 10s. Send piece hair.—Anne, 299, King's Road, Chelsea.

For Sale, suitable presents, lovely PARCELS FANCY WORK, 3s.; finished or unfinished.—A. Rees, Holly Cottage, Solway Hill, Woodford.

CORSETS (French or English) made to order; neatly repaired. Ladies supporting belts. Moderate charges.—Corsetiere, 168, Church Street, Kensington, W.

DRESSMAKERS.

The Name and Address of any Dressmaker will be inserted free in this column provided the advertiser furnishes us with a Coupon for each announcement *each month*, and she states under which column she wishes her name to appear. *Please write distinctly.*

DRESSMAKERS' COUPON. DECEMBER, 1908.

LATEST TIME for ADVERTISEMENTS 1st of EACH MONTH.

DRESSMAKING AT LADIES' HOUSES—

Miss J. Andrews, 42, Alma Square, St. John's Wood, N.W.
L. C. Andrews, 28, Kelvin Road, Highbury, N.
Miss E. Baker, 4, Chapel Street, Forest Gate, Essex.
Miss Bates, 57, Ranelagh Road, South Belgravia, S.W.
Miss Ellison, 97, Cathles Road, Balham Hill, S.W.
Miss Gavey, 36, Ambler Road, Finsbury Park, N.
Mrs. Goddard, 35, May Street, West Kensington.
R. Harvey, Oxford House, 329, Goldhawk Road, W.
Mrs. F. Hevey, 13, Heatherly Street, Clapton, N.E.
Mrs. James, 106, Southlands Road, Bromley, Kent.
Miss Lenton, 3, Ernest Street, Notting Hill Gate, W.
Miss Norman, 2, Pownall Road, Fulham, S.W.
A. and A. Pinchback, 53, Guildford Road, Greenwich, S.E.
Miss Smith, 3, Pakeman Street, Holloway, N.
Miss M. Troubridge, 56, Upham Park Road, Chiswick.
Miss A. Welstead, 46, Charteris Road, Kilburn, N.
Miss E. Willson, 77, Cloncurry St., Fulham Palace Rd., Fulham, S.W.
Miss Woolcott, 109, Queen Street Buildings, Edgware Road, W.

LADIES' OWN MATERIALS MADE UP—

Miss Ambler, 85, Westbourne Park Villas, Bayswater, W.
L. C. Andrews, 28, Kelvin Road, Highbury, N.
Mrs. L. Bedford, 166, Shakespeare Crescent, Manor Park, E.
Miss Clinch, 18, Barrow Hill Road, St. John's Wood, N.W.
Miss Joan J. Comerford, 220, Dalling Road, Shepherd's Bush, W.
M. Davies, 19, Jedburgh Street, North Side, Clapham Common, S.W.
Miss Ellison, 97, Cathles Road, Balham Hill, S.W.
Miss Hauxwell, 16, Portland Gardens, Harringay, N.
Miss Jarvis, 28, Brooksville Avenue, Brondesbury.
Madame Léonie, 120, Talbot Road, Bayswater, W.
Madam Marion, 57, Sydenham Road, Sydenham, S.E.
Laura Norman, 2, Pownall Road, Fulham, S.W.
Nellie Siegfried, 90, Dawes Road, Fulham, S.W.
Miss E. Simeon, 37, Tavistock Road, Westbourne Park, W.
Nina Swancott, 15, Delamere Cres., Westbourne Sq., Paddington, W
Miss Alice Tanner, 9, Exeter Street, Dyke Road, Brighton.
Miss Vinter, 13, Osborne Villas, Hove.
Mrs. Wheeler, 13, St. John's Road, Stamford Hill, N.
Madame White, 299, King's Road, Chelsea, S.W.
Miss Wright, 20, Royal Hill, West Greenwich, S.E.
Millicent Wright, 45, Artesian Road, Westbourne Grove, W.

LADIES' AND CHILDREN'S MILLINERY—

Mrs. Bailey, 31, Riley Road, Brighton.
Miss Drake, 122, Great Western Road, Bayswater.
Mrs. Dye, 31, Queen's Road, Peckham, S.E.
Emilie, 185, Westbourne Grove, W.
Mrs. J. Etherton, 137, Northcote Road, Clapham Junction.
Watson Lewis, 17, Edgware Road, Marble Arch, W.
Madam Marion, 57, Sydenham Road, Sydenham, S.E.
Mrs. Markham, 1, Hazlitt Road, West Kensington.
Miss Owen, 2, Legg Street, Chelmsford, Essex.
Miss A. White, 299, King's Road, Chelsea, S.W.
Miss Whitehouse, 57, Upper Gloucester Place, Dorset Square, W.

LADIES' SHIRTS—

Madame Maree, Aldbourne, R.S.O., Swindon, Wilts.
Mrs. C. Petty, 29, Alberta Street, Kennington Park Road, S.E.
Miss Ramage, 25, Mysore Road, Lavender Hill, S.W.

PILLOW LACE MAKER—

Mr. Hy. Armstrong, Stoke Goldington, Newport Pagnell, Bucks.
Miss Kent-Johnson, Sharnbrook, Beds.
Mrs. A. Stewart, 29, Markham Street, Chelsea, S.W.

CORSETIERE—

Miss A. Caudell, 6, St. Julian's Road, Kilburn.
Mme. Gardiner, 28, Sussex Place, Onslow Gardens, South Kensington.
Hélène, 1, Harley Street, Bridge Road, Battersea, S.W.
Miss B. Sargent, 21, St. James's Road, Hastings.
Madame Marie Steer, 189, Prince of Wales Rd., Haverstock Hill, N.W.

FURS RENOVATED—

Miss Annie Blanch, 299, King's Road, Chelsea, S.W.
Mrs. Lindfield, 17, Powis Road, Brighton.
Mrs. L. Palmer, 155, Hartfield Road, Wimbledon, S.W.
Mrs. Annie Roadknight, 24, Powis Square, Brighton.
Millicent Wright, 45, Artesian Road, Westbourne Grove, W.

All Coupons must be received by the 1st of each month preceding date of issue.

+ New Colours and Art Shades +

The "Louis" Velveteen

Spelt L-O-U-I-S

Has the Appearance of a Beautiful Silk Velvet! and lasts longer.

Ladies experiencing difficulty in obtaining "**LOUIS**" Velveteen are requested to write to the Manufacturer, **57, Newton St., Piccadilly, Manchester.** who will furnish the address of the nearest Draper supplying it.

"BEETHAM'S Larola" Regd

NO MORE ROUGH HANDS.

SOFT WHITE SKIN.

IS UNEQUALLED FOR PRESERVING

THE SKIN & COMPLEXION

FROM THE EFFECTS OF

FROST, COLD WINDS AND HARD WATER.

IT REMOVES AND PREVENTS ALL

ROUGHNESS, REDNESS, IRRITATION, CHAPS, &c.,

AND KEEPS THE SKIN DELICATELY

SOFT, SMOOTH, AND WHITE AT ALL SEASONS.

If used after Cycling, Motoring, Golfing, &c., it will be found

DELIGHTFULLY SOOTHING AND REFRESHING.

Bottles, 1/-. 1/9, and 2/6, of all Chemists and Stores. M. Beetham & Son, Cheltenham.

Ask your Draper to show you

"THE RĒCO" Regd. Detachable

SKIRT FLOUNCES

Made in 20 different shades, the Prices ranging from 1 6 to 20/-

Combines Smartness and Economy.

To use several Flounces with one Skirt is much cheaper than buying a new Skirt when the Flounce is shabby. It is also a great advantage to be able to change the Flounce to suit the colour and kind of dress worn.

OWEN, OWEN, Ltd., London Road and Stafford Street, LIVERPOOL.

THOS. WALLIS & CO., Ltd., HOLBORN, LONDON. *At all Drapers throughout the United Kingdom.*

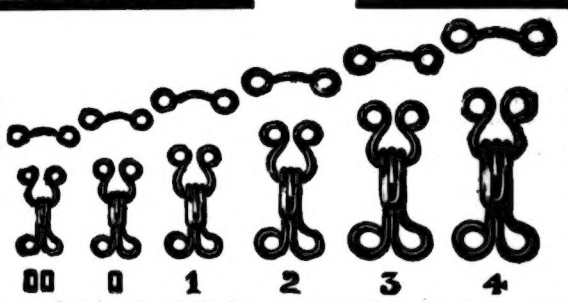
Newey's HOOKS & EYES

Neat, safely closing fastenings give the finishing touch to a blouse or bodice, and tidiness is the whole keynote to success. The effect of the handsomest material is spoilt if the dressmaker has not taken the pains to make the fastenings perfect. Everyone should use **NEWEY'S BRITISH MADE HOOKS AND EYES.** Newey's Imperial Hooks and Eyes have a spring which prevents the possibility of their becoming unfastened. All Drapers sell them, black and white, at **1d.** and **2d.** a card. Each card contains one dozen extra Neweye loops.

NATIONAL 1d. Cards. IMPERIAL 2d. Cards.

Work Smoothly, Lock Safely,

BRITISH MADE



NEVER RUST

00 0 1 2 3 4

Six Sizes: Obtainable of all Drapers throughout the United Kingdom.

GREENE'S MINERAL PASTE

For Cleaning GOLD, SILVER & PLATE.

FREE from all injurious ACID & GRIT & therefore cannot SCRATCH or TARNISH.

Produces A BRILLIANT POLISH.

No rubbing is required. The PASTE does all the work.

DOES NOT SOIL HANDS. CLEAN TO USE.

Obtainable at all Chemists and Stores, in Tins, **10½***d. and* **1 3.**

Write for **FREE SAMPLE** and Test these claims.

GREENE'S MINERAL PASTE CO. (Dept. M), 258, EUSTON ROAD, LONDON, N.W.

YOUR

SOILED BLOUSE

Cleaned for 1/3

We return it to you Dry Cleaned, looking like new.

DRESSES DRY CLEANED for 4/-

FURS DRY CLEANED AT HALF THE FURRIERS' CHARGES.

We Clean Everything at Lowest Possible Prices.

Send for Price List of other Articles at equally Low Prices.

CLARK & CO., 9, Hallcroft Road, RETFORD.

Printed by WALBROOK & Co., LTD., 13, 14, and 15, Whitefriars Street, London, E.C., and Published Monthly by BEETON & Co., LTD., 10 and 11, Fetter Lane, London, E.C.